



**October 2025 • Social Media Calendar**  
**octobre 2025 • calendrier pour médias sociaux**

Times indicated: Eastern Time • Heure de l'Est indiquée

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>01 October • le 1<sup>er</sup> octobre</b>		
07:00	It's HPV Prevention Week (01-07 October)!   <a href="https://www.canadavshpv.ca/">https://www.canadavshpv.ca/</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Cette semaine (du 1 <sup>er</sup> au 7 octobre), c'est la Semaine de prévention du VPH!   <a href="https://www.canadavshpv.ca/fr">https://www.canadavshpv.ca/fr</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
08:00	For health care professionals   Pocket Guide for Immunizers: HPV Vaccination   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_pocketguide_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_pocketguide_web_e.pdf</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Pour les professionnel·les de la santé   Guide de poche pour les vaccinateurs et vaccinatrices : Vaccination contre le VPH   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_pocketguide_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_pocketguide_web_f.pdf</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
12:00	Human papillomavirus (HPV): For health professionals   Public Health Agency of Canada   <a href="https://www.canada.ca/en/public-health/services/diseases/human-papillomavirus-hpv/health-professionals.html">https://www.canada.ca/en/public-health/services/diseases/human-papillomavirus-hpv/health-professionals.html</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Virus du papillome humain (VPH) : Pour les professionnel·les de la santé   Agence de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/maladies/virus-papillome-humain-vph/professionnels-sante.html">https://www.canada.ca/fr/sante-publique/services/maladies/virus-papillome-humain-vph/professionnels-sante.html</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
18:00	Watch our recorded virtual panel   How to counsel your patients: Insights on NACI's HPV vaccine recommendation in Canada   <a href="https://www.youtube.com/watch?v=4NLEQIle7Yw">https://www.youtube.com/watch?v=4NLEQIle7Yw</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	<i>No French post available</i>  <i>Aucun message disponible en français</i>
<b>02 October • le 2 octobre</b>		
07:00	It's #ThrowbackThursday!   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_tbt_ig_1_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_tbt_ig_1_e.png</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Aujourd'hui : #JeudiRétro ! <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_tbt_ig_1_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_tbt_ig_1_f.png</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
08:00	#ThrowbackThursday   We vaccinated because HPV. Time tested. Life saving. Get immunized.   <a href="https://www.immunize.ca/sites/default/files/because-hpv-1-throwback-e.png">https://www.immunize.ca/sites/default/files/because-hpv-1-throwback-e.png</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	#JeudiRétro   C'était le VPH : Nous nous sommes fait vacciner. Éprouvés. Salvateurs. Les vaccins.   <a href="https://www.immunize.ca/sites/default/files/because-hpv-1-throwback-f.png">https://www.immunize.ca/sites/default/files/because-hpv-1-throwback-f.png</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH



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09:00	A new short video from Science Up First and Immunize Canada!   It's never too late to get the human papillomavirus (HPV) vaccine – even if you're already sexually active   <a href="https://www.youtube.com/watch?v=L8_6vAnx2Yg">https://www.youtube.com/watch?v=L8_6vAnx2Yg</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Nouvelle courte vidéo créée par La Science d'Abord et Immunisation Canada   Il n'est jamais trop tard pour obtenir le vaccin contre le virus du papillome humain (VPH) – même si vous êtes déjà sexuellement actif/active   <a href="https://www.youtube.com/watch?v=ekGeZclYxQQ">https://www.youtube.com/watch?v=ekGeZclYxQQ</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
12:00	Tristan lost his father to HPV-induced squamous cell carcinoma at just 50 years old. Now, he's committed to raising awareness. "HPV is the most common STI, but people don't understand how serious it can be." <a href="https://www.patientvoice.io/a-resurgence-in-vaccine-preventable-diseases-is-gaining-momentum-in-canada#tristan">https://www.patientvoice.io/a-resurgence-in-vaccine-preventable-diseases-is-gaining-momentum-in-canada#tristan</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Le père de Tristan n'avait que 50 ans quand il est mort d'un carcinome spinocellulaire induit par le VPH. Aujourd'hui, Tristan s'emploie à sensibiliser les gens. « Le VPH est l'ITS la plus courante, mais les gens ne se rendent pas compte de sa gravité. » <a href="https://www.patientvoice.io/la-resurgence-des-maladies-evitables-par-la-vaccination-gagne-du-terrain-au-canada#tristan">https://www.patientvoice.io/la-resurgence-des-maladies-evitables-par-la-vaccination-gagne-du-terrain-au-canada#tristan</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
18:00	Here's a short video from Immunize Canada and Science Up First   HPV in boys and men   <a href="https://www.youtube.com/shorts/d7xSnd_OuCE?feature=share">https://www.youtube.com/shorts/d7xSnd_OuCE?feature=share</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Voici une courte vidéo créée par La Science d'Abord et Immunisation Canada   Le VPH chez les garçons et les hommes   <a href="https://www.youtube.com/shorts/HLnqC5Hq3Aw?feature=share">https://www.youtube.com/shorts/HLnqC5Hq3Aw?feature=share</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
<b>03 October • le 3 octobre</b>		
07:00	Human papillomavirus (HPV): What you need to know   an informative factsheet from Immunize Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_factsheet_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_factsheet_web_e.pdf</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Le virus du papillome humain (VPH) : ce qu'il faut savoir   un feuillet de renseignements informatif créé par Immunisation Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_factsheet_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_factsheet_web_f.pdf</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
08:00	Who is affected by HPV?   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_2_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_2_web_e.pdf</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Qui est affecté par le VPH?   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_2_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_2_web_f.pdf</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
09:00	Ages and school grades in which HPV vaccines are routinely administered, in each province and territory in #Canada   <a href="https://www.immunize.ca/sites/default/files/hpv_vaccine_school_c">https://www.immunize.ca/sites/default/files/hpv_vaccine_school_c</a>	Âges et niveaux scolaires pour lesquels les vaccins contre le VPH sont systématiquement administrés, par province et territoire au #Canada   <a href="https://www.immunize.ca/sites/default/files/hpv_vaccine_school_chart_web">https://www.immunize.ca/sites/default/files/hpv_vaccine_school_chart_web</a>



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	<a href="#">hart_web_e.pdf</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	<a href="#">f.pdf</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
12:00	What is human papillomavirus (HPV)?   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_1_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_1_web_e.pdf</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Qu'est-ce que le virus du papillome humain (VPH)?   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_1_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_1_web_f.pdf</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
18:00	Got a minute? Watch our short video: How is HPV spread?   <a href="https://www.youtube.com/shorts/K7m4Tm2eORM">https://www.youtube.com/shorts/K7m4Tm2eORM</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Vous avez une minute? Visionnez notre courte vidéo : Comment se propage le VPH?   <a href="https://www.youtube.com/shorts/DoO12_XOGk0">https://www.youtube.com/shorts/DoO12_XOGk0</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
<b>04 October • le 4 octobre</b>		
10:00	Protecting your child against human papillomavirus (HPV): for parents   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_2_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_2_web_e.pdf</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Protégez votre enfant contre le virus du papillome humain (VPH) : Pour les parents   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_2_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_2_web_f.pdf</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
11:00	What is HPV?   Find out more about human papillomavirus   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_1_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_1_web_e.pdf</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Qu'est-ce que le VPH?   En savoir plus sur le virus du papillome humain   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_1_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_1_web_f.pdf</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
12:00	Why boys and men need to get the human papillomavirus (HPV) vaccine too   Read our informative infographic   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_3_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_3_web_e.pdf</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Pourquoi les garçons et les hommes ont besoin du vaccin contre le virus du papillome humain (VPH) eux aussi   Lire notre infographie informative   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_3_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_3_web_f.pdf</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
14:00	HPV? Me?   Talk to your healthcare provider about getting immunized against HPV   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_poster_8_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_poster_8_f.png</a>	Le VPH? Moi?   Pour obtenir le vaccin contre le VPH, adressez-vous à votre professionnel-le de santé   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_poster_8_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_poster_8_f.png</a>



