



#TheTimesNow #GetImmunized

Social Media Calendar • calendrier pour médias sociaux

PaulTimes indicated: Eastern Time • Heure de l'Est indiquée

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
26 April • le 26 avril IT'S NATIONAL IMMUNIZATION AWARENESS WEEK • C'EST LA SEMAINE NATIONALE DE PROMOTION DE LA VACCINATION		
07:00	It's National Immunization Awareness Week (26 April-02 May 2026)! Visit our #NIAW2026 webpage for excellent resources and reliable information https://immunize.ca/niaw #TheTimesNow #VaccinesWork #VaccinesSaveLives #GetImmunized	C'est la Semaine nationale de promotion de la vaccination (du 26 avril au 2 mai 2026)! Visitez notre page Web #SNPV2026 pour trouver d'excellentes ressources et d'informations fiables https://immunize.ca/fr/snpv #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
07:30	Meet our National Immunization Awareness Week #NIAW ambassadors through the years! https://www.immunize.ca/niaw/ambassadors #TheTimesNow #VaccinesWork #VaccinesSaveLives #GetImmunized	Rencontrez nos ambassadeurs pour la Semaine nationale de promotion de la vaccination #SNPV au fil des ans https://www.immunize.ca/fr/snpv/ambassadors #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
08:00	#TheTimesNow #GetImmunized Check out this poster drawn by a 6th-grade student https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Poster%20Contest/2016/Posters/nationalwinner2016.pdf #VaccinesWork #VaccinesSaveLives #NIAW2026	#LHeureEstVenue #FaitesVousVacciner Allez voir cette affiche dessinée par un élève en 6 ^e année https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Poster%20Contest/2014/Posters/national_runnerup.pdf #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #SNPV2026
08:30	Hear Neil's story about his sister Alison's battle with cervical cancer caused by HPV, and the importance of getting vaccinated against HPV Learn more: https://www.youtube.com/watch?v=QPifn0FNMzU #TheTimesNow #VaccinesWork #VaccinesSaveLives #GetImmunized #HPV #NIAW2026	Écoutez l'histoire de Neil, qui raconte le combat de sa sœur Alison contre le cancer du col de l'utérus causé par le VPH et l'importance de se faire vacciner contre le VPH En savoir plus : https://www.youtube.com/shorts/hJNMAtn6pQY #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026
09:00	We vaccinate because hepatitis A https://www.immunize.ca/sites/default/files/because-hepatitis-a-e.png #TheTimesNow #VaccinesWork #VaccinesSaveLives #GetImmunized #hepatitis #NIAW2026	Nous nous faisons vacciner parce que c'est l'hépatite A https://www.immunize.ca/sites/default/files/because-hepatitis-a-f.png #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #hépatite #SNPV2026
10:00	We vaccinate because hepatitis B https://www.immunize.ca/sites/default/files/because-hepatitis-b-	Nous nous faisons vacciner parce que c'est l'hépatite B https://www.immunize.ca/sites/default/files/because-hepatitis-b-f.png



#TheTimeIsNow #GetImmunized

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	e.png #TheTimeIsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #hepatitis #NIAW2026	#LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #hépatite #SNPV2026
11:00	I vaccinate because measles https://www.immunize.ca/sites/default/files/because-measles-e.png #TheTimeIsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #measles #NIAW2026	Je me fais vacciner parce que c'est la rougeole https://www.immunize.ca/sites/default/files/because-measles-f.png #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #rougeole #SNPV2026
12:00	We vaccinate because mumps https://www.immunize.ca/sites/default/files/because-mumps-e.png #TheTimeIsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #mumps #NIAW2026	Nous nous faisons vacciner parce que c'est les oreillons https://www.immunize.ca/sites/default/files/because-mumps-f.png #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #oreillons #SNPV2026
13:00	I vaccinate because rubella https://www.immunize.ca/sites/default/files/because-rubella-e.png #TheTimeIsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #rubella #NIAW2026	Je me fais vacciner parce que c'est la rubéole https://www.immunize.ca/sites/default/files/because-rubella-f.png #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #rubéole #SNPV2026
14:00	I vaccinate because tetanus https://www.immunize.ca/sites/default/files/because-tetanus-e.png #TheTimeIsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #tetanus #NIAW2026	Je me fais vacciner parce que c'est le tétanos https://www.immunize.ca/sites/default/files/because-tetanus-f.png #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #tétanos #SNPV2026
15:00	We vaccinate because polio https://www.immunize.ca/sites/default/files/because-polio-e.png #TheTimeIsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #polio #NIAW2026	Nous nous faisons vacciner parce que c'est la polio https://www.immunize.ca/sites/default/files/because-polio-f.png #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #polio #SNPV2026
15:30	Safia contracted polio when she was a child. Despite the illness dramatically changing her life, Safia uses her voice to advocate for vaccines Learn more: https://www.youtube.com/watch?v=xJTFnSctWGA #TheTimeIsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #polio #NIAW2026	Safia a contracté la polio lorsqu'elle était enfant. Malgré la maladie qui a changé sa vie de manière spectaculaire, Safia utilise sa voix pour plaider en faveur des vaccins En savoir plus : https://www.youtube.com/watch?v=xJTFnSctWGA #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #polio #SNPV2026
16:00	I vaccinate because meningococcal https://www.immunize.ca/sites/default/files/because-	Je me fais vacciner parce que c'est le méningocoque https://www.immunize.ca/sites/default/files/because-meningococcal-f.png