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	<a href="#">me_poster_8_e.png</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	#VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
16:00	HPV? Me?   Talk to your healthcare provider about getting your child or adolescent immunized against HPV   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_poster_4_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_poster_4_e.png</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Le VPH? Moi?   Pour obtenir le vaccin contre le VPH pour votre enfant ou ado, adressez-vous à votre professionnel-le de santé   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_poster_4_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_poster_4_f.png</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
<b>05 October • le 5 octobre</b>		
07:00	It's #WorldMeningitisDay   Stop the spread of meningococcal disease: an informative factsheet from Immunize Canada   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Factsheet/stop_the_spread_of_meningococcal_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Factsheet/stop_the_spread_of_meningococcal_web_e.pdf</a> #meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd'hui : #JournéeMondialeContreLaMéningite   Arrêtons la propagation de la méningococcie : une fiche d'information informative créée par Immunisation Canada   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Factsheet/stop_the_spread_of_meningococcal_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Factsheet/stop_the_spread_of_meningococcal_web_f.pdf</a> #méningocoque #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldMeningitisDay
08:00	Video   A family's journey with meningococcal disease: Why vaccination is so important   <a href="https://youtu.be/vDt0NbnLcxo">https://youtu.be/vDt0NbnLcxo</a> #meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized #WorldMeningitisDay	Vidéo   Le parcours d'une famille frappée par la méningococcie : Pourquoi la vaccination est si importante   <a href="https://youtu.be/yLsDdq_NgB4">https://youtu.be/yLsDdq_NgB4</a> #méningocoque #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #JournéeMondialeContreLaMéningite #WorldMeningitisDay
09:00	#WorldMeningitisDay   Meningococcal disease is a rare but very serious infection caused by meningococcal bacteria. The best way to protect yourself is to #GetImmunized   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/meningococcal_infographic_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/meningococcal_infographic_web_e.pdf</a> #meningococcal #VaccinesWork #VaccinesSaveLives	#JournéeMondialeContreLaMéningite   La méningococcie est une infection rare mais très grave causée par la bactérie Neisseria meningitidis (le #méningocoque). Le meilleur moyen de vous en protéger de vous faire vacciner   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/meningococcal_infographic_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/meningococcal_infographic_web_f.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldMeningitisDay
10:00	Protect your child from meningococcal disease   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/meningococcal_poster_1_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/meningococcal_poster_1_web_e.pdf</a>	Protégez votre enfant contre la maladie à méningocoque   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/meningococcal_poster_1_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/meningococcal_poster_1_web_f.pdf</a> #méningocoque #LesVaccinsÇaMarche



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	<b>#meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized #WorldMeningitisDay</b>	<b>#LesVaccinsSauventDesVies #FaitesVousVacciner #JournéeMondialeContreLaMéningite #WorldMeningitisDay</b>
11:00	Watch this short video   The HPV vaccine does not encourage adolescents to be promiscuous   <a href="https://www.youtube.com/watch?v=OAIG9TgnMSA">https://www.youtube.com/watch?v=OAIG9TgnMSA</a> <b>#HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation #CANADAvsHPV</b>	Visionnez cette courte vidéo   Le vaccin contre le VPH et la promiscuité   <a href="https://www.youtube.com/watch?v=JgW7bPdixBk">https://www.youtube.com/watch?v=JgW7bPdixBk</a> <b>#VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation #CANADAvsVPH</b>
12:00	Watch this short video   Human papillomavirus (HPV) can affect anyone   <a href="https://www.youtube.com/watch?v=JtgKqxEbeSA">https://www.youtube.com/watch?v=JtgKqxEbeSA</a> <b>#HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation #CANADAvsHPV</b>	Visionnez cette courte vidéo   Le virus du papillome humain (VPH) peut affecter n'importe qui   <a href="https://www.youtube.com/watch?v=fHjOfWjGg_w">https://www.youtube.com/watch?v=fHjOfWjGg_w</a> <b>#VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation #CANADAvsVPH</b>
13:00	The HPV vaccine and age   Think your kids are too young for the HPV vaccine? The best time to get protected is before exposure   <a href="https://www.youtube.com/watch?v=8b7uRroQXNo">https://www.youtube.com/watch?v=8b7uRroQXNo</a> <b>#HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation #CANADAvsHPV</b>	Tu penses qu'ils/elles sont trop jeunes pour le vaccin contre le VPH? Le meilleur moment pour se protéger, c'est avant l'exposition   <a href="https://www.youtube.com/shorts/Dw-Oi6dlgbs">https://www.youtube.com/shorts/Dw-Oi6dlgbs</a> <b>#VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation #CANADAvsVPH</b>
14:00	Why should I get immunized against HPV?   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_4_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_4_web_e.pdf</a> <b>#HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV</b>	Pourquoi devrais-je me faire vacciner contre le VPH?   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_4_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_4_web_f.pdf</a> <b>#VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH</b>
16:00	In this short video, Dr. Vivien Brown speaks about protecting yourself against HPV (human papillomavirus)   <a href="https://www.youtube.com/shorts/4psiDb_Wu8g?feature=share">https://www.youtube.com/shorts/4psiDb_Wu8g?feature=share</a> <b>#HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV</b>	Visionner cette courte vidéo : La Dre Vivien Brown : Se protéger contre le VPH (le virus du papillome humain)   <a href="https://www.youtube.com/shorts/IMeK8zTPy7g?feature=share">https://www.youtube.com/shorts/IMeK8zTPy7g?feature=share</a> <b>#VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH</b>
<b>06 October • le 6 octobre</b>		
07:00	It's <b>#MythbustingMonday!</b> Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_1_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_1_e.png</a> <b>#HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation #CANADAvsHPV</b>	Aujourd'hui : <b>#LundiAntiMythes!</b> Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_1_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_1_f.png</a> <b>#VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation #CANADAvsVPH</b>
08:00	It's <b>#MythbustingMonday!</b> Let's tackle some misinformation. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_1_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_1_e.png</a>	Aujourd'hui : <b>#LundiAntiMythes!</b> Abordons certaines informations erronées. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_1_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_1_f.png</a>



**October 2025 • Social Media Calendar**  
**octobre 2025 • calendrier pour médias sociaux**

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">t%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_2_e.png</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation #CANADAvsHPV	<a href="#">ads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_2_f.png</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation #CANADAvsVPH
09:00	It's #MythbustingMonday! Let's tackle some misinformation. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_3_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_3_e.png</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation #CANADAvsHPV	Aujourd'hui : #LundiAntiMythes! Abordons certaines informations erronées. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_3_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_3_f.png</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation #CANADAvsVPH
10:00	It's #MythbustingMonday! Let's tackle some misinformation. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_4_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_4_e.png</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation #CANADAvsHPV	Aujourd'hui : #LundiAntiMythes! Abordons certaines informations erronées. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_4_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_4_f.png</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation #CANADAvsVPH
12:00	It's #MythbustingMonday! Let's tackle some misinformation. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_5_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_5_e.png</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation #CANADAvsHPV	Aujourd'hui : #LundiAntiMythes! Abordons certaines informations erronées. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_5_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_5_f.png</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation #CANADAvsVPH
18:00	We vaccinate because HPV   <a href="https://www.immunize.ca/sites/default/files/because-hpv-1-e.png">https://www.immunize.ca/sites/default/files/because-hpv-1-e.png</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Nous nous faisons vacciner parce que c'est le VPH   <a href="https://www.immunize.ca/sites/default/files/because-hpv-2-f.png">https://www.immunize.ca/sites/default/files/because-hpv-2-f.png</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
<b>07 October • le 7 octobre</b>		
07:00	Are you protected against HPV? Hear Neil's story in this short video   <a href="https://www.youtube.com/shorts/jLVgUXoYYM">https://www.youtube.com/shorts/jLVgUXoYYM</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Êtes-vous protégé-e contre le VPH? Écoutez l'histoire de Neil dans cette courte vidéo   <a href="https://www.youtube.com/shorts/YOionhKXvWs">https://www.youtube.com/shorts/YOionhKXvWs</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
08:00	Which HPV vaccines are available in Canada?   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_6_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_6_web_e.pdf</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Quels sont les vaccins contre le VPH disponibles au Canada?   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_6_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_6_web_f.pdf</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
09:00	HPV? Me?   Talk to your healthcare provider about getting immunized against HPV.	Le VPH? Moi?   Pour obtenir le vaccin contre le VPH, adressez-vous à votre professionnel-le de santé



**October 2025 • Social Media Calendar**  
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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_poster_10_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_poster_10_e.png</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	<a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_poster_10_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_poster_10_f.png</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
12:00	Protect against human papillomavirus (HPV): For young adults   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_4_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_4_web_e.pdf</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Protégez-vous contre le virus du papillome humain (VPH) : Pour les jeunes adultes   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_4_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_4_web_f.pdf</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
18:00	HPV? Me?   Talk to your healthcare provider about getting immunized against HPV.   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_poster_5_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_poster_5_e.png</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #CANADAvsHPV	Le VPH? Moi?   Pour obtenir le vaccin contre le VPH, adressez-vous à votre professionnel-le de santé   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_poster_5_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_poster_5_f.png</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #CANADAvsVPH
<b>08 October • le 8 octobre</b>		
07:00	Health care professionals   Download and use our Pocket Guide for Immunizers: RSV Vaccines and Immunizing Agents   <a href="https://immunize.ca/sites/default/files/rsv_pocketguide_web_e.pdf">https://immunize.ca/sites/default/files/rsv_pocketguide_web_e.pdf</a> #RSV #VaccinesWork #VaccinesSaveLives #GetImmunized	Les professionnel-les de la santé   Télécharger et utiliser notre Guide de poche pour les vaccinateurs et vaccinatrices : Vaccins et agents immunisants contre le VRS   <a href="https://immunize.ca/sites/default/files/rsv_pocketguide_web_f.pdf">https://immunize.ca/sites/default/files/rsv_pocketguide_web_f.pdf</a> #VRS #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	For health care professionals   Pocket Guide for Immunizers: #Measles, #Mumps, and #Rubella Vaccination   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_e.pdf</a> #MMR #VaccinesWork #VaccinesSaveLives #GetImmunized	Pour les professionnel-les de la santé   Guide de poche pour vaccinateurs et vaccinatrices : Vaccination contre la #rougeole, la #rubéole et les #oreillons   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_f.pdf</a> #RRO #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	How to administer the live-attenuated intranasal influenza vaccine (LAIV): A guide for health care professionals   Watch the video: <a href="https://www.youtube.com/watch?v=B7Hh-5IBDb4">https://www.youtube.com/watch?v=B7Hh-5IBDb4</a> #influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason	<i>No French post available</i>  <i>Aucun message disponible en français</i>
<b>09 October • le 9 octobre</b>		



**October 2025 • Social Media Calendar**  
**octobre 2025 • calendrier pour médias sociaux**

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
07:00	It's <b>#ThrowbackThursday!</b>   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/tbt_flu_5_ig_e.jpg">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/tbt_flu_5_ig_e.jpg</a> <b>#influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason</b>	Aujourd'hui : <b>#JeudiRétro!</b>   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/tbt_flu_5_ig_f.jpg">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/tbt_flu_5_ig_f.jpg</a> <b>#influenza #grippe #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale</b>
12:00	65 or older? Check out our infographic!   Influenza Prevention in Adults 65+   <a href="https://www.immunize.ca/sites/default/files/influenza_infographic_65plus_2025_web_e.pdf">https://www.immunize.ca/sites/default/files/influenza_infographic_65plus_2025_web_e.pdf</a> <b>#influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason</b>	Vous avez 65 ans ou plus? Allez voir notre infographie!   <a href="https://www.immunize.ca/sites/default/files/influenza_infographic_65plus_2025_web_f.pdf">https://www.immunize.ca/sites/default/files/influenza_infographic_65plus_2025_web_f.pdf</a> <b>#influenza #grippe #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale</b>
18:00	Influenza: The basics   an informative infographic from Immunize Canada   <a href="https://www.immunize.ca/sites/default/files/influenza_the_basics_202526_web_e.pdf">https://www.immunize.ca/sites/default/files/influenza_the_basics_202526_web_e.pdf</a> <b>#influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason</b>	Grippe : notions de base   une infographie informative créée par Immunisation Canada   <a href="https://www.immunize.ca/sites/default/files/influenza_the_basics_202526_web_f.pdf">https://www.immunize.ca/sites/default/files/influenza_the_basics_202526_web_f.pdf</a> <b>#influenza #grippe #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale</b>
<b>10 October • le 10 octobre</b>		
07:00	If you are <b>#pregnant</b> or planning a <b>#pregnancy</b> , talk to your healthcare professional to see if you can get immunized against respiratory syncytial virus (RSV)   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/RSV/rsv_poster_4_web_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/RSV/rsv_poster_4_web_e.png</a> <b>#RSV #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Si vous êtes <b>#enceinte</b> ou que vous planifiez une <b>#grossesse</b> , demandez à votre professionnel-le de santé si vous pouvez vous faire vacciner contre le virus respiratoire syncytial (VRS)   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/RSV/rsv_poster_4_web_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/RSV/rsv_poster_4_web_f.png</a> <b>#VRS LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
12:00	Eitan's story: Find out more about RSV   If you're pregnant, speak to your health care provider about getting immunized against RSV (respiratory syncytial virus) to protect your infant   <a href="https://youtu.be/YHqGhZqowfl?si=C9KvEqrjnRWQGeDy">https://youtu.be/YHqGhZqowfl?si=C9KvEqrjnRWQGeDy</a> <b>#pregnancy #RSV #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	L'histoire d'Eitan : En savoir davantage sur le VRS   Si vous êtes enceinte, parlez à votre prestataire de soins de santé pour vous faire immuniser contre le VRS (virus respiratoire syncytial) et ainsi protéger votre nourrisson   <a href="https://youtu.be/YFhbUnw3PHA?si=hg9f6lCFrNH099lm">https://youtu.be/YFhbUnw3PHA?si=hg9f6lCFrNH099lm</a> <b>#grossesse #VRS #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
18:00	Vaccines in pregnancy: What you need to know   factsheet from Immunize Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/vaccines_pregnancy_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/vaccines_pregnancy_web_e.pdf</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized #pregnancy</b>	Les vaccins pendant la grossesse : ce qu'il faut savoir   feuillet de renseignements informatif créé par Immunisation Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/vaccines_pregnancy_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/vaccines_pregnancy_web_f.pdf</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #grossesse</b>