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	meningococcal-e.png #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #meningococcal #NIAW2026	#LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #méningocoque #SNPV2026
17:00	What is measles? https://www.immunize.ca/sites/default/files/measles_poster1_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #measles #NIAW2026	Qu'est-ce que la rougeole? https://www.immunize.ca/sites/default/files/measles_poster1_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #rougeole #SNPV2026
18:00	#TheTimelsNow: to take care of your health. #GetImmunized https://www.immunize.ca/sites/default/files/niaw2026_poster1_web_e.pdf #VaccinesWork #VaccinesSaveLives #NIAW2026	#LHeureEstVenue : de prendre soin de votre santé. #FaitesVousVacciner https://www.immunize.ca/sites/default/files/niaw2026_poster1_web_f.pdf #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #SNPV2026
27 April • le 27 avril DEBUNKING MISINFORMATION • DÉMYSTIFIER LA DÉSINFORMATION		
07:00	#TheTimelsNow. Let's debunk vaccine misinformation with our #MythbustingMondays series of social media resources! https://immunize.ca/debunk-vaccine-misinformation-our-myth-busting-mondays-series #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	#LHeureEstVenue de démystifier la désinformation sur les vaccins avec notre série d'images pour médias sociaux : Les #LundisAntiMythes https://immunize.ca/fr/demystifier-la-desinformation-sur-les-vaccins-avec-notre-serie-les-lundis-anti-mythes #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDésinformation
07:30	Watch our new short video: #TheTimelsNow https://www.youtube.com/shorts/WuyG2q3Pb-o #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	Visionner notre nouvelle courte vidéo : #LHeureEstVenue https://www.youtube.com/shorts/dsQ56ByZBNo #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDésinformation
08:00	#TheTimelsNow to tackle some misinformation! https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/mbm_measles_in_1_e.png #VaccinesWork #VaccinesSaveLives #GetImmunized #measles #NIAW2026 #MythbustingMonday #TogetherAgainstMisinformation	#LHeureEstVenue d'aborder certaines informations erronées https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/mbm_measles_in_1_f.png #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #rougeole #SNPV2026 #LundiAntiMythes #EnsembleContreLaDésinformation
09:00	#TheTimelsNow to tackle some misinformation! https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_2_e.png #VaccinesWork #VaccinesSaveLives	#LHeureEstVenue d'aborder certaines informations erronées https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_2_f.png #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026 #LundiAntiMythes #EnsembleContreLaDésinformation



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	#GetImmunized #HPV #NIAW2026 #MythbustingMonday #TogetherAgainstMisinformation	
10:00	#TheTimelsNow. Let's counter vaccine misinformation! Learn more about this Misinformer Tactic: Doubt Mongering resource created by Science Up First https://scienceupfirst.com/misinformation-101/misinformer-tactic-doubt-mongering/ #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	#LHeureEstVenue de contrer la désinformation au sujet des vaccins! Apprenez davantage sur cette Tactique de désinformation : Semer la doute ressource créée par La Science d'Abord https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-semer-le-doute/?lang=fr #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDésinformation
11:00	#TheTimelsNow. Let's counter vaccine misinformation! Learn more about this Misinformer Tactic: Red Herring resource created by Science Up First https://scienceupfirst.com/misinformation-101/misinformer-tactic-red-herring/ #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	#LHeureEstVenue de contrer la désinformation au sujet des vaccins! Apprenez davantage sur cette Tactique de désinformation : La diversion ressource créée par La Science d'Abord https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-la-diversion/?lang=fr #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDésinformation
12:00	#TheTimelsNow. Let's counter vaccine misinformation! Learn more about this Misinformer Tactic: Firehose of Falsehood resource created by Science Up First https://scienceupfirst.com/misinformation-101/misinformer-tactic-firehose-of-falsehood/ #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	#LHeureEstVenue de contrer la désinformation au sujet des vaccins! Apprenez davantage sur cette Tactique de désinformation : Le trop-plein d'informations ressource créée par La Science d'Abord https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-le-trop-plein-dinformations/?lang=fr #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDésinformation
13:00	#TheTimelsNow. Let's counter vaccine misinformation! Learn more about this Misinformer Tactic: Cherry Picking resource created by Science Up First https://scienceupfirst.com/misinformation-101/misinformer-tactic-cherry-picking/ #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	#LHeureEstVenue de contrer la désinformation au sujet des vaccins! Apprenez davantage sur cette Tactique de désinformation : Le picorage ressource créée par La Science d'Abord https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-le-picorage/?lang=fr #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDésinformation
14:00	#TheTimelsNow. Let's counter vaccine misinformation! Learn more about this Misinformer Tactic: False Dichotomy resource created by Science Up First https://scienceupfirst.com/misinformation-101/misinformer-	#LHeureEstVenue de contrer la désinformation au sujet des vaccins! Apprenez davantage sur cette Tactique de désinformation : La fausse dichotomie ressource créée par La Science d'Abord https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-