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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>11 October • le 11 octobre</b>		
10:00	Immunize Canada has a great collection of YouTube Shorts videos in English and French, on a variety of immunization topics! <a href="https://www.youtube.com/@ImmunizeCanada/shorts">https://www.youtube.com/@ImmunizeCanada/shorts</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Immunisation Canada vous propose une excellente collection de courtes vidéos (« YouTube Shorts ») en français et en anglais, sur une variété de sujets liés à la vaccination! <a href="https://www.youtube.com/@ImmunizeCanada/shorts">https://www.youtube.com/@ImmunizeCanada/shorts</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
16:00	Vaccines used in Canada are safe and effective. They are developed to meet the highest standards and are continually monitored for safety and effectiveness. Watch our video to learn more: <a href="https://youtu.be/Y4N4_1Pntfk">https://youtu.be/Y4N4_1Pntfk</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Les vaccins utilisés au Canada sont sûrs et efficaces. Ils sont créés selon les normes les plus strictes, et leur innocuité et leur efficacité sont continuellement surveillées. Pour en savoir plus, regardez notre vidéo : <a href="https://youtu.be/oTECcvMGO8k">https://youtu.be/oTECcvMGO8k</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
<b>12 October • le 12 octobre</b>		
10:00	How Vaccines Work   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_in_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_in_e.jpg</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Comment fonctionnent les vaccins?   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_in_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_in_f.jpg</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
16:00	Community Immunity   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_in_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_in_e.jpg</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	L'immunité collective   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_in_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_in_f.jpg</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
<b>13 October • le 13 octobre</b>		
07:00	It's <b>#MythbustingMonday!</b> Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_1_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_1_e.png</a> <b>#influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason #TogetherAgainstMisinformation</b>	Aujourd'hui : <b>#LundiAntiMythes!</b> Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_1_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_1_f.png</a> <b>#influenza #grippe #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale #EnsembleContreLaDésinformation</b>
12:00	It's <b>#MythbustingMonday!</b> Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_2_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_2_e.png</a> <b>#influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason #TogetherAgainstMisinformation</b>	Aujourd'hui : <b>#LundiAntiMythes!</b> Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_2_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_2_f.png</a> <b>#influenza #grippe #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale #EnsembleContreLaDésinformation</b>



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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
18:00	It's <b>#MythbustingMonday!</b> Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_3_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_3_e.png</a> <b>#influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason #TogetherAgainstMisinformation</b>	Aujourd'hui : <b>#LundiAntiMythes!</b> Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_3_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_3_f.png</a> <b>#influenza #grippe #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale #EnsembleContreLaDésinformation</b>
<b>14 October • le 14 octobre</b>		
07:00	Informative factsheet from Immunize Canada   Measles: What you need to know   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/measles_factsheet_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/measles_factsheet_web_e.pdf</a> <b>#measles #MMR #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Feuille de renseignements informatif créé par Immunisation Canada   Rougeole : ce qu'il faut savoir   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/measles_factsheet_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/measles_factsheet_web_f.pdf</a> <b>#rougeole #RRO #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
12:00	Informative factsheet from Immunize Canada   Mumps: What you need to know   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Mumps/mumps_factsheet_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Mumps/mumps_factsheet_web_e.pdf</a> <b>#mumps #MMR #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Feuille de renseignements informatif créé par Immunisation Canada   Oreillons : ce qu'il faut savoir   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Mumps/mumps_factsheet_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Mumps/mumps_factsheet_web_f.pdf</a> <b>#oreillons #RRO #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
18:00	Informative factsheet from Immunize Canada   Rubella: What you need to know   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Rubella/rubella_factsheet_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Rubella/rubella_factsheet_web_e.pdf</a> <b>#rubella #MMR #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Feuille de renseignements informatif créé par Immunisation Canada   Rubéole : ce qu'il faut savoir   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Rubella/rubella_factsheet_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Rubella/rubella_factsheet_web_f.pdf</a> <b>#rubéole #RRO #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
<b>15 October • le 15 octobre</b>		
07:00	Health care professionals   stay up to date and subscribe to our e-newsletter, The Immunize Canada Boost, here: <a href="https://immunize.ca/subscribe-our-newsletter">https://immunize.ca/subscribe-our-newsletter</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Les professionnel·les de la santé   restez au courant et abonnez-vous à notre cyberbulletin, Une dose d'Immunisation Canada, ici : <a href="https://immunize.ca/fr/abonnez-vous-notre-bulletin">https://immunize.ca/fr/abonnez-vous-notre-bulletin</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
12:00	Pocket Guide for Immunizers: Pregnancy and Breastfeeding   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide_pregnancy_and_breastfeeding_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide_pregnancy_and_breastfeeding_web_e.pdf</a>	Guide de poche pour les vaccinateurs et vaccinatrices : Grossesse et allaitement   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide</a>

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<b>#pregnancy #breastfeeding #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	<a href="#">_pregnancy and breastfeeding web f.pdf</a> #grossesse #allaitement <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
18:00	Influenza Vaccine Technologies   Check out our informative factsheet!   <a href="https://www.immunize.ca/sites/default/files/influenza_vaccine_technologies_web_e.pdf">https://www.immunize.ca/sites/default/files/influenza_vaccine_technologies_web_e.pdf</a> #influenza #flu #VaccinesWork <b>#VaccinesSaveLives #GetImmunized #FluSeason</b>	Les techniques de production des vaccins contre la grippe   Allez voir notre fiche d'information!   <a href="https://www.immunize.ca/sites/default/files/influenza_vaccine_technologies_web_f.pdf">https://www.immunize.ca/sites/default/files/influenza_vaccine_technologies_web_f.pdf</a> #influenza #grippe #LesVaccinsÇaMarche <b>#LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale</b>
<b>16 October • le 16 octobre</b>		
07:00	It's <b>#ThrowbackThursday!</b> <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/tbt_flu_2_ig_e.jpg">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/tbt_flu_2_ig_e.jpg</a> #influenza #flu #VaccinesWork <b>#VaccinesSaveLives #GetImmunized #FluSeason</b>	Aujourd'hui : <b>#JeudiRétro!</b> <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/tbt_flu_2_ig_e.jpg">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/tbt_flu_2_ig_e.jpg</a> <b>#influenza #grippe #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale</b>
12:00	Let's prevent the comeback of measles   Watch the short video by Science Up First and Immunize Canada   <a href="https://www.youtube.com/shorts/2A73Duh53_4">https://www.youtube.com/shorts/2A73Duh53_4</a> #measles <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Empêchons le retour de la rougeole   Visionner la courte vidéo créée par La Science d'Abord et Immunisation Canada   <a href="https://www.youtube.com/shorts/R1JMtULbVTw?feature=share">https://www.youtube.com/shorts/R1JMtULbVTw?feature=share</a> #rougeole <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
18:00	Check out our infographic   Influenza Prevention in Children   <a href="https://www.immunize.ca/sites/default/files/influenza_infographic_children_2025_web_e.pdf">https://www.immunize.ca/sites/default/files/influenza_infographic_children_2025_web_e.pdf</a> #influenza #flu #VaccinesWork <b>#VaccinesSaveLives #GetImmunized #FluSeason</b>	Allez voir notre infographie   Prévention de la grippe chez les enfants   <a href="https://www.immunize.ca/sites/default/files/influenza_infographic_children_2025_web_f.pdf">https://www.immunize.ca/sites/default/files/influenza_infographic_children_2025_web_f.pdf</a> #influenza #grippe #LesVaccinsÇaMarche <b>#LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale</b>
<b>17 October • le 17 octobre</b>		
07:00	Understanding invasive pneumococcal disease   Watch this short video with Dr. Vivien Brown to learn more   <a href="https://www.youtube.com/watch?v=N9mqJu3ZvwM">https://www.youtube.com/watch?v=N9mqJu3ZvwM</a> <b>#pneumococcal #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Comprendre la pneumococcie invasive   Pour en savoir plus, visionner la courte vidéo avec Dre Vivien Brown   <a href="https://www.youtube.com/watch?v=YGrL-wQ64eo">https://www.youtube.com/watch?v=YGrL-wQ64eo</a> #pneumococcie <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
12:00	What is diphtheria?   Check out Immunize Canada's infographic   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/diphtheria_infographic_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/diphtheria_infographic_web_e.pdf</a> #diphtheria #VaccinesWork <b>#VaccinesSaveLives #GetImmunized</b>	Qu'est-ce que la diphtérie?   Allez voir l'infographie créée par Immunisation Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/diphtheria_infographic_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/diphtheria_infographic_web_f.pdf</a> #diphtérie #LesVaccinsÇaMarche #LesVaccinsSauventDesVies <b>#FaitesVousVacciner</b>



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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
14:00	Check out our new chart   Publicly funded seasonal influenza vaccines in Canada: 2025-2026   <a href="https://www.immunize.ca/sites/default/files/publicly_funded_flu_vaccines_202526_e.pdf">https://www.immunize.ca/sites/default/files/publicly_funded_flu_vaccines_202526_e.pdf</a> #influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason	Allez voir notre nouveau tableau   Vaccins antigrippaux saisonniers subventionnés par l'État au Canada : 2025-2026   <a href="https://www.immunize.ca/sites/default/files/publicly_funded_flu_vaccines_202526_f.pdf">https://www.immunize.ca/sites/default/files/publicly_funded_flu_vaccines_202526_f.pdf</a> #influenza #grippe #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale
16:00	Publicly funded influenza vaccination programs in Canada: 2025-2026   updated for this #FluSeason   <a href="https://www.immunize.ca/sites/default/files/publicly_funded_flu_programs_202526_e.pdf">https://www.immunize.ca/sites/default/files/publicly_funded_flu_programs_202526_e.pdf</a> #influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized	Programmes de vaccination contre la grippe subventionnés par l'État au Canada : 2025-2026   tableau mis à jour pour cette #SaisonGrippale   <a href="https://www.immunize.ca/sites/default/files/publicly_funded_flu_programs_202526_f.pdf">https://www.immunize.ca/sites/default/files/publicly_funded_flu_programs_202526_f.pdf</a> #influenza #grippe #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	Why you should get the flu shot every year   Watch our short video to learn more   <a href="https://www.youtube.com/shorts/OaxBhQshRa0">https://www.youtube.com/shorts/OaxBhQshRa0</a> #influenza #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason	Pourquoi on doit se faire vacciner contre la grippe chaque année   Allez voir notre courte vidéo pour en savoir plus   <a href="https://www.youtube.com/watch?v=jXrS4VBR1LA">https://www.youtube.com/watch?v=jXrS4VBR1LA</a> #grippe #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale
<b>18 October • le 18 octobre</b>		
10:00	Vaccines in pregnancy: What you need to know   Our factsheet is available in 14 languages! <a href="https://immunize.ca/pregnant-and-lactating-persons">https://immunize.ca/pregnant-and-lactating-persons</a> #VaccinesWork #VaccinesSaveLives #GetImmunized #pregnancy	Les vaccins pendant la grossesse : ce qu'il faut savoir   Notre feuillet de renseignements est disponible dans 14 langues! <a href="https://immunize.ca/fr/personnes-enceintes-et-allaitantes">https://immunize.ca/fr/personnes-enceintes-et-allaitantes</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #grossesse
16:00	Pertussis (whooping cough) vaccines in pregnancy   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Infographic/pertussis_pregnancy_infographic_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Infographic/pertussis_pregnancy_infographic_web_e.pdf</a> #pertussis #WhoopingCough #VaccinesWork #VaccinesSaveLives #GetImmunized #pregnancy	Les vaccins contre la coqueluche durant la grossesse   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Infographic/pertussis_pregnancy_infographic_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Infographic/pertussis_pregnancy_infographic_web_f.pdf</a> #coqueluche #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #grossesse
<b>19 October • le 19 octobre</b>		
10:00	Dr. Vivien Brown: Get protected against shingles   Got a minute? Watch our short, informative video! <a href="https://www.youtube.com/shorts/UDMfN1FnK1k">https://www.youtube.com/shorts/UDMfN1FnK1k</a> #shingles #VaccinesWork #VaccinesSaveLives #GetImmunized	La Dre Vivien Brown : Protégez-vous contre le zona   Vous avez une minute? Visionnez notre courte vidéo informative!   <a href="https://www.youtube.com/shorts/AhxhElSkFu8">https://www.youtube.com/shorts/AhxhElSkFu8</a> #zona #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner