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	tactic-false-dichotomy/ #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	desinformation-la-fausse-dichotomie/?lang=fr #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDesinformation
15:00	“Vaccines cause autism”: Origin of the myth New short video created in collaboration between ScienceUpFirst, Immunize Canada, and CAMH! https://www.youtube.com/shorts/3F0iALDEJqw #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	« Les vaccins causent l’autisme » : l’origine du mythe nouvelle courte vidéo en collaboration entre LaScienceD’abord, Immunisation Canada, et CAMH! https://www.youtube.com/shorts/iMvYHLU_eqc #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDesinformation
16:00	#TheTimelsNow. Let’s counter vaccine misinformation! Learn more about this Misinformer Tactic: The Galileo Gambit resource created by Science Up First https://scienceupfirst.com/misinformation-101/misinformer-tactic-the-galileo-gambit/ #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	#LHeureEstVenue de contrer la désinformation au sujet des vaccins! Apprenez davantage sur cette Tactique de désinformation : L’appel à Galilée ressource créée par La Science d’Abord https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-lappel-a-galilee/?lang=fr #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDesinformation
18:00	#TheTimelsNow: to stand up for science. #VaccinesWork https://www.immunize.ca/sites/default/files/niaw2026_poster5_web_e.pdf #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	#LHeureEstVenue : de défendre la science. #LesVaccinsÇaMarche https://www.immunize.ca/sites/default/files/niaw2026_poster5_web_f.pdf #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDesinformation
28 April • le 28 avril – PREGNANCY AND PARENTHOOD • LA GROSSESSE ET LA PARENTALITÉ		
07:00	Got a minute? Watch our short video: Vaccines before Pregnancy https://youtu.be/4Kb00tYp_bc?si=vW6_XmCQI3bxA5kl #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #pregnancy #NIAW2026	Vous avez une minute? Visionnez notre courte vidéo : Les vaccins avant la grossesse https://youtu.be/M94Y7VKJ5Jg?si=Eay2NORVsUkIJJSD #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #grossesse #SNPV2026
07:30	When Jessica’s son Eitan was just 4 weeks old, he contracted RSV. RSV can become very serious for newborns, and Eitan ended up in the ICU on a ventilator Learn more: https://www.patientvoice.io/a-resurgence-in-vaccine-preventable-diseases-is-gaining-momentum-in-canada#jessica #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #RSV #NIAW2026	À l’âge de 4 semaines, Eitan, le fils de Jessica, a contracté le VRS. Le VRS peut devenir très grave chez un nouveau-né, et Eitan s’est retrouvé aux soins intensifs, branché sur un ventilateur En savoir plus : https://www.patientvoice.io/la-resurgence-des-maladies-evitables-par-la-vaccination-gagne-du-terrain-au-canada#jessica #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VRS #SNPV2026



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08:00	Vaccines in Pregnancy: What you need to know Our factsheet is available in 14 languages! https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/vaccines_pregnancy_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #pregnancy #GetImmunized #NIAW2026	Les vaccins pendant la grossesse : ce qu'il faut savoir Notre feuillet de renseignements est disponible dans 14 langues! https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/vaccines_pregnancy_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #grossesse #FaitesVousVacciner #SNPV2026
09:00	Pertussis vaccines in pregnancy informative infographic from Immunize Canada https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Infographic/pertussis_pregnancy_infographic_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #pertussis #whoopingcough #pregnancy #NIAW2026	Les vaccins contre la coqueluche durant la grossesse infographie informative créée par Immunisation Canada https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Infographic/pertussis_pregnancy_infographic_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #coqueluche #grossesse #SNPV2026
10:00	#TheTimelsNow: to keep calm and stay informed. #VaccinesWork https://www.immunize.ca/sites/default/files/niaw2026_poster7_web_e.pdf #VaccinesSaveLives #GetImmunized #pregnancy #NIAW2026	#LHeureEstVenue : de rester calme et informé. #LesVaccinsÇaMarche https://www.immunize.ca/sites/default/files/niaw2026_poster7_web_f.pdf #LesVaccinsSauventDesVies #FaitesVousVacciner #grossesse #SNPV2026
11:00	A Parent's Guide to Vaccination Public Health Agency of Canada https://www.canada.ca/en/public-health/services/publications/healthy-living/parent-guide-vaccination.html #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Un guide de vaccination à l'intention des parents Agence de la santé publique du Canada https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-vaccination-intention-parents.html #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
12:00	Protecting your child against human papillomavirus (HPV): For parents https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_2_web_e.pdf #TheTimelsNow #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Protégez votre enfant contre le virus du papillome humain (VPH) : Pour les parents https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_2_web_f.pdf #LHeureEstVenue #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026