**October 2025 • Social Media Calendar**  
**octobre 2025 • calendrier pour médias sociaux**

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
16:00	Watch our short video   What is influenza?   <a href="https://www.youtube.com/shorts/K29teF0r6Xw">https://www.youtube.com/shorts/K29teF0r6Xw</a> #influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason	Visionner notre courte vidéo   Qu'est-ce que la grippe?   <a href="https://www.youtube.com/shorts/ISTq2RDeAyQ">https://www.youtube.com/shorts/ISTq2RDeAyQ</a> #influenza #grippe #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale
<b>20 October • le 20 octobre</b>		
07:00	It's #MythbustingMonday! Let's tackle some misinformation. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/social%20media/mbm_pertussis_in_2_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/social%20media/mbm_pertussis_in_2_e.png</a> #pertussis #WhoopingCough #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation	Aujourd'hui : #LundiAntiMythes! Abordons certaines informations erronées. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/social%20media/mbm_pertussis_in_2_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/social%20media/mbm_pertussis_in_2_f.png</a> #coqueluche LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation
12:00	It's #MythbustingMonday! Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_6_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_6_e.png</a> #influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason #TogetherAgainstMisinformation	Aujourd'hui : #LundiAntiMythes! Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_6_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_6_f.png</a> #influenza #grippe #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale #EnsembleContreLaDésinformation
18:00	It's #MythbustingMonday! Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_5_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_5_e.png</a> #influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason #TogetherAgainstMisinformation	Aujourd'hui : #LundiAntiMythes! Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_5_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2022-2023/mbm_flu_in_5_f.png</a> #influenza #grippe #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale #EnsembleContreLaDésinformation
<b>21 October • le 21 octobre</b>		
07:00	Don't Wait, Vaccinate! A Guide to Immunization for First Nations, Inuit and Métis Peoples and Communities   NCCIH   <a href="https://www.nccih.ca/Publications/lists/Publications/Guide-to-Immunization_EN_Web_2022-09-07.pdf">https://www.nccih.ca/Publications/lists/Publications/Guide-to-Immunization_EN_Web_2022-09-07.pdf</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	N'attendez pas, vaccinez! Un guide sur la vaccination chez les peuples et les communautés chez les Premières Nations, Inuits et Métis   CCNSA   <a href="https://www.ccsa.ca/Publications/lists/Publications/NCCIH%20193%20-%20Guide-to-Immunization_FR-web.pdf">https://www.ccsa.ca/Publications/lists/Publications/NCCIH%20193%20-%20Guide-to-Immunization_FR-web.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	Pertussis (whooping cough): What you need to know   Read our informative factsheet and find out how to protect yourself   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/factsheet/pertussis_factsheet_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/factsheet/pertussis_factsheet_web_e.pdf</a> #pertussis	La coqueluche : ce qu'il faut savoir   Lire notre feuillet de renseignements informatif et apprenez comment vous pouvez vous protéger   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/factsheet/pertussis_factsheet_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/factsheet/pertussis_factsheet_web_f.pdf</a>

**October 2025 • Social Media Calendar**  
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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<b>#WhoopingCough #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	<a href="#">actsheet_web_f.pdf</a> <b>#coqueluche #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
18:00	14 common myths about COVID-19 vaccines, busted   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/COVID-19/covid19_myths_factsheet_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/COVID-19/covid19_myths_factsheet_web_e.pdf</a> <b>#COVID19 #VaccinesWork #VaccinesSaveLives #GetImmunized #CovidVaccine</b>	14 mythes courants au sujet des vaccins contre la COVID-19, déboulinés   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/COVID-19/covid19_myths_factsheet_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/COVID-19/covid19_myths_factsheet_web_f.pdf</a> <b>#COVID19 #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VaccinCovid</b>
<b>22 October • le 22 octobre</b>		
07:00	Improving vaccine confidence and uptake in pregnant Canadians: A toolkit for health professionals   <a href="https://immunize.ca/sites/default/files/HCP%20Toolkit_Pregnant%20Canadians_2024_EN.pdf">https://immunize.ca/sites/default/files/HCP%20Toolkit_Pregnant%20Canadians_2024_EN.pdf</a> <b>#pregnancy #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Améliorer la confiance dans les vaccins et la couverture vaccinale chez les Canadiennes enceintes : Une trousse d'outils à l'intention des professionnel·les de la santé   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/HCP%20Toolkit_Pregnant%20Canadians_2024_FR.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/HCP%20Toolkit_Pregnant%20Canadians_2024_FR.pdf</a> <b>#grossesse #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
08:00	A short video for health care professionals   How to recommend vaccines to patients planning a pregnancy   <a href="https://youtu.be/Ka3OPMz_q_I">https://youtu.be/Ka3OPMz_q_I</a> <b>#pregnancy #VaccinesWork #VaccinesSaveLives</b>	Une courte vidéo à l'intention des professionnel·les de la santé   Comment recommander des vaccins aux patientes qui prévoient une grossesse   <a href="https://youtu.be/haUUjUiiuw4">https://youtu.be/haUUjUiiuw4</a> <b>#grossesse #LesVaccinsÇaMarche #LesVaccinsSauventDesVies</b>
12:00	A short video for health care professionals   How to recommend vaccines to patients who are pregnant   <a href="https://youtu.be/tJENY2COqkl">https://youtu.be/tJENY2COqkl</a> <b>#pregnancy #VaccinesWork #VaccinesSaveLives</b>	Une courte vidéo à l'intention des professionnel·les de la santé   Comment recommander des vaccins aux patientes enceintes   <a href="https://youtu.be/7ms0tGb6BmQ">https://youtu.be/7ms0tGb6BmQ</a> <b>#grossesse #LesVaccinsÇaMarche #LesVaccinsSauventDesVies</b>
18:00	A short video for health care professionals   How to recommend vaccines for patients who are breastfeeding   <a href="https://youtu.be/_r12NArtgZ8">https://youtu.be/_r12NArtgZ8</a> <b>#VaccinesWork #VaccinesSaveLives</b>	Une courte vidéo à l'intention des professionnel·les de la santé   Comment recommander des vaccins pour les patients qui allaitent   <a href="https://youtu.be/wJztYVojFCw">https://youtu.be/wJztYVojFCw</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies</b>
<b>23 October • le 23 octobre</b>		
07:00	Tomorrow (24 October) is <b>#WorldPolioDay</b> ! Today is <b>#ThrowbackThursday</b>   We vaccinated because polio. Time tested. Life saving. Get immunized   <a href="https://www.immunize.ca/sites/default/files/because-polio-throwback-e.png">https://www.immunize.ca/sites/default/files/because-polio-throwback-e.png</a> <b>#polio #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Demain (le 24 octobre), c'est la Journée mondiale contre la poliomyélite   Aujourd'hui, c'est le <b>#JeudiRétro</b>   C'était la polio : nous nous sommes fait vacciner. Éprouvés. Salvateurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-polio-throwback-f.png">https://www.immunize.ca/sites/default/files/because-polio-throwback-f.png</a> <b>#polio #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldPolioDay</b>



**October 2025 • Social Media Calendar**  
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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
12:00	Tomorrow (24 October) is <b>#WorldPolioDay</b>   Read our informative factsheet   Polio: What you need to know   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Polio/polio_factsheet_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Polio/polio_factsheet_web_e.pdf</a> <b>#polio #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Demain (le 24 octobre), c'est la Journée mondiale contre la poliomyélite   Lire notre feuillet de renseignements informatif   Polio : ce qu'il faut savoir   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Polio/polio_factsheet_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Polio/polio_factsheet_web_f.pdf</a> <b>#polio #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldPolioDay</b>
18:00	Tomorrow (24 October) is <b>#WorldPolioDay</b>   We vaccinate because polio   <a href="https://www.immunize.ca/sites/default/files/because-polio-e.png">https://www.immunize.ca/sites/default/files/because-polio-e.png</a> <b>#polio #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Demain (le 24 octobre), c'est la Journée mondiale contre la poliomyélite   Nous nous faisons vacciner parce que c'est la polio   <a href="https://www.immunize.ca/sites/default/files/because-polio-f.png">https://www.immunize.ca/sites/default/files/because-polio-f.png</a> <b>#polio #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldPolioDay</b>
<b>24 October • le 24 octobre</b>		
07:00	It's <b>#WorldPolioDay</b> (24 October 2025)   Pocket Guide for Immunizers: Tdap/DTaP/IPV-containing Vaccines   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tdap%20pocket%20guide/tdap_pocketguide_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tdap%20pocket%20guide/tdap_pocketguide_web_e.pdf</a> <b>#polio #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Le 24 octobre 2025 : C'est la Journée mondiale contre la poliomyélite <b>#WorldPolioDay</b>   Guide de poche pour les vaccinateurs et vaccinatrices : Vaccins à composants dcaT/DCaT/VPI   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tdap%20pocket%20guide_e/tdap_pocketguide_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tdap%20pocket%20guide_e/tdap_pocketguide_web_f.pdf</a> <b>#polio #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
10:00	Polio: For health professionals   Public Health Agency of Canada   <a href="https://www.canada.ca/en/public-health/services/diseases/poliomyelitis-polio/health-professionals.html">https://www.canada.ca/en/public-health/services/diseases/poliomyelitis-polio/health-professionals.html</a> <b>#polio #VaccinesWork #VaccinesSaveLives #GetImmunized #WorldPolioDay</b>	Polio : Pour les professionnels de la santé   Agence de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/maladies/poliomyelite-polio/professionnels.html">https://www.canada.ca/fr/sante-publique/services/maladies/poliomyelite-polio/professionnels.html</a> <b>#polio #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldPolioDay</b>
12:00	Poliomyelitis (polio) vaccines: Canadian Immunization Guide   Public Health Agency of Canada   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/canadian-immunization-guide-part-4-active-vaccines/page-17-poliomyelitis-vaccine.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/canadian-immunization-guide-part-4-active-vaccines/page-17-poliomyelitis-vaccine.html</a> <b>#polio #VaccinesWork #VaccinesSaveLives #GetImmunized #WorldPolioDay</b>	Vaccins contre la poliomyélite (polio) : Guide canadien d'immunisation   Agence de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-canadien-immunisation-partie-4-agents-immunisation-active/page-17-vaccin-contre-poliomyelite.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-canadien-immunisation-partie-4-agents-immunisation-active/page-17-vaccin-contre-poliomyelite.html</a> <b>#polio #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldPolioDay</b>
18:00	Dr. Vivien Brown: Protect against polio   Watch our short video   <a href="https://www.youtube.com/shorts/XRDwGttg9R4">https://www.youtube.com/shorts/XRDwGttg9R4</a> <b>#polio #VaccinesWork #VaccinesSaveLives #GetImmunized #WorldPolioDay</b>	Dre Vivien Brown : Protéger contre la polio   Visionner notre courte vidéo   <a href="https://youtu.be/jnmUKDeoUis?si=Q8rZ_XH3ksaBfYCT">https://youtu.be/jnmUKDeoUis?si=Q8rZ_XH3ksaBfYCT</a> <b>#polio #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldPolioDay</b>

**October 2025 • Social Media Calendar**  
**octobre 2025 • calendrier pour médias sociaux**

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>25 October • le 25 octobre</b>		
10:00	Going on vacation? Dr. Vivien Brown provides 3 tips to help you prepare for it, including getting immunized against hepatitis A and B   Watch our short, informative video! <a href="https://youtu.be/6BQvPx4VFml">https://youtu.be/6BQvPx4VFml</a> #hepatitis #VaccinesWork #VaccinesSaveLives #GetImmunized	Vous partez en vacances? Dre Vivien Brown a 3 conseils pour vous aider à vous préparer, entre autres de vous faire vacciner contre l'hépatite A et B   Visionnez notre courte vidéo informative!   <a href="https://youtu.be/p4iv6O4slhY">https://youtu.be/p4iv6O4slhY</a> #hépatite #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	Planning to travel?   Hepatitis A: What you need to know   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20A/hepatitis_a_factsheet_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20A/hepatitis_a_factsheet_web_e.pdf</a> #hepatitis #VaccinesWork #VaccinesSaveLives #GetImmunized	Vous planifiez un voyage?   L'hépatite A : ce qu'il faut savoir   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20A/hepatitis_a_factsheet_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20A/hepatitis_a_factsheet_web_f.pdf</a> ##hépatite LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
16:00	Vaccines work!   Find out more in our short video   <a href="https://www.youtube.com/shorts/JjOlVr0Zyc">https://www.youtube.com/shorts/JjOlVr0Zyc</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Les vaccins fonctionnent!   Apprenez davantage en visionnant notre courte vidéo   <a href="https://www.youtube.com/shorts/AggUCWP2WWW">https://www.youtube.com/shorts/AggUCWP2WWW</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>26 October • le 26 octobre</b>		
10:00	Cod liver oil is great if you need more vitamin D. But it definitely won't prevent measles. The measles vaccine will.   <a href="https://immunize.ca/sites/default/files/measles_sm_1_e.png">https://immunize.ca/sites/default/files/measles_sm_1_e.png</a> #measles #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation	L'huile de foie de morue est excellente si vous avez besoin de plus de vitamine D. Mais elle ne prévient absolument pas la rougeole. Le vaccin contre la rougeole le fera.   <a href="https://immunize.ca/sites/default/files/measles_sm_1_f.png">https://immunize.ca/sites/default/files/measles_sm_1_f.png</a> #rougeole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation
16:00	There are no specific antiviral treatments for a measles infection. But there is a safe and effective way to prevent measles. The measles vaccine. <a href="https://immunize.ca/sites/default/files/measles_sm_3_e.png">https://immunize.ca/sites/default/files/measles_sm_3_e.png</a> #measles #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation	Il n'existe aucun traitement antiviral spécifique pour l'infection par la rougeole. Mais il existe un moyen sûr et efficace de prévenir la rougeole. Le vaccin contre la rougeole. <a href="https://immunize.ca/sites/default/files/measles_sm_3_f.png">https://immunize.ca/sites/default/files/measles_sm_3_f.png</a> #rougeole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation
<b>27 October • le 27 octobre</b>		
07:00	It's Media Literacy Week!   Motives and Methods: Building Resilience to Online Misinformation in Canada   MediaSmarts, 2025   <a href="https://mediasmarts.ca/sites/default/files/2025-04/report_motives_methods.pdf">https://mediasmarts.ca/sites/default/files/2025-04/report_motives_methods.pdf</a> #TogetherAgainstMisinformation #MediaLitWk	C'est la Semaine éducation médias!   Motivations et méthodes : Renforcer la résilience face à la désinformation en ligne au Canada   HabiloMédias, 2025   <a href="https://habilomedias.ca/sites/default/files/2025-04/rapport_motivations_methodes.pdf">https://habilomedias.ca/sites/default/files/2025-04/rapport_motivations_methodes.pdf</a> #EnsembleContreLaDésinformation #SemEduMedias