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13:00	<p>#TheTimelsNow A Parent’s Decision to Immunize https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_e.pdf #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026</p>	<p>#LHeureEstVenue La décision parentale de faire vacciner ses enfants https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026</p>
13:30	<p>What is mumps? https://www.immunize.ca/sites/default/files/mumps_poster2_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #mumps #NIAW2026</p>	<p>Qu’est-ce que les oreillons? https://www.immunize.ca/sites/default/files/mumps_poster2_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #oreillons #SNPV2026</p>
14:00	<p>The #measles, #mumps, and #rubella (#MMR) vaccine: What you need to know an informative factsheet from Immunize Canada https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/mmr_factsheet_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026</p>	<p>Le vaccin contre la #rougeole, la #rubéole et les #oreillons (#RRO) : ce qu’il faut savoir un feuillet de renseignements informatif créé par Immunisation Canada https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/mmr_factsheet_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026</p>
14:30	<p>What is rubella? https://www.immunize.ca/sites/default/files/rubella_poster3_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #rubella #NIAW2026</p>	<p>Qu’est-ce que la rubéole? https://www.immunize.ca/sites/default/files/rubella_poster3_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #rubéole #SNPV2026</p>
15:00	<p>The basics of meningococcal disease Got a minute? Watch our short video and find out more https://youtu.be/KKa8uuHHD3U?si=C-1SZk27drJoLiE3 #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #meningococcal #NIAW2026</p>	<p>Les principes de base : la maladie à méningocoque Vous avez une minute? Visionner notre courte vidéo pour en savoir plus https://youtu.be/D-jxy-7GtKM?si=sAUOjm6eKlhJlVrx #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #méningocoque #SNPV2026</p>
15:30	<p>Hear Andrea and Chloe recount the story of Chloe’s near-fatal encounter with meningitis B, and the importance of getting vaccinated against it Learn more: https://www.youtube.com/watch?v=XZUMeqK6ZiM</p>	<p>Andrea raconte l’histoire de sa fille, Chloe qui a failli mourir de la méningite type B et l’importance de se faire vacciner contre la maladie à méningocoque En savoir plus : https://www.youtube.com/shorts/icyavipeN10 #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #méningite #SNPV2026</p>



#TheTimelsNow #GetImmunized

Social Media Calendar • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	#TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #meningitis #NIAW2026	
16:00	Spread the word Is your teen protected against meningococcal type B (MenB)? https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/menb_poster1_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #meningococcal #NIAW2026	Passez le mot Est-ce que votre ado est protégé-e contre le méningocoque type B (MenB)? https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/menb_poster1_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #méningocoque #SNPV2026
16:30	Kate miraculously beat the odds and survived after contracting meningitis at age 16. Today, she advocates for the importance of preventing this life-threatening infection Learn more: https://www.youtube.com/watch?v=FLB7cwh2gD8&t=44s #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #meningitis #NIAW2026	Kate a miraculeusement surmonté les obstacles et a survécu après avoir contracté une méningite à l'âge de 16 ans. Aujourd'hui, elle défend l'importance de prévenir cette infection potentiellement mortelle En savoir plus : https://www.youtube.com/watch?v=FLB7cwh2gD8&t=44s #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #méningite #SNPV2026
17:00	Check out the new factsheet from Immunize Canada, ScienceUpFirst, and CAMH 'No. Vaccines do not cause autism. Deconstructing the myth' https://www.immunize.ca/sites/default/files/vaccines_and_autism_factsheet_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026 #TogetherAgainstMisinformation	Allez voir la nouvelle fiche d'information créée par Immunisation Canada, La Science d'Abord et CAMH « Non, les vaccins ne causent pas l'autisme. Déboulonnons ce mythe » https://www.immunize.ca/sites/default/files/vaccines_and_autism_factsheet_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026 #EnsembleContreLaDésinformation
17:30	What is rotavirus? https://www.immunize.ca/sites/default/files/rotavirus_poster4_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #rotavirus #NIAW2026	Qu'est-ce que le rotavirus? https://www.immunize.ca/sites/default/files/rotavirus_poster4_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #rotavirus #SNPV2026
18:00	Check out our chart! Ages and school grades in which meningococcal vaccines are routinely administered, in each province and territory https://immunize.ca/sites/default/files/meningococcal_vaccines_c	Allez voir notre tableau! Âges et niveaux scolaires pour lesquels les vaccins contre le méningocoque sont systématiquement administrés, par province et territoire https://immunize.ca/sites/default/files/meningococcal_vaccines_chart_web



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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	hart_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #meningococcal #NIAW2026	f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #méningocoque #SNPV2026
29 April • le 29 avril – HEALTH PROFESSIONALS • LES PROFESSIONNEL·LES DE LA SANTÉ		
07:00	Health professionals Sign up for our e-newsletter: Immunize Canada Boost! https://immunize.ca/subscribe-our-newsletter #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Les professionnel·les de la santé Abonnez-vous à notre cyberbulletin : Une dose d'Immunisation Canada ! https://immunize.ca/fr/abonnez-vous-notre-bulletin #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
07:30	Dr. Anne Pham-Huy is the Chair of Immunize Canada and a pediatric infectious disease specialist. She knows that immunization is the strongest defense against preventable diseases Learn more: https://youtu.be/yhXWLjsKSk?list=PLJH3y0duq2ZfV2nHJkc1HuJBWdvNpnhW #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Dre Anne Pham-Huy est la présidente d'Immunisation Canada; elle est spécialiste des maladies infectieuses pédiatriques. Elle sait que la vaccination est la meilleure défense contre les maladies évitables En savoir plus : https://youtu.be/zQoaRRrg-58?list=PLJH3y0duq2ZfV2nHJkc1HuJBWdvNpnhW #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
08:00	#TheTimelsNow: to prevent the preventable. #GetImmunized https://www.immunize.ca/sites/default/files/niaw2026_poster2_web_e.pdf #VaccinesWork #VaccinesSaveLives #NIAW2026	#LHeureEstVenue : de prévenir ce qui peut être prévenu. #FaitesVousVacciner https://www.immunize.ca/sites/default/files/niaw2026_poster2_web_f.pdf #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #SNPV2026
08:30	Dr. Cora Constantinescu is the Vice Chair of Immunize Canada, and a pediatrician and infectious disease specialist. She is concerned about the decline in vaccine confidence among Canadians Learn more: https://www.patientvoice.io/a-resurgence-in-vaccine-preventable-diseases-is-gaining-momentum-in-canada#dr-constantinescu #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Dre Cora Constantinescu, vice-présidente d'Immunisation Canada, pédiatre et spécialiste des maladies infectieuses, s'inquiète de la perte de confiance en la vaccination chez les Canadiennes et les Canadiens En savoir plus : https://www.patientvoice.io/la-resurgence-des-maladies-evitables-par-la-vaccination-gagne-du-terrain-au-canada#dr-constantinescu #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
09:00	Pocket Guide for Immunizers: #Pregnancy and #Breastfeeding an informative guide for health care professionals, from Immunize Canada https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide_pregnancy_and_breastfeeding_web_e.pdf	Guide de poche pour vaccinateurs et vaccinatrices : #Grossesse et #allaitement un guide informatif à l'intention des professionnel·les de la santé, créé par Immunisation Canada https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide_pregnancy_and_breastfeeding_web_f.pdf #LHeureEstVenue



#TheTimelsNow #GetImmunized

Social Media Calendar • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	#TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
09:30	New video! The added benefits of vaccination beyond infection prevention: A guide for health care professionals Dr. Paul Roumeliotis & Immunize Canada https://www.youtube.com/watch?v=CyZA7JCmM1A #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Nouvelle vidéo! Les avantages de la vaccination au-delà de la prévention des infections : Guide à l'intention des professionnel·les de santé https://www.youtube.com/watch?v=8hJ4l6uFH7g #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
10:00	A short video for health care professionals How to recommend vaccines to patients planning a pregnancy https://youtu.be/Ka3OPMz_q_I #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #pregnancy #NIAW2026	Une courte vidéo à l'intention des professionnel·les de la santé Comment recommander des vaccins aux patientes qui prévoient une grossesse https://youtu.be/haUUjUiiuw4 #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #grossesse #SNPV2026
11:00	A short video for health care professionals How to recommend vaccines to patients who are pregnant https://youtu.be/tJENY2COqkI #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #pregnancy #NIAW2026	Une courte vidéo à l'intention des professionnel·les de la santé Comment recommander des vaccins aux patientes enceintes https://youtu.be/7ms0tGb6BmQ #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #grossesse #SNPV2026
12:00	A short video for health care professionals How to recommend vaccines for patients who are breastfeeding https://youtu.be/_r12NArtgZ8 #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Une courte vidéo à l'intention des professionnel·les de la santé Comment recommander des vaccins pour les patients qui allaitent https://youtu.be/wJztYVojFCw #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
13:00	Improving vaccine confidence and uptake in pregnant Canadians: A toolkit for health professionals https://immunize.ca/sites/default/files/HCP%20Toolkit_Pregnant%20Canadians_2024_EN.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #pregnancy #NIAW2026	Améliorer la confiance dans les vaccins et la couverture vaccinale chez les Canadiennes enceintes : Une trousse d'outils à l'intention des professionnel·les de la santé https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/HCP%20Toolkit_Pregnant%20Canadians_2024_FR.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #grossesse #SNPV2026
14:00	Health care professionals Check out our recently revised Pocket Guide for Immunizers: Pneumococcal Vaccination! https://www.immunize.ca/sites/default/files/pneumococcal_pock	Les professionnel·es de la santé Allez voir notre Guide de poche pour les vaccinateurs et vaccinatrices : Vaccination contre le pneumocoque, récemment mis à jour



#TheTimelsNow #GetImmunized

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	etguide_web_e.pdf #TheTimelsNow #VaccinesWork #pneumococcal #VaccinesSaveLives #GetImmunized #NIAW2026	https://www.immunize.ca/sites/default/files/pneumococcal_pocketguide_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #pneumocoque #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
15:00	For health care professionals Pocket Guide for Immunizers: #Measles, #Mumps, and #Rubella Vaccination https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Pour les professionnel·les de la santé Guide de poche pour les vaccinateurs et vaccinatrices : Vaccination contre la #rougeole, la #rubéole et les #oreillons https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
16:00	For health care professionals Pocket Guide for Immunizers: HPV Vaccination https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_pocketguide_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #HPV #NIAW2026	Pour les professionnel·les de la santé Guide de poche pour les vaccinateurs et vaccinatrices : Vaccination contre le VPH https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_pocketguide_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026
18:00	Health care professionals Find all our pocket guides on our website: https://www.immunize.ca/pocket-guides-immunizers #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #HPV #NIAW2026	Les professionnel·les de la santé Vous trouverez tous nos guides de poche sur notre site Web : https://www.immunize.ca/fr/guides-de-poche-vaccinateurs #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026
30 April • le 30 avril – TEENS AND YOUNG ADULTS • LES ADOS ET LES JEUNES ADULTES		
07:00	Chloe's story "I almost lost my life to meningitis B. Now we're raising awareness to save others" https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2023/chloe_insta_2_e.png #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #meningitis #NIAW2026	L'histoire de Chloe « J'ai failli mourir d'une méningite B. Maintenant, nous faisons de la sensibilisation pour sauver d'autres personnes » https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAW/2023/chloe_insta_2_f.png #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #méningite #SNPV2026
08:00	Spread the word Talk to your healthcare professional about getting immunized against meningococcal type B (MenB). https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/men	Passez le mot Parlez à votre professionnel·le de santé de la vaccination contre le méningocoque type B (MenB). https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/men



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	ococcal/Poster/menb_poster3_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #meningococcal #NIAW2026	b_poster3_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #mningoquoque #SNPV2026
09:00	Meningococcal disease in teens and young adults informative infographic from Immunize Canada https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/meningococcal_infographic_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #meningococcal #NIAW2026	La méningococcie chez les ados et les jeunes adultes Allez voir notre infographie informative https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/meningococcal_infographic_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #mningoquoque #FaitesVousVacciner #SNPV2026
10:00	Check out Immunize Canada's short videos on #TikTok! https://www.tiktok.com/@immunizedotca?lang=en #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Allez voir notre collection de courtes vidéos sur #TikTok! https://www.tiktok.com/@immunizedotca?lang=fr #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
10:30	Liz was diagnosed with cervical cancer at 24. She became an advocate for the prevention of the disease and is committed to creating positive change Learn more: https://www.immunize.ca/niaw-archives#niaw-2024 #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #HPV #NIAW2026	Liz a été diagnostiquée avec un cancer du col de l'utérus à 24 ans. Elle est devenue une défenseuse de la prévention de la maladie et s'engage à créer un changement positif En savoir plus : https://www.immunize.ca/fr/archives-snpv#snpv-2024 #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026
11:00	A Teen's Guide to Vaccination Public Health Agency of Canada https://www.canada.ca/en/public-health/services/publications/healthy-living/teens-meet-vaccines.html?_ga=1.16486706.585774884.1487176194 #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Un guide de vaccination pour les ados Agence de la santé publique du Canada https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/vaccins-allo-ados.html #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
12:00	What is HPV? Check out our poster https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_1_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #HPV #NIAW2026	Qu'est-ce que le VPH? Allez voir notre affiche https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/Posters/hpv_poster_1_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026



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Social Media Calendar • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
12:30	Tristan lost his father to HPV-induced squamous cell carcinoma at just 50 years old. Now, he's committed to raising awareness Learn more: https://www.patientvoice.io/a-resurgence-in-vaccine-preventable-diseases-is-gaining-momentum-in-canada#tristan #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #HPV #NIAW2026	Le père de Tristan n'avait que 50 ans quand il est mort d'un carcinome spinocellulaire induit par le VPH. Aujourd'hui, Tristan s'emploie à sensibiliser les gens En savoir plus : https://www.patientvoice.io/la-resurgence-des-maladies-evitables-par-la-vaccination-gagne-du-terrain-au-canada#tristan #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026
13:00	HPV in boys and men Got a minute? Watch our short video https://www.youtube.com/shorts/d7xSnd_OuCE?feature=share #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #HPV #NIAW2026	Le VPH chez les garçons et les hommes Vous avez une minute? Visionnez notre courte vidéo https://www.youtube.com/shorts/HLnqC5Hq3Aw #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026
14:00	Protect against human papillomavirus (HPV): For young adults https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_4_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #HPV #NIAW2026	Protégez-vous contre le virus du papillome humain (VPH) : Pour les jeunes adultes https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic_4_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026
15:00	#TheTimelsNow: to counter misinformation. #GetImmunized https://www.immunize.ca/sites/default/files/niaw2026_sm6_web_e.png #VaccinesWork #VaccinesSaveLives #NIAW2026	#LHeureEstVenue : de lutter contre la désinformation. #FaitesVousVacciner https://www.immunize.ca/sites/default/files/niaw2026_sm6_web_f.png #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #SNPV2026
16:00	Got a minute? Watch our short video! How is HPV spread? https://www.youtube.com/shorts/k7m4Tm2eORM #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #HPV #NIAW2026	Vous avez une minute? Visionnez notre courte vidéo! Comment se propage le VPH? https://www.youtube.com/shorts/DoO12_XOGk0 #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VPH #SNPV2026
17:00	A short video from Science Up First and Immunize Canada! HPV myths: No symptoms https://www.youtube.com/watch?v=mBk0LqLG4xU #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #TheTimelsNow #NIAW2026	Une courte vidéo créée par La Science d'Abord et Immunisation Canada! Le VPH et ses symptômes https://www.youtube.com/watch?v=WqxJXVsWn8U #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #LHeureEstVenue #SNPV2026
18:00	A short video from Science Up First and Immunize Canada! It's never too late to get the human papillomavirus (HPV) vaccine – even if you're already sexually active	Une courte vidéo créée par La Science d'Abord et Immunisation Canada Il n'est jamais trop tard pour obtenir le vaccin contre le virus du papillome humain (VPH) – même si vous êtes déjà sexuellement actif/active



#TheTimelsNow #GetImmunized

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	https://www.youtube.com/watch?v=L8_6vAnx2Yg #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized #TheTimelsNow #NIAW2026	https://www.youtube.com/watch?v=ekGeZclYxQQ #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #LHeureEstVenue #SNPV2026
01 May • le 1^{er} mai – ADULTS OF ALL AGES • LES ADULTES DE TOUT ÂGE		
07:00	An Adult's Guide to Vaccination Public Health Agency of Canada https://www.canada.ca/en/public-health/services/publications/healthy-living/just-kids-adult-guide-vaccination.html #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #adults #NIAW2026	Un guide de vaccination pour les adultes Agence de la santé publique du Canada https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/juste-enfants-guide-vaccination-adultes.html #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #adultes #SNPV2026
08:00	#TheTimelsNow: to get immunized. #VaccinesSaveLives https://www.immunize.ca/sites/default/files/niaw2026_sm4_web_e.png #VaccinesWork #GetImmunized #NIAW2026	#LHeureEstVenue : de vous faire vacciner. #LesVaccinsSauventDesVies https://www.immunize.ca/sites/default/files/niaw2026_sm4_web_f.png #LesVaccinsÇaMarche #FaitesVousVacciner #SNPV2026
09:00	Got a minute? Watch our short video Dr. Vivien Brown: Vaccines aren't just for kids https://www.youtube.com/shorts/fKK8bOZ7yFY?feature=share #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #adults #NIAW2026	Vous avez une minute? Visionner notre courte vidéo La Dre Vivien Brown : Les vaccins ne sont pas seulement pour les enfants https://www.youtube.com/shorts/q94tl3hQaA?feature=share #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #adultes #SNPV2026
09:30	Check out our new factsheet! Invasive pneumococcal disease in adults 18+ with underlying medical conditions and adults 65+: What you need to know https://www.immunize.ca/sites/default/files/pneumococcal_factsheet_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #pneumococcal #GetImmunized #NIAW2026	Allez voir notre nouvelle fiche d'information! La pneumococcie invasive chez les 18 ans et plus ayant des problèmes de santé sous-jacents et les 65 ans et plus : ce qu'il faut savoir https://www.immunize.ca/sites/default/files/pneumococcal_factsheet_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #pneumococcie #FaitesVousVacciner #SNPV2026
10:00	Every stage of life deserves protection. Prioritize your health. #GetImmunized https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAM/2024/niam2024_15_e.png #TheTimelsNow #VaccinesWork #VaccinesSaveLives #adults #NIAW2026	Chaque stade de la vie mérite d'être protégé. Priorisez votre santé. #FaitesVousVacciner https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAM/2024/niam2024_15_f.png #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #adultes #SNPV2026
11:00	Check out our Adult Immunization Record Vaccines are not just for kids!	Allez voir notre Fiche de vaccination de l'adulte Les vaccins, ce n'est pas seulement pour les enfants!



#TheTimelsNow #GetImmunized

Social Media Calendar • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	https://immunize.ca/sites/default/files/adult_immrecord_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #adults #NIAW2026	https://immunize.ca/sites/default/files/adult_immrecord_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #adultes #SNPV2026
12:00	Adult immunization: What vaccines do you need? https://immunize.ca/sites/default/files/adults_whatvaccines_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #adults #NIAW2026	Vaccination des adultes : De quels vaccins avez-vous besoin? https://immunize.ca/sites/default/files/adults_whatvaccines_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #adultes #SNPV2026
13:00	Shingles (Herpes Zoster): What you need to know an informative factsheet from Immunize Canada https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/shingles_factsheet_web_e.pdf #TheTimelsNow #shingles #adults #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Le zona (herpès zoster) : ce qu'il faut savoir un feuillet de renseignements informatif créé par Immunisation Canada https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/shingles_factsheet_web_f.pdf #LHeureEstVenue #zona #adultes #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
14:00	Dr. Vivien Brown: Get protected against shingles Got a minute? Watch our short, informative video! https://www.youtube.com/shorts/UDMfN1FnK1k #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #shingles #adults #NIAW2026	La Dre Vivien Brown : Protégez-vous contre le zona Vous avez une minute? Visionnez notre courte vidéo informative! https://www.youtube.com/shorts/AhxEIskFu8 #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #zona #adultes #SNPV2026
15:00	What is tetanus? https://www.immunize.ca/sites/default/files/tetanus_poster4_web_e.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #tetanus #adults #NIAW2026	Qu'est-ce que le tétanos? https://www.immunize.ca/sites/default/files/tetanus_poster4_web_f.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #tétanos #adultes #SNPV2026
16:00	I vaccinate because shingles https://www.immunize.ca/sites/default/files/because-shingles-e.png #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #shingles #adults #NIAW2026	Je me fais vacciner parce que c'est le zona https://www.immunize.ca/sites/default/files/because-shingles-f.png #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #zona #adultes #SNPV2026
18:00	HPV? Me? The HPV vaccine is recommended for adults who have not previously been vaccinated against HPV Are you protected? https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hp	Le VPH? Moi? Le vaccin contre le VPH est recommandé aux adultes qui ne l'ont pas déjà reçu Êtes-vous protégé-e? https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_me_sm_ig_10_f.pdf



#TheTimelsNow #GetImmunized

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	v_me_sm_ig_10_e.png #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #adults #HPV #NIAW2026	ng #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #adultes #VPH #SNPV2026
02 May • le 2 mai – IMMUNIZATION OF SPECIAL POPULATIONS • LA VACCINATION CHEZ LES POPULATIONS SPÉCIFIQUES		
07:00	Living with a chronic condition? Vaccines are one easy thing you can do to protect your health Watch our short video https://youtu.be/vzu_YShEJ4U?si=3cYZGN5HgHvwJYFY #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Vous vivez avec une affection chronique? La vaccination est une chose facile que vous pouvez faire pour protéger votre santé Visionnez notre courte vidéo https://youtu.be/5Ng-Qi9zCjM?si=PRArwaGWFivai7kb #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
08:00	Living with a chronic health condition? Vaccines are an important part of your health plan to keep you strong and protected https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAM/2024/niam2024_13_e.png ##TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Vous vivez avec une maladie chronique? Les vaccins sont essentiels à votre plan de santé, car ils vous aideront à rester robuste. https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/NIAM/2024/niam2024_13_f.png #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
09:00	Don't Wait, Vaccinate! A Guide to Immunization for First Nations, Inuit and Métis Peoples and Communities NCCIH https://www.nccih.ca/Publications/lists/Publications/Guide-to-Immunization_EN_Web_2022-09-07.pdf #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	N'attendez pas, vaccinez! Un guide sur la vaccination chez les peuples et les communautés chez les Premières Nations, Inuits et Métis CCNSA https://www.ccsa.ca/Publications/lists/Publications/NCCIH%201193%20-%20Guide-to-Immunization_FR-web.pdf #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
10:00	Who is affected by diphtheria? Persons of any age can catch diphtheria. However, it is most serious in infants and very young children https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/diphtheria_poster_2_web_e.pdf #TheTimelsNow #diphtheria #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Qui est affecté par la diphtérie? La diphtérie peut s'attraper à tout âge. Elle est cependant plus grave chez les nourrissons et les très jeunes enfants https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/diphtheria_poster_2_web_f.pdf #LHeureEstVenue #diphthérie #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
11:00	#TheTimelsNow: to protect your future. #GetImmunized https://www.immunize.ca/sites/default/files/niaw2026_sm3_web_e.png #VaccinesWork #VaccinesSaveLives #NIAW2026	#LHeureEstVenue : de protéger votre avenir. #FaitesVousVacciner https://www.immunize.ca/sites/default/files/niaw2026_sm3_web_f.png #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #SNPV2026



#TheTimelsNow #GetImmunized

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
12:00	Protect your child from meningococcal disease https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/meningococcal_poster_1_web_e.pdf #TheTimelsNow #meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Protégez votre enfant contre la maladie à méningocoque https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Poster/meningococcal_poster_1_web_f.pdf #LHeureEstVenue #méningocoque #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
15:00	Immunize Canada has a great collection of YouTube Shorts videos in English and French, on a variety of immunization topics! https://www.youtube.com/@ImmunizeCanada/shorts #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Immunisation Canada vous propose une excellente collection de courtes vidéos (« YouTube Shorts ») en français et en anglais, sur une variété de sujets liés à la vaccination! https://www.youtube.com/@ImmunizeCanada/shorts #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026
18:00	Thank you to everyone who made Canada's National Immunization Awareness Week a success! #TheTimelsNow #VaccinesWork #VaccinesSaveLives #GetImmunized #NIAW2026	Merci à tous qui ont contribué au succès de la Semaine nationale de promotion de la vaccination au Canada! #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SNPV2026