**October 2025 • Social Media Calendar**  
**octobre 2025 • calendrier pour médias sociaux**

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
08:00	It's <b>#MythbustingMonday!</b> Let's tackle some misinformation. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Myth-busting%20Mondays/mbm_gen_in_2_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Myth-busting%20Mondays/mbm_gen_in_2_e.png</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation #MediaLitWk</b>	Aujourd'hui : <b>#LundiAntiMythes!</b> Abordons certaines informations erronées. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Myth-busting%20Mondays/mbm_gen_in_2_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Myth-busting%20Mondays/mbm_gen_in_2_f.png</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation #SemEduMedias</b>
12:00	It's Media Literacy Week <b>#MediaLitWk!</b>   To successfully counter vaccine misinformation, learn more about the Misinformer Tactic: Causal Fallacy.   resource created by Science Up First   <a href="https://www.scienceupfirst.com/project/misinformer-tactic-causal-fallacy/">https://www.scienceupfirst.com/project/misinformer-tactic-causal-fallacy/</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation</b>	C'est la Semaine éducation médias <b>#SemEduMedias!</b>   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur la Tactique de désinformation : Fausse causalité   ressource créée par La Science d'Abord   <a href="https://www.scienceupfirst.com/project/tactique-de-desinformation-fausse-causalite/?lang=fr">https://www.scienceupfirst.com/project/tactique-de-desinformation-fausse-causalite/?lang=fr</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation</b>
18:00	To successfully counter vaccine misinformation, learn more about the Misinformer Tactic: Stirring Up Emotions   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactic-stirring-up-emotions/">https://scienceupfirst.com/misinformation-101/misinformer-tactic-stirring-up-emotions/</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation #MediaLitWk</b>	Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur la Tactique de désinformation : Provoquer des émotions   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-provoquer-des-emotions/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-provoquer-des-emotions/?lang=fr</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation #SemEduMedias</b>
<b>28 October • le 28 octobre</b>		
07:00	A Parent's Guide to Vaccination   available in 17 languages from the Public Health Agency of Canada   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/parent-guide-vaccination.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/parent-guide-vaccination.html</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Un guide de vaccination à l'intention des parents   disponible dans 17 langues de l'Agence de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-vaccination-intention-parents.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-vaccination-intention-parents.html</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
12:00	A Teen's Guide to Vaccination   Public Health Agency of Canada   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/teens-meet-vaccines.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/teens-meet-vaccines.html</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Un guide de vaccination pour les ados   Agence de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/vaccins-allo-ados.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/vaccins-allo-ados.html</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
18:00	An Adult's Guide to Vaccination   Public Health Agency of Canada   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/just-kids-adult-guide-vaccination.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/just-kids-adult-guide-vaccination.html</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Un guide de vaccination pour les adultes   Agence de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/juste-enfants-guide-vaccination-adultes.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/juste-enfants-guide-vaccination-adultes.html</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
<b>29 October • le 29 octobre</b>		



**October 2025 • Social Media Calendar**  
**octobre 2025 • calendrier pour médias sociaux**

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
07:00	Health care professionals   If your patients ask why they need an influenza vaccine every year, share this factsheet with them   <a href="https://www.immunize.ca/sites/default/files/influenza_drift_or_shift_web_e.pdf">https://www.immunize.ca/sites/default/files/influenza_drift_or_shift_web_e.pdf</a> #influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason	Les professionnel·les de la santé   Si vos patient·es vous demandent pourquoi on a besoin de se faire vacciner contre la grippe chaque année, partagez cette fiche d'information avec eux/elles   <a href="https://www.immunize.ca/sites/default/files/influenza_drift_or_shift_web_f.pdf">https://www.immunize.ca/sites/default/files/influenza_drift_or_shift_web_f.pdf</a> #influenza #grippe #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale
12:00	For health care professionals   Pocket Guide for Immunizers: Pooled Polyclonal Immunoglobulin Products   <a href="https://www.immunize.ca/sites/default/files/passive_immunization_guide_web_e.pdf">https://www.immunize.ca/sites/default/files/passive_immunization_guide_web_e.pdf</a> #immunoglobulin	Pour les professionnel·les de la santé   Guide de poche pour les vaccinateurs et vaccinatrices : Les produits à base d'immunoglobulines polyclonales   <a href="https://www.immunize.ca/sites/default/files/passive_immunization_guide_web_f.pdf">https://www.immunize.ca/sites/default/files/passive_immunization_guide_web_f.pdf</a> #immunoglobulines
18:00	For health care professionals   Pocket Guide for Immunizers: Meningococcal Vaccination   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Pocket%20guide%20for%20immunizers/meningococcal_pocketguide_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Pocket%20guide%20for%20immunizers/meningococcal_pocketguide_web_e.pdf</a> #meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized	Pour les professionnel·les de la santé   Guide de poche pour les vaccinateurs et vaccinatrices : Vaccination contre le méningocoque   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Pocket%20guide%20for%20immunizers/meningococcal_pocketguide_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Pocket%20guide%20for%20immunizers/meningococcal_pocketguide_web_f.pdf</a> #méningocoque #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>30 October • le 30 octobre</b>		
07:00	It's #ThrowbackThursday!   I vaccinated because diphtheria. Time tested. Life saving. Get immunized   <a href="https://www.immunize.ca/sites/default/files/because-diphtheria-throwback-e.png">https://www.immunize.ca/sites/default/files/because-diphtheria-throwback-e.png</a> #diphtheria #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd'hui : #JeudiRétro!   C'était la diphtérie : je me suis fait vacciner. Éprouvés. Salvateurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-diphtheria-throwback-f.png">https://www.immunize.ca/sites/default/files/because-diphtheria-throwback-f.png</a> #diphtérie LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	It's #ThrowbackThursday!   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/tbt_diphtheria_ig_1_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/tbt_diphtheria_ig_1_e.png</a> #diphtheria #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd'hui : #JeudiRétro!   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/tbt_diphtheria_ig_1_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/tbt_diphtheria_ig_1_f.png</a> #diphtérie LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	It's #ThrowbackThursday!   We vaccinated because pertussis (whooping cough). Time tested. Life saving. Get immunized   <a href="https://www.immunize.ca/sites/default/files/because-pertussis-throwback-e.png">https://www.immunize.ca/sites/default/files/because-pertussis-throwback-e.png</a> #pertussis #WhoopingCough #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd'hui : #JeudiRétro!   C'était la coqueluche : nous nous sommes fait vacciner. Éprouvés. Salvateurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-pertussis-throwback-f.png">https://www.immunize.ca/sites/default/files/because-pertussis-throwback-f.png</a> #coqueluche LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>31 October • le 31 octobre</b>		



**October 2025 • Social Media Calendar**  
**octobre 2025 • calendrier pour médias sociaux**

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
07:00	A resurgence in vaccine-preventable diseases is gaining momentum in Canada   Patient Voice, in collaboration with Immunize Canada   <a href="https://www.patientvoice.io/a-resurgence-in-vaccine-preventable-diseases-is-gaining-momentum-in-canada">https://www.patientvoice.io/a-resurgence-in-vaccine-preventable-diseases-is-gaining-momentum-in-canada</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	La résurgence des maladies évitables par la vaccination gagne du terrain au Canada   Patient Voice, en collaboration avec Immunisation Canada   <a href="https://www.patientvoice.io/la-resurgence-des-maladies-evitables-par-la-vaccination-gagne-du-terrain-au-canada">https://www.patientvoice.io/la-resurgence-des-maladies-evitables-par-la-vaccination-gagne-du-terrain-au-canada</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	A Parent's Decision to Immunize   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_e.pdf</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	La décision parentale de faire vacciner ses enfants   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	We vaccinated because influenza   Time tested. Life saving. Get immunized   <a href="https://www.immunize.ca/sites/default/files/because-influenza-throwback-e.png">https://www.immunize.ca/sites/default/files/because-influenza-throwback-e.png</a> #influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason	C'était la grippe : nous nous sommes fait vacciner. Éprouvés. Salvateurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-influenza-throwback-f.png">https://www.immunize.ca/sites/default/files/because-influenza-throwback-f.png</a> #influenza #grippe #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale