



**July 2026 • Social media calendar**  
**juillet 2026 • calendrier pour médias sociaux**

Times indicated: Eastern Time • Heure de l'Est indiquée

Time • heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>01 July • le 1<sup>er</sup> juillet</b>		
07:00	Happy <b>#CanadaDay</b> from Immunize Canada! <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Bonne <b>#FêteDuCanada</b> d'Immunisation Canada! <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
12:00	Health care professionals   stay up to date and subscribe to our e-newsletter, The Immunize Canada Boost, here: <a href="https://immunize.ca/subscribe-our-newsletter">https://immunize.ca/subscribe-our-newsletter</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Les professionnel·les de la santé   restez au courant et abonnez-vous à notre cyberbulletin, Une dose d'Immunisation Canada, ici : <a href="https://immunize.ca/fr/abonnez-vous-notre-bulletin">https://immunize.ca/fr/abonnez-vous-notre-bulletin</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
18:00	For health care professionals   Pocket Guide for Immunizers: HPV Vaccination   Immunize Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_pocketguide_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_pocketguide_web_e.pdf</a> <b>#HPV #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Pour les professionnel·les de la santé   Guide de poche pour les vaccinateurs et vaccinatrices : Vaccination contre le VPH   Immunisation Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_pocketguide_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_pocketguide_web_f.pdf</a> <b>#VPH LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
<b>02 July • le 2 juillet</b>		
07:00	It's <b>#ThrowbackThursday</b>   We vaccinated because tetanus. Time tested. Life saving. <b>#GetImmunized</b>   <a href="https://www.immunize.ca/sites/default/files/because-tetanus-throwback-e.png">https://www.immunize.ca/sites/default/files/because-tetanus-throwback-e.png</a> <b>#tetanus #VaccinesWork #VaccinesSaveLives</b>	Aujourd'hui : <b>#JeudiRétro</b>   C'était le tétanos : nous nous sommes fait vacciner. Éprouvés. Salvateurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-tetanus-throwback-f.png">https://www.immunize.ca/sites/default/files/because-tetanus-throwback-f.png</a> <b>#tétanos #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
12:00	I vaccinated because diphtheria. Time tested. Life saving. <b>#GetImmunized</b>   <a href="https://www.immunize.ca/sites/default/files/because-diphtheria-throwback-e.png">https://www.immunize.ca/sites/default/files/because-diphtheria-throwback-e.png</a> <b>#diphtheria #VaccinesWork #VaccinesSaveLives</b>	C'était la diphtérie : je me suis fait vacciner. Éprouvés. Salvateurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-diphtheria-throwback-f.png">https://www.immunize.ca/sites/default/files/because-diphtheria-throwback-f.png</a> <b>#diphthérie #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
18:00	It's <b>#ThrowbackThursday</b> ! <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Throwback%20Thursdays/tbt_gen_in_4_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Throwback%20Thursdays/tbt_gen_in_4_e.png</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Aujourd'hui : <b>#JeudiRétro</b> ! <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Throwback%20Thursdays/tbt_gen_in_4_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Throwback%20Thursdays/tbt_gen_in_4_f.png</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
<b>03 July • le 3 juillet</b>		
07:00	It's <b>#FightMisinformationFriday</b> !   Check out our new factsheet   Evaluating vaccine information online: Fact vs. fiction   <a href="https://www.immunize.ca/sites/default/files/evaluating_vaccine_inf">https://www.immunize.ca/sites/default/files/evaluating_vaccine_inf</a>	Aujourd'hui : <b>#VendrediContreLaDésinformation</b>   Allez voir notre nouvelle fiche d'information   L'information vaccinale en ligne : départager les faits de la fiction



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	<a href="#">ormation_online_web_e.pdf</a> #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation	<a href="https://www.immunize.ca/sites/default/files/evaluating_vaccine_information_online_web_f.pdf">https://www.immunize.ca/sites/default/files/evaluating_vaccine_information_online_web_f.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation
08:00	It's #FightMisinformationFriday!   To successfully counter vaccine misinformation, learn more about this Misinformer Tactic: Moving the Goalposts   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactic-moving-the-goalposts/">https://scienceupfirst.com/misinformation-101/misinformer-tactic-moving-the-goalposts/</a> #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation	Aujourd'hui : #VendrediContreLaDésinformation!   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur cette Tactique de désinformation : Changer les règles   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-changer-les-regles/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-changer-les-regles/?lang=fr</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation
12:00	Watch our short video   "Vaccines cause autism": The origin of the myth   <a href="https://www.youtube.com/shorts/3F0iALDEJqw">https://www.youtube.com/shorts/3F0iALDEJqw</a> #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation #FightMisinformationFriday	Visionner notre courte vidéo   « Les vaccins causent l'autisme » : l'origine du mythe   <a href="https://www.youtube.com/shorts/iMvYHLU_eqc">https://www.youtube.com/shorts/iMvYHLU_eqc</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation #VendrediContreLaDésinformation
18:00	Check out the factsheet from Immunize Canada, ScienceUpFirst, and CAMH   'No. Vaccines do not cause autism. Deconstructing the myth'   <a href="https://www.immunize.ca/sites/default/files/vaccines_and_autism_factsheet_web_e.pdf">https://www.immunize.ca/sites/default/files/vaccines_and_autism_factsheet_web_e.pdf</a> #VaccinesWork #VaccinesSaveLives #GetImmunized #FightMisinformationFriday #TogetherAgainstMisinformation	Allez voir la fiche d'information créée par Immunisation Canada, La Science d'Abord et CAMH   « Non, les vaccins ne causent pas l'autisme. Déboulonnons ce mythe »   <a href="https://www.immunize.ca/sites/default/files/vaccines_and_autism_factsheet_web_f.pdf">https://www.immunize.ca/sites/default/files/vaccines_and_autism_factsheet_web_f.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VendrediContreLaDésinformation #EnsembleContreLaDésinformation
<b>04 July • le 4 juillet</b>		
12:00	#Summertime!   Did you know that you need a tetanus booster every 10 years?   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tetanus/tetanus_factsheet_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tetanus/tetanus_factsheet_web_e.pdf</a> #tetanus #VaccinesWork #VaccinesSaveLives #GetImmunized	L'été!   Saviez-vous que vous avez besoin d'une dose de rappel du vaccin contre le tétanos tous les 10 ans?   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tetanus/tetanus_factsheet_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tetanus/tetanus_factsheet_web_f.pdf</a> #tétanos #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
16:00	What is tetanus?   <a href="https://www.immunize.ca/sites/default/files/tetanus_poster1_web_e.pdf">https://www.immunize.ca/sites/default/files/tetanus_poster1_web_e.pdf</a> #tetanus #VaccinesWork #VaccinesSaveLives #GetImmunized	Qu'est-ce que le tétanos?   <a href="https://www.immunize.ca/sites/default/files/tetanus_poster1_web_f.pdf">https://www.immunize.ca/sites/default/files/tetanus_poster1_web_f.pdf</a> #tétanos #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>05 July • le 5 juillet</b>		



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Time • heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
10:00	Community Immunity   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_in_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_in_e.jpg</a> #VaccinesWork #VaccinesSaveLives #GetImmunized #CommunityImmunity	L'immunité collective   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_in_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_in_f.jpg</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #ImmunitéCollective
16:00	Let's look at how immunization keeps you in good health   infographic from Immunize Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_e.pdf</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Examinons comment la vaccination vous garde en bonne santé   infographie créée par Immunisation Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_f.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>06 July • le 6 juillet</b>		
07:00	It's #MythbustingMonday! Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tetanus/MBMs/mbm_tetanus_in_4_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tetanus/MBMs/mbm_tetanus_in_4_e.png</a> #tetanus #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd'hui : #LundiAntiMythes! Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tetanus/MBMs/mbm_tetanus_in_4_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tetanus/MBMs/mbm_tetanus_in_4_f.png</a> #tétanos #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	It's #MythbustingMonday! Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tetanus/MBMs/mbm_tetanus_in_5_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tetanus/MBMs/mbm_tetanus_in_5_e.png</a> #tetanus #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd'hui : #LundiAntiMythes! Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tetanus/MBMs/mbm_tetanus_in_5_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tetanus/MBMs/mbm_tetanus_in_5_f.png</a> #tétanos #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	Check out our factsheet!   What's in vaccines? A look at vaccine ingredients   <a href="https://www.immunize.ca/sites/default/files/vaccine_ingredients_factsheet_web_e.pdf">https://www.immunize.ca/sites/default/files/vaccine_ingredients_factsheet_web_e.pdf</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Allez voir notre fiche d'information!   Qu'y-a-t-il dans les vaccins? Coup d'œil sur les ingrédients vaccinaux   <a href="https://www.immunize.ca/sites/default/files/vaccine_ingredients_factsheet_web_f.pdf">https://www.immunize.ca/sites/default/files/vaccine_ingredients_factsheet_web_f.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>07 July • le 7 juillet</b>		
07:00	I vaccinate because measles   <a href="https://www.immunize.ca/sites/default/files/because-measles-e.png">https://www.immunize.ca/sites/default/files/because-measles-e.png</a> #measles #VaccinesWork #VaccinesSaveLives #GetImmunized	Je me fais vacciner parce que c'est la rougeole   <a href="https://www.immunize.ca/sites/default/files/because-measles-f.png">https://www.immunize.ca/sites/default/files/because-measles-f.png</a> #rougeole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	Informative factsheet from Immunize Canada   Measles: What you need to know	Feuille de renseignements informatif créé par Immunisation Canada   Rougeole : ce qu'il faut savoir



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	<a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/measles_factsheet_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/measles_factsheet_web_e.pdf</a> #measles #VaccinesWork #VaccinesSaveLives #GetImmunized	<a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/measles_factsheet_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/measles_factsheet_web_f.pdf</a> #rougeole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	What is measles?   <a href="https://www.immunize.ca/sites/default/files/measles_poster1_web_e.pdf">https://www.immunize.ca/sites/default/files/measles_poster1_web_e.pdf</a> #measles #VaccinesWork #VaccinesSaveLives #GetImmunized	Qu'est-ce que la rougeole?   <a href="https://www.immunize.ca/sites/default/files/measles_poster1_web_f.pdf">https://www.immunize.ca/sites/default/files/measles_poster1_web_f.pdf</a> #rougeole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>08 July • le 8 juillet</b>		
07:00	The added benefits of vaccination beyond infection prevention: A guide for health care professionals   Watch the video: <a href="https://www.youtube.com/watch?v=CyZA7JcM1A">https://www.youtube.com/watch?v=CyZA7JcM1A</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Les avantages de la vaccination au-delà de la prévention des infections: Guide à l'intention des professionnel·les de la santé   Regarder la vidéo : <a href="https://www.youtube.com/watch?v=8hJ4l6uFH7g">https://www.youtube.com/watch?v=8hJ4l6uFH7g</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	For health care professionals   Pocket Guide for Immunizers: Tdap/DTaP/IPV-containing Vaccines   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tdap%20pocket%20guide/tdap_pocketguide_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tdap%20pocket%20guide/tdap_pocketguide_web_e.pdf</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Pour les professionnel·les de la santé   Guide de poche pour les vaccinateurs et vaccinatrices : Vaccins à composants dcaT/DCaT/VPI   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tdap%20pocket%20guide/tdap_pocketguide_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tdap%20pocket%20guide/tdap_pocketguide_web_f.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	Pocket Guide for Immunizers: Pneumococcal Vaccination   <a href="https://www.immunize.ca/sites/default/files/pneumococcal_pocketguide_web_e.pdf">https://www.immunize.ca/sites/default/files/pneumococcal_pocketguide_web_e.pdf</a> #pneumococcal #VaccinesWork #VaccinesSaveLives #GetImmunized	Guide de poche pour les vaccinateurs et vaccinatrices : Vaccination contre le pneumocoque   <a href="https://www.immunize.ca/sites/default/files/pneumococcal_pocketguide_web_f.pdf">https://www.immunize.ca/sites/default/files/pneumococcal_pocketguide_web_f.pdf</a> #pneumocoque #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>09 July • le 9 juillet</b>		
07:00	#ThrowbackThursday   I vaccinated because shingles. Time tested. Life saving. #GetImmunized   <a href="https://www.immunize.ca/sites/default/files/because-shingles-throwback-e.png">https://www.immunize.ca/sites/default/files/because-shingles-throwback-e.png</a> #shingles #VaccinesWork #VaccinesSaveLives	#JeudiRétro   C'était le zona : je me suis fait vacciner. Éprouvés. Sauvateurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-shingles-throwback-f.png">https://www.immunize.ca/sites/default/files/because-shingles-throwback-f.png</a> #zona #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	Check out our informative factsheet!   Shingles (herpes zoster): What you need to know   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/shingles_factsheet_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/shingles_factsheet_e.pdf</a>	Allez voir notre ressource informative!   Le zona (herpes zoster) : ce qu'il faut savoir   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/shingles_factsheet_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/shingles_factsheet_f.pdf</a>



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	<a href="#">les/shingles_factsheet_web_e.pdf</a> #shingles #VaccinesWork #VaccinesSaveLives #GetImmunized	<a href="#">et_web_f.pdf</a> #zona #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	What is shingles?   <a href="https://www.immunize.ca/sites/default/files/shingles_poster2_web_e.pdf">https://www.immunize.ca/sites/default/files/shingles_poster2_web_e.pdf</a> #shingles #VaccinesWork #VaccinesSaveLives #GetImmunized	Qu'est-ce que le zona?   <a href="https://www.immunize.ca/sites/default/files/shingles_poster2_web_f.pdf">https://www.immunize.ca/sites/default/files/shingles_poster2_web_f.pdf</a> #zona #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>10 July • le 10 juillet</b>		
07:00	It's #FightMisinformationFriday!   To successfully counter vaccine misinformation, learn more about this Misinformer Tactic: Stirring Up Emotions   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactic-stirring-up-emotions/">https://scienceupfirst.com/misinformation-101/misinformer-tactic-stirring-up-emotions/</a> #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation	Aujourd'hui : #VendrediContreLaDésinformation!   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur cette Tactique de désinformation : Provoquer des émotions   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-provoquer-des-emotions/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-provoquer-des-emotions/?lang=fr</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation
12:00	It's #FightMisinformationFriday!   To successfully counter vaccine misinformation, learn more about this Misinformer Tactic: Astroturfing   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactic-astroturfing/">https://scienceupfirst.com/misinformation-101/misinformer-tactic-astroturfing/</a> #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation	Aujourd'hui : #VendrediContreLaDésinformation!   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur cette Tactique de désinformation : La contrefaçon d'opinion   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-la-contrefacon-dopinion/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-la-contrefacon-dopinion/?lang=fr</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation
18:00	It's #FightMisinformationFriday!   To successfully counter vaccine misinformation, learn more about the Misinformer Tactic: Causal Fallacy.   resource created by Science Up First   <a href="https://www.scienceupfirst.com/project/misinformer-tactic-causal-fallacy/">https://www.scienceupfirst.com/project/misinformer-tactic-causal-fallacy/</a> #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation	Aujourd'hui : #VendrediContreLaDésinformation!   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur la Tactique de désinformation : Fausse causalité   ressource créée par La Science d'Abord   <a href="https://www.scienceupfirst.com/project/tactique-de-desinformation-fausse-causalite/?lang=fr">https://www.scienceupfirst.com/project/tactique-de-desinformation-fausse-causalite/?lang=fr</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation
<b>11 July • le 11 juillet</b>		
10:00	We vaccinate because mumps   <a href="https://www.immunize.ca/sites/default/files/because-mumps_e.png">https://www.immunize.ca/sites/default/files/because-mumps_e.png</a> #mumps #VaccinesWork #VaccinesSaveLives #GetImmunized	Nous nous faisons vacciner parce que c'est les oreillons   <a href="https://www.immunize.ca/sites/default/files/because-mumps-f.png">https://www.immunize.ca/sites/default/files/because-mumps-f.png</a> #oreillons #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
16:00	Informative factsheet from Immunize Canada   Mumps: What you need to know	Feuille de renseignements informatif créé par Immunisation Canada   Oreillons : ce qu'il faut savoir



**July 2026 • Social media calendar**  
**juillet 2026 • calendrier pour médias sociaux**

Time • heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Mumps/mumps_factsheet_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Mumps/mumps_factsheet_web_e.pdf</a> #mumps #VaccinesWork #VaccinesSaveLives #GetImmunized	<a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Mumps/mumps_factsheet_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Mumps/mumps_factsheet_web_f.pdf</a> #oreillons #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>12 July • le 12 juillet</b>		
10:00	I vaccinate because rubella   <a href="https://www.immunize.ca/sites/default/files/because-rubella-e.png">https://www.immunize.ca/sites/default/files/because-rubella-e.png</a> #rubella #VaccinesWork #VaccinesSaveLives #GetImmunized	Je me fais vacciner parce que c'est la rubéole   <a href="https://www.immunize.ca/sites/default/files/because-rubella-f.png">https://www.immunize.ca/sites/default/files/because-rubella-f.png</a> #rubéole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
16:00	Informative factsheet from Immunize Canada   Rubella: What you need to know   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Rubella/rubella_factsheet_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Rubella/rubella_factsheet_web_e.pdf</a> #rubella #VaccinesWork #VaccinesSaveLives #GetImmunized	Feuille de renseignements informatif créé par Immunisation Canada   Rubéole : ce qu'il faut savoir   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Rubella/rubella_factsheet_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Rubella/rubella_factsheet_web_f.pdf</a> #rubéole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>13 July • le 13 juillet</b>		
07:00	It's #MythbustingMonday! Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_5_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_5_e.png</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd'hui : #LundiAntiMythes! Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_5_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/mbm_hpv_in_5_f.png</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	It's #MythbustingMonday! Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tetanus/MBMs/mbm_tetanus_in_3_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tetanus/MBMs/mbm_tetanus_in_3_e.png</a> #tetanus #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd'hui : #LundiAntiMythes! Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tetanus/MBMs/mbm_tetanus_in_3_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tetanus/MBMs/mbm_tetanus_in_3_f.png</a> #tétanos #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	It's #MythbustingMonday! Let's tackle some misinformation. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/mbm_men_in_5_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/mbm_men_in_5_e.png</a> #meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd'hui : #LundiAntiMythes! Abordons certaines informations erronées. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/mbm_men_in_5_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/mbm_men_in_5_f.png</a> #méningocoque #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>14 July • le 14 juillet</b>		



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Time • heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
07:00	Got a minute? Watch our short video: How is HPV spread? <a href="https://www.youtube.com/shorts/K7m4Tm2eORM">https://www.youtube.com/shorts/K7m4Tm2eORM</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized	Vous avez une minute? Visionnez notre courte vidéo : Comment se propage le VPH? <a href="https://www.youtube.com/shorts/DoO12_XOGk0">https://www.youtube.com/shorts/DoO12_XOGk0</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	A short video from Science Up First and Immunize Canada!   It's never too late to get the human papillomavirus (HPV) vaccine – even if you're already sexually active   <a href="https://www.youtube.com/watch?v=L8_6vAnx2Yg">https://www.youtube.com/watch?v=L8_6vAnx2Yg</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized	Une courte vidéo créée par La Science d'Abord et Immunisation Canada   Il n'est jamais trop tard pour obtenir le vaccin contre le virus du papillome humain (VPH) – même si vous êtes déjà sexuellement actif/active   <a href="https://www.youtube.com/watch?v=ekGeZclYxQ0">https://www.youtube.com/watch?v=ekGeZclYxQ0</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	Human papillomavirus (HPV) can affect anyone   Watch this short video by ScienceUpFirst & Immunize Canada   <a href="https://www.youtube.com/shorts/JtgKqxEbeSA?feature=share">https://www.youtube.com/shorts/JtgKqxEbeSA?feature=share</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized	Le virus du papillome humain (VPH) peut affecter n'importe qui   Visionnez cette courte vidéo créée par La Science d'Abord et Immunisation Canada   <a href="https://www.youtube.com/shorts/fHjOfWjGg_w?feature=share">https://www.youtube.com/shorts/fHjOfWjGg_w?feature=share</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>15 July • le 15 juillet</b>		
07:00	A short video for health care professionals   How to recommend vaccines to patients planning a pregnancy   <a href="https://youtu.be/Ka3OPMz_q_I">https://youtu.be/Ka3OPMz_q_I</a> #pregnancy #VaccinesWork #VaccinesSaveLives #GetImmunized	Une courte vidéo à l'intention des professionnel·les de la santé   Comment recommander des vaccins aux patientes qui prévoient une grossesse   <a href="https://youtu.be/haUUjUiiuw4">https://youtu.be/haUUjUiiuw4</a> #grossesse #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	Improving vaccine confidence and uptake in pregnant Canadians: A toolkit for health professionals   <a href="https://immunize.ca/sites/default/files/HCP%20Toolkit_Pregnant%20Canadians_2024_EN.pdf">https://immunize.ca/sites/default/files/HCP%20Toolkit_Pregnant%20Canadians_2024_EN.pdf</a> #pregnancy #VaccinesWork #VaccinesSaveLives #GetImmunized	Améliorer la confiance dans les vaccins et la couverture vaccinale chez les Canadiennes enceintes : Une trousse d'outils à l'intention des professionnel·les de la santé   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/HCP%20Toolkit_Pregnant%20Canadians_2024_FR.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/HCP%20Toolkit_Pregnant%20Canadians_2024_FR.pdf</a> #grossesse #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	Pocket Guide for Immunizers: #Pregnancy and #Breastfeeding   a guide for health care professionals, from Immunize Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide_pregnancy_and_breastfeeding_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide_pregnancy_and_breastfeeding_web_e.pdf</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Guide de poche pour vaccinateurs et vaccinatrices : #Grossesse et #allaitement   un guide à l'intention des professionnel·les de la santé, créé par Immunisation Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide_pregnancy_and_breastfeeding_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide_pregnancy_and_breastfeeding_web_f.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>16 July • le 16 juillet</b>		
07:00	It's #ThrowbackThursday! We vaccinated because polio   <a href="https://www.immunize.ca/sites/default/files/because-polio-">https://www.immunize.ca/sites/default/files/because-polio-</a>	Aujourd'hui : #JeudiRétro! C'était la polio : nous nous sommes fait vacciner   <a href="https://www.immunize.ca/sites/default/files/because-polio-throwback-f.png">https://www.immunize.ca/sites/default/files/because-polio-throwback-f.png</a>



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Time • heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">throwback-e.png</a> #polio #VaccinesWork #VaccinesSaveLives #GetImmunized	#polio #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	It's #ThrowbackThursday! <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Throwback%20Thursdays/tbt_gen_in_2_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Throwback%20Thursdays/tbt_gen_in_2_e.png</a> #polio #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd'hui : #JeudiRétro! <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Throwback%20Thursdays/tbt_gen_in_2_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Throwback%20Thursdays/tbt_gen_in_2_f.png</a> #polio #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	Invasive pneumococcal disease in adults 18+ with underlying medical conditions and adults 65+: What you need to know   <a href="https://www.immunize.ca/sites/default/files/pneumococcal_factsheet_web_e.pdf">https://www.immunize.ca/sites/default/files/pneumococcal_factsheet_web_e.pdf</a> #pneumococcal #VaccinesWork #VaccinesSaveLives #GetImmunized	La pneumococcie invasive chez les 18 ans et plus ayant des problèmes de santé sous-jacents et les 65 ans et plus : ce qu'il faut savoir   <a href="https://www.immunize.ca/sites/default/files/pneumococcal_factsheet_web_f.pdf">https://www.immunize.ca/sites/default/files/pneumococcal_factsheet_web_f.pdf</a> #pneumococcie #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>17 July • le 17 juillet</b>		
07:00	It's #FightMisinformationFriday!   Cod liver oil is great if you need more vitamin D. But it definitely won't prevent measles. The measles vaccine will.   <a href="https://immunize.ca/sites/default/files/measles_sm_1_e.png">https://immunize.ca/sites/default/files/measles_sm_1_e.png</a> #measles #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation	Aujourd'hui : #VendrediContreLaDésinformation   L'huile de foie de morue est excellente si vous avez besoin de plus de vitamine D. Mais elle ne prévient absolument pas la rougeole. Le vaccin contre la rougeole le fera.   <a href="https://immunize.ca/sites/default/files/measles_sm_1_f.png">https://immunize.ca/sites/default/files/measles_sm_1_f.png</a> #rougeole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation
12:00	It's #FightMisinformationFriday!   To successfully counter vaccine misinformation, learn more about this Misinformation Tactic: The Straw Man Fallacy   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/the-straw-man-fallacy/">https://scienceupfirst.com/misinformation-101/the-straw-man-fallacy/</a> #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation	Aujourd'hui : #VendrediContreLaDésinformation!   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur cette Tactique de désinformation : Sophisme de l'épouvantail   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/sophisme-de-lepouvantail/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/sophisme-de-lepouvantail/?lang=fr</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation
18:00	Measles was and still is a big deal   ScienceUpFirst   <a href="https://scienceupfirst.com/public-health/measles-was-and-is-still-a-big-deal/">https://scienceupfirst.com/public-health/measles-was-and-is-still-a-big-deal/</a> #measles #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation #FightMisinformationFriday	La rougeole était et est toujours un problème important   LaScienceD'Abord   <a href="https://scienceupfirst.com/sante-publique/la-rougeole-etait-et-est-toujours-un-probleme-important/?lang=fr">https://scienceupfirst.com/sante-publique/la-rougeole-etait-et-est-toujours-un-probleme-important/?lang=fr</a> #rougeole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation #VendrediContreLaDésinformation
<b>18 July • le 18 juillet</b>		
10:00	Vaccines in pregnancy: What you need to know   Our factsheet is available in 14 languages! <a href="https://immunize.ca/pregnant-and-">https://immunize.ca/pregnant-and-</a>	Les vaccins pendant la grossesse : ce qu'il faut savoir   Notre feuillet de renseignements est disponible dans 14 langues!



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Time • heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">lactating-persons</a> #pregnancy #VaccinesWork #VaccinesSaveLives #GetImmunized	<a href="https://immunize.ca/fr/personnes-enceintes-et-allaitantes">https://immunize.ca/fr/personnes-enceintes-et-allaitantes</a> #grossesse #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
16:00	A measles infection can wipe out the immune system’s memory of previous infections. But there is a safe and effective way to prevent this! The measles vaccine   <a href="https://www.immunize.ca/sites/default/files/measles_sm_4_e.png">https://www.immunize.ca/sites/default/files/measles_sm_4_e.png</a> #measles #VaccinesWork #VaccinesSaveLives #GetImmunized	Une infection par la rougeole peut effacer la mémoire du système immunitaire concernant les maladies antérieures. Mais il existe un moyen sûr et efficace de prévenir cette situation! Le vaccin contre la rougeole   <a href="https://www.immunize.ca/sites/default/files/measles_sm_4_f.png">https://www.immunize.ca/sites/default/files/measles_sm_4_f.png</a> #rougeole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>19 July • le 19 juillet</b>		
10:00	What is varicella (chickenpox)?   <a href="https://www.immunize.ca/sites/default/files/varicella_poster4_web_e.pdf">https://www.immunize.ca/sites/default/files/varicella_poster4_web_e.pdf</a> #varicella #chickenpox #VaccinesWork #VaccinesSaveLives #GetImmunized	Qu’est-ce que la varicelle?   <a href="https://www.immunize.ca/sites/default/files/varicella_poster4_web_f.pdf">https://www.immunize.ca/sites/default/files/varicella_poster4_web_f.pdf</a> #varicelle #picote #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
16:00	Watch our short video   Dr. Vivien Brown: Three good reasons why you should protect yourself against chickenpox   <a href="https://www.youtube.com/shorts/DUxbBJd45Qw">https://www.youtube.com/shorts/DUxbBJd45Qw</a> #varicella #chickenpox #VaccinesWork #VaccinesSaveLives #GetImmunized	Regardez notre courte vidéo   Dre Vivien Brown : Trois raisons de se protéger contre la varicelle   <a href="https://www.youtube.com/shorts/pyzovscPpTo">https://www.youtube.com/shorts/pyzovscPpTo</a> #varicelle #picote #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>20 July • le 20 juillet</b>		
07:00	It’s #MythbustingMonday! Let’s tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/mbm_diphtheria_in_2_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/mbm_diphtheria_in_2_e.png</a> #diphtheria #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd’hui : #LundiAntiMythes! Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/mbm_diph_in_2f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/mbm_diph_in_2f.png</a> #diphthérie #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	Check out our new factsheet!   Japanese encephalitis: What you need to know   <a href="https://www.immunize.ca/sites/default/files/Japanese%20encephalitis%20Factsheet_Final_ENG.pdf">https://www.immunize.ca/sites/default/files/Japanese%20encephalitis%20Factsheet_Final_ENG.pdf</a> #JapaneseEncephalitis #MosquitoBorneIllness #VaccinesWork #VaccinesSaveLives #GetImmunized	Allez voir notre nouvelle fiche d’information!   L’encéphalite japonaise : ce qu’il faut savoir   <a href="https://www.immunize.ca/sites/default/files/Japanese%20encephalitis%20Factsheet_Final_FRE.pdf">https://www.immunize.ca/sites/default/files/Japanese%20encephalitis%20Factsheet_Final_FRE.pdf</a> #EncéphaliteJaponaise #MaladieTransmissibleParLesMoustiques #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	Check out our new factsheet!   Chikungunya: What you need to know   <a href="https://www.immunize.ca/sites/default/files/Chikungunya%20Factsheet_Final_ENG.pdf">https://www.immunize.ca/sites/default/files/Chikungunya%20Factsheet_Final_ENG.pdf</a> #chikungunya #MosquitoBorneIllness #VaccinesWork #VaccinesSaveLives #GetImmunized	Allez voir notre nouvelle fiche d’information!   Le chikungunya : ce qu’il faut savoir   <a href="https://www.immunize.ca/sites/default/files/Chikungunya%20Factsheet_Final_FRE.pdf">https://www.immunize.ca/sites/default/files/Chikungunya%20Factsheet_Final_FRE.pdf</a> #chikungunya #MaladieTransmissibleParLesMoustiques #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>21 July • le 21 juillet</b>		



**July 2026 • Social media calendar**  
**juillet 2026 • calendrier pour médias sociaux**

Time • heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
07:00	Don't Wait, Vaccinate! A Guide to Immunization for First Nations, Inuit and Métis Peoples and Communities   NCCIH   <a href="https://www.nccih.ca/Publications/lists/Publications/Guide-to-Immunization_EN_Web_2022-09-07.pdf">https://www.nccih.ca/Publications/lists/Publications/Guide-to-Immunization_EN_Web_2022-09-07.pdf</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	N'attendez pas, vaccinez! Un guide sur la vaccination chez les peuples et les communautés chez les Premières Nations, Inuits et Métis   CCNSA   <a href="https://www.ccnsa.ca/Publications/lists/Publications/NCCIH%20193%20-%20Guide-to-Immunization_FR-web.pdf">https://www.ccnsa.ca/Publications/lists/Publications/NCCIH%20193%20-%20Guide-to-Immunization_FR-web.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
08:00	A Parent's Guide to Vaccination   Public Health Agency of Canada   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/parent-guide-vaccination.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/parent-guide-vaccination.html</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Un guide de vaccination à l'intention des parents   Agence de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-vaccination-intention-parents.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-vaccination-intention-parents.html</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	A Teen's Guide to Vaccination   Public Health Agency of Canada   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/teens-meet-vaccines.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/teens-meet-vaccines.html</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Un guide de vaccination pour les ados   Agence de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/vaccins-allo-ados.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/vaccins-allo-ados.html</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	An Adult's Guide to Vaccination   Public Health Agency of Canada   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/just-kids-adult-guide-vaccination.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/just-kids-adult-guide-vaccination.html</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Un guide de vaccination pour les adultes   Agence de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/juste-enfants-guide-vaccination-adultes.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/juste-enfants-guide-vaccination-adultes.html</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>22 July • le 22 juillet</b>		
07:00	For health care professionals   The Canadian Immunization Conference will take place from 17-19 November 2026 in Toronto   Register: <a href="https://www.cpha.ca/cic2026-registration">https://www.cpha.ca/cic2026-registration</a>	Pour les professionnel·les de la santé   La Conférence canadienne sur l'immunisation aura lieu du 17 au 19 novembre 2026 à Toronto   Inscription : <a href="https://www.cpha.ca/fr/cci2026-inscriptions">https://www.cpha.ca/fr/cci2026-inscriptions</a>
12:00	For health care professionals   Pocket Guide for Immunizers: Pooled Polyclonal Immunoglobulin Products   <a href="https://www.immunize.ca/sites/default/files/passive_immunization_guide_web_e.pdf">https://www.immunize.ca/sites/default/files/passive_immunization_guide_web_e.pdf</a> #immunoglobulin	Pour les professionnel·les de la santé   Guide de poche pour les vaccinateurs et vaccinatrices : Les produits à base d'immunoglobulines polyclonales   <a href="https://www.immunize.ca/sites/default/files/passive_immunization_guide_web_f.pdf">https://www.immunize.ca/sites/default/files/passive_immunization_guide_web_f.pdf</a> #immunoglobulines
18:00	Pocket Guide for Immunizers: Meningococcal Vaccination   Immunize Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20%28PDFs%29/Products%20and%20Resources/Meningococcal/Pocket%20guide%20for%20immunizers/meningococcal_pocketguide_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20%28PDFs%29/Products%20and%20Resources/Meningococcal/Pocket%20guide%20for%20immunizers/meningococcal_pocketguide_web_e.pdf</a> #meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized	Guide de poche pour les vaccinateurs et vaccinatrices : Vaccination contre le méningocoque   Immunisation Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Pocket%20guide%20for%20immunizers/meningococcal_pocketguide_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Pocket%20guide%20for%20immunizers/meningococcal_pocketguide_web_f.pdf</a> #méningocoque #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner



July 2026 • Social media calendar  
juillet 2026 • calendrier pour médias sociaux

Time • heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>23 July • le 23 juillet</b>		
07:00	<p><b>#ThrowbackThursday</b>   We vaccinated because HPV. Time tested. Life saving. <b>#GetImmunized</b>   <a href="https://www.immunize.ca/sites/default/files/because-hpv-1-throwback-e.png">https://www.immunize.ca/sites/default/files/because-hpv-1-throwback-e.png</a> <b>#HPV #VaccinesWork #VaccinesSaveLives</b></p>	<p><b>#JeudiRétro</b>   C'était le VPH : nous nous sommes fait vacciner. Éprouvés. Sauveteurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-hpv-1-throwback-f.png">https://www.immunize.ca/sites/default/files/because-hpv-1-throwback-f.png</a> <b>#VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b></p>
12:00	<p>It's <b>#ThrowbackThursday!</b>   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Throwback%20Thursdays/tbt_gen_in_3_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Throwback%20Thursdays/tbt_gen_in_3_e.png</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b></p>	<p>Aujourd'hui : <b>#JeudiRétro!</b>   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Throwback%20Thursdays/tbt_gen_in_3_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Throwback%20Thursdays/tbt_gen_in_3_f.png</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b></p>
18:00	<p>Watch our video   Preventing invasive pneumococcal disease : Adults 18+ with underlying medical conditions and adults 65+   <a href="https://www.youtube.com/watch?v=wyUd3f0Gi74">https://www.youtube.com/watch?v=wyUd3f0Gi74</a> <b>#pneumococcal #VaccinesWork #VaccinesSaveLives #GetImmunized</b></p>	<p>Visionner notre vidéo   Prévention des infections pneumococciques invasives : Adultes de 18 ans et plus présentant des comorbidités et adultes de 65 ans et plus   <a href="https://www.youtube.com/watch?v=wyUd3f0Gi74">https://www.youtube.com/watch?v=wyUd3f0Gi74</a> (en anglais) <b>#pneumococcie #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b></p>
<b>24 July • le 24 juillet</b>		
07:00	<p>It's <b>#FightMisinformationFriday!</b>   To successfully counter vaccine misinformation, learn more about this Misinformer Tactic: Cherry Picking   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactic-cherry-picking/">https://scienceupfirst.com/misinformation-101/misinformer-tactic-cherry-picking/</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation</b></p>	<p>Aujourd'hui : <b>#VendrediContreLaDésinformation!</b>   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur cette Tactique de désinformation : Le picorage   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-le-picorage/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-le-picorage/?lang=fr</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation</b></p>
12:00	<p>It's <b>#FightMisinformationFriday!</b>   To successfully counter vaccine misinformation, learn more about this Misinformer Tactic: Rage Bait   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/the-oxford-word-of-2025-is-rage-bait/">https://scienceupfirst.com/misinformation-101/the-oxford-word-of-2025-is-rage-bait/</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation</b></p>	<p>Aujourd'hui : <b>#VendrediContreLaDésinformation!</b>   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur cette Tactique de désinformation « Rage bait » (appât à rage)   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/le-mot-de-lannee-2025-du-dictionnaire-doxford-rage-bait/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/le-mot-de-lannee-2025-du-dictionnaire-doxford-rage-bait/?lang=fr</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation</b></p>
18:00	<p>Seek reliable information from trusted sources. Immunize Canada is a Vaccine Safety Net member and has been verified by the World Health Organization. <a href="https://www.who.int/teams/regulation-prequalification/regulation-and-">https://www.who.int/teams/regulation-prequalification/regulation-and-</a></p>	<p>Recherchez des informations fiables auprès de sources dignes de confiance. Immunisation Canada est membre Réseau de sécurité des vaccins et a été vérifiée par l'Organisation mondiale de la Santé. <a href="https://www.who.int/teams/regulation-prequalification/regulation-and-">https://www.who.int/teams/regulation-prequalification/regulation-and-</a></p>



**July 2026 • Social media calendar**  
**juillet 2026 • calendrier pour médias sociaux**

Time • heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/VaccineSafetyNet">safety/pharmacovigilance/networks/vaccine-safety-net</a> #VaccinesWork #VaccinesSaveLives #GetImmunized #VSNVerified	<a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/VaccineSafetyNet">safety/pharmacovigilance/networks/vaccine-safety-net</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VSNVerified
<b>25 July • le 25 juillet</b>		
10:00	Let's go over what diphtheria is   Watch this short video from Immunize Canada   <a href="https://www.youtube.com/shorts/8-a8HGaGJq0">https://www.youtube.com/shorts/8-a8HGaGJq0</a> #diphtheria #VaccinesWork #VaccinesSaveLives #GetImmunized	Abordons ce que c'est la diphtérie   Visionnez cette courte vidéo créée par Immunisation Canada   <a href="https://www.youtube.com/shorts/xr6jgJY00dE">https://www.youtube.com/shorts/xr6jgJY00dE</a> #diphtérie #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
16:00	Got a minute? Watch our short video   Dr. Vivien Brown: Protect against polio   <a href="https://youtu.be/XRDwGttg9R4">https://youtu.be/XRDwGttg9R4</a> #polio #VaccinesWork #VaccinesSaveLives #GetImmunized	Vous avez une minute? Visionnez notre courte vidéo   Dre Vivien Brown : Protéger contre la polio   <a href="https://youtu.be/inmUKDeoUis">https://youtu.be/inmUKDeoUis</a> #polio #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>26 July • le 26 juillet</b>		
10:00	Meningococcal disease: Why are teens and young adults at higher risk for catching it?   Watch this short video from Immunize Canada   <a href="https://www.youtube.com/shorts/sV8hhR7TA3Y">https://www.youtube.com/shorts/sV8hhR7TA3Y</a> #meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized	La maladie à méningocoque : Pourquoi les ados et les jeunes adultes sont-ils à plus haut risque?   Visionnez notre courte video   <a href="https://www.youtube.com/shorts/yaSASzMmdwM">https://www.youtube.com/shorts/yaSASzMmdwM</a> #méningocoque #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
16:00	Spread the word. Are you protected against meningococcal type B (MenB)?   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/menb_ig_3_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/menb_ig_3_e.png</a> #meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized	Passez le mot. Êtes-vous protégé-e contre le méningocoque de type B (MenB)?   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/menb_ig_3_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/menb_ig_3_f.png</a> #méningocoque #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>27 July • le 27 juillet</b>		
07:00	It's <b>#MythbustingMonday!</b> Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/social%20media/mbm_pertussis_in_2_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/social%20media/mbm_pertussis_in_2_e.png</a> #pertussis #whoopingcough #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd'hui : <b>#LundiAntiMythes!</b> Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/social%20media/mbm_pertussis_in_2_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/social%20media/mbm_pertussis_in_2_f.png</a> #coqueluche #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	It's <b>#MythbustingMonday!</b> Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/social%20media/mbm_pertussis_in_1_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/social%20media/mbm_pertussis_in_1_e.png</a> #pertussis	Aujourd'hui : <b>#LundiAntiMythes!</b> Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/social%20media/mbm_pertussis_in_1_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/social%20media/mbm_pertussis_in_1_f.png</a> #coqueluche #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner



**July 2026 • Social media calendar**  
**juillet 2026 • calendrier pour médias sociaux**

Time • heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<b>#whoopingcough #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	
18:00	Watch this short video from ScienceUpFirst and Immunize Canada   Protecting against pertussis in pregnancy   <a href="https://www.youtube.com/shorts/WtQmdhlgYIY?feature=share">https://www.youtube.com/shorts/WtQmdhlgYIY?feature=share</a> <b>#pertussis #whoopingcough #pregnancy #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Visionnez cette courte vidéo créée par La Science d’Abord et Immunisation Canada   Protéger contre la coqueluche pendant la grossesse   <a href="https://www.youtube.com/shorts/9a_zoD6PRYs?feature=share">https://www.youtube.com/shorts/9a_zoD6PRYs?feature=share</a> <b>#coqueluche #grossesse #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
<b>28 July • le 28 juillet</b>		
07:00	We vaccinated because hepatitis A. Time tested. Life saving. <b>#GetImmunized</b>   <a href="https://www.immunize.ca/sites/default/files/because-hepatitis-a-throwback-e.png">https://www.immunize.ca/sites/default/files/because-hepatitis-a-throwback-e.png</a> <b>#hepatitis #VaccinesWork #VaccinesSaveLives #WorldHepatitisDay</b>	C’était l’hépatite A. Nous nous sommes fait vacciner. Éprouvés. Sauvateurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-hepatitis-a-throwback-f.png">https://www.immunize.ca/sites/default/files/because-hepatitis-a-throwback-f.png</a> <b>#hépatite #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldHepatitisDay #JournéeMondialeContreLHépatite</b>
08:00	We vaccinated because hepatitis B. Time tested. Life saving. <b>#GetImmunized</b>   <a href="https://www.immunize.ca/sites/default/files/because-hepatitis-b-throwback-e.png">https://www.immunize.ca/sites/default/files/because-hepatitis-b-throwback-e.png</a> <b>#hepatitis #VaccinesWork #VaccinesSaveLives #WorldHepatitisDay</b>	C’était l’hépatite B. Nous nous sommes fait vacciner. Éprouvés. Sauvateurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-hepatitis-b-throwback-f.png">https://www.immunize.ca/sites/default/files/because-hepatitis-b-throwback-f.png</a> <b>#hépatite #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldHepatitisDay #JournéeMondialeContreLHépatite</b>
09:00	Hepatitis A: What you need to know   an informative factsheet from Immunize Canada   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20A/hepatitis_a_factsheet_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20A/hepatitis_a_factsheet_web_e.pdf</a> <b>#hepatitis #VaccinesWork #VaccinesSaveLives #GetImmunized #WorldHepatitisDay</b>	L’hépatite A : ce qu’il faut savoir   un feuillet de renseignements informatif créé par Immunisation Canada   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20A/hepatitis_a_factsheet_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20A/hepatitis_a_factsheet_web_f.pdf</a> <b>#hépatite #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldHepatitisDay #JournéeMondialeContreLHépatite</b>
10:00	Hepatitis B: What you need to know   an informative factsheet from Immunize Canada   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_factsheet_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_factsheet_web_e.pdf</a> <b>#hepatitis #VaccinesWork #VaccinesSaveLives #GetImmunized #WorldHepatitisDay</b>	L’hépatite B : ce qu’il faut savoir   un feuillet de renseignements informatif créé par Immunisation Canada   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_factsheet_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_factsheet_web_f.pdf</a> <b>#hépatite #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldHepatitisDay #JournéeMondialeContreLHépatite</b>
11:00	DYK that hepatitis B infection can lead to severe complications, including liver damage, in children?	SVQ l’infection à l’hépatite B peut entraîner de complications graves, y compris les lésions hépatiques, chez les enfants?



**July 2026 • Social media calendar**  
**juillet 2026 • calendrier pour médias sociaux**

Time • heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/2023/hepb_children_in_2_e.jpg">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/2023/hepb_children_in_2_e.jpg</a> #hepatitis #VaccinesWork #VaccinesSaveLives #WorldHepatitisDay	<a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/2023/hepb_children_in_2_f.jpg">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/2023/hepb_children_in_2_f.jpg</a> #hépatite #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #WorldHepatitisDay #JournéeMondialeContreLHépatite
12:00	DYK that hepatitis B infection can lead to severe complications in adults?   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/2023/hepb_adults_in_1_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/2023/hepb_adults_in_1_e.jpg</a> #hepatitis #VaccinesWork #VaccinesSaveLives #GetImmunized #WorldHepatitisDay	SVQ l'infection à l'hépatite B peut entraîner de complications graves chez les adultes?   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/2023/hepb_adults_in_1_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/2023/hepb_adults_in_1_f.jpg</a> #hépatite #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldHepatitisDay #JournéeMondialeContreLHépatite
13:00	We vaccinate because hepatitis A   <a href="https://www.immunize.ca/sites/default/files/because-hepatitis-a-e.png">https://www.immunize.ca/sites/default/files/because-hepatitis-a-e.png</a> #hepatitis #VaccinesWork #VaccinesSaveLives #GetImmunized #WorldHepatitisDay	Nous nous faisons vacciner parce que c'est l'hépatite A   <a href="https://www.immunize.ca/sites/default/files/because-hepatitis-a-f.png">https://www.immunize.ca/sites/default/files/because-hepatitis-a-f.png</a> #hépatite #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldHepatitisDay #JournéeMondialeContreLHépatite
14:00	We vaccinate because hepatitis B   <a href="https://www.immunize.ca/sites/default/files/because-hepatitis-b-e.png">https://www.immunize.ca/sites/default/files/because-hepatitis-b-e.png</a> #hepatitis #VaccinesWork #VaccinesSaveLives #GetImmunized #WorldHepatitisDay	Nous nous faisons vacciner parce que c'est l'hépatite B   <a href="https://www.immunize.ca/sites/default/files/because-hepatitis-b-f.png">https://www.immunize.ca/sites/default/files/because-hepatitis-b-f.png</a> #hépatite #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldHepatitisDay #JournéeMondialeContreLHépatite
15:00	What is hepatitis A?   <a href="https://www.immunize.ca/sites/default/files/hepatitis_a_poster3_web_e.pdf">https://www.immunize.ca/sites/default/files/hepatitis_a_poster3_web_e.pdf</a> #hepatitis #VaccinesWork #VaccinesSaveLives #GetImmunized #WorldHepatitisDay	Qu'est-ce que l'hépatite A?   <a href="https://www.immunize.ca/sites/default/files/hepatitis_a_poster3_web_f.pdf">https://www.immunize.ca/sites/default/files/hepatitis_a_poster3_web_f.pdf</a> #hépatite #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldHepatitisDay #JournéeMondialeContreLHépatite
16:00	What is hepatitis B?   <a href="https://www.immunize.ca/sites/default/files/hepatitis_b_poster2_web_e.pdf">https://www.immunize.ca/sites/default/files/hepatitis_b_poster2_web_e.pdf</a> #hepatitis #VaccinesWork #VaccinesSaveLives #GetImmunized #WorldHepatitisDay	Qu'est-ce que l'hépatite B?   <a href="https://www.immunize.ca/sites/default/files/hepatitis_b_poster2_web_f.pdf">https://www.immunize.ca/sites/default/files/hepatitis_b_poster2_web_f.pdf</a> #hépatite #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #WorldHepatitisDay #JournéeMondialeContreLHépatite
18:00	Planning a trip?   #GetImmunized against hepatitis A and B   Watch this sort video with Dr. Vivien Brown   <a href="https://www.youtube.com/shorts/6BQvPx4VFml">https://www.youtube.com/shorts/6BQvPx4VFml</a> #hepatitis #VaccinesWork #VaccinesSaveLives #WorldHepatitisDay	Vous planifiez un voyage?   #FaitesVousVacciner contre l'hépatite A et l'hépatite B   une courte vidéo avec Dre Vivien Brown   <a href="https://www.youtube.com/shorts/p4iv6O4slhY">https://www.youtube.com/shorts/p4iv6O4slhY</a> #hépatite #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #WorldHepatitisDay #JournéeMondialeContreLHépatite
29 July • le 29 juillet		



**July 2026 • Social media calendar**  
**juillet 2026 • calendrier pour médias sociaux**

Time • heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
07:00	For health care professionals   How to recommend vaccines to patients who are breastfeeding   <a href="https://www.youtube.com/watch?v=r12NArtgZ8">https://www.youtube.com/watch?v=r12NArtgZ8</a> <b>#breastfeeding #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Pour les professionnel·les de la santé   Comment recommander des vaccins pour les patientes qui allaitent   <a href="https://www.youtube.com/watch?v=wJztYVojFCw">https://www.youtube.com/watch?v=wJztYVojFCw</a> <b>#allaitement #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
12:00	For health care professionals   Pocket Guide for Immunizers: <b>#Measles, #Mumps, and #Rubella</b> Vaccination   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_e.pdf</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Pour les professionnel·les de la santé   Guide de poche pour vaccinateurs et vaccinatrices : Vaccination contre la <b>#rougeole</b> , la <b>#rubéole</b> et les <b>#oreillons</b>   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_f.pdf</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
18:00	Communicating effectively about immunization: Canadian Immunization Guide   Public Health Agency of Canada   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/canadian-immunization-guide-part-1-key-immunization-information/page-5-communicating-effectively-immunization.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/canadian-immunization-guide-part-1-key-immunization-information/page-5-communicating-effectively-immunization.html</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Communication efficace concernant l'immunisation : Guide canadien d'immunisation   Agence de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-canadien-immunisation-partie-1-information-cle-immunisation/page-5-communication-efficace-concernant-immunisation.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-canadien-immunisation-partie-1-information-cle-immunisation/page-5-communication-efficace-concernant-immunisation.html</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
<b>30 July • le 30 juillet</b>		
07:00	<b>#ThrowbackThursday</b>   We vaccinated because measles. Time tested. Life saving. <b>#GetImmunized</b>   <a href="https://www.immunize.ca/sites/default/files/because-measles-throwback-e.png">https://www.immunize.ca/sites/default/files/because-measles-throwback-e.png</a> <b>#measles #VaccinesWork #VaccinesSaveLives</b>	<b>#JeudiRétro</b>   C'était la rougeole : nous nous sommes fait vacciner. Éprouvés. Sauvateurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-measles-throwback-f.png">https://www.immunize.ca/sites/default/files/because-measles-throwback-f.png</a> <b>#rougeole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
12:00	<b>#ThrowbackThursday</b>   We vaccinated because mumps. Time tested. Life saving. <b>#GetImmunized</b>   <a href="https://www.immunize.ca/sites/default/files/because-mumps-throwback-e.png">https://www.immunize.ca/sites/default/files/because-mumps-throwback-e.png</a> <b>#mumps #VaccinesWork #VaccinesSaveLives</b>	<b>#JeudiRétro</b>   C'était les oreillons : nous nous sommes fait vacciner. Éprouvés. Sauvateurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-mumps-throwback-f.png">https://www.immunize.ca/sites/default/files/because-mumps-throwback-f.png</a> <b>#oreillons #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
18:00	<b>#ThrowbackThursday</b>   I vaccinated because rubella. Time tested. Life saving. <b>#GetImmunized</b>   <a href="https://www.immunize.ca/sites/default/files/because-rubella-throwback-e.png">https://www.immunize.ca/sites/default/files/because-rubella-throwback-e.png</a> <b>#rubella #VaccinesWork #VaccinesSaveLives</b>	<b>#JeudiRétro</b>   C'était la rubéole : je me suis fait vacciner. Éprouvés. Sauvateurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-rubella-throwback-f.png">https://www.immunize.ca/sites/default/files/because-rubella-throwback-f.png</a> <b>#rubéole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
<b>31 July • le 31 juillet</b>		



**July 2026 • Social media calendar**  
**juillet 2026 • calendrier pour médias sociaux**

Time • heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
07:00	It's <b>#FightMisinformationFriday!</b>   To successfully counter vaccine misinformation, learn more about this Misinformer Tactic: Impersonation   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactics-impersonation/">https://scienceupfirst.com/misinformation-101/misinformer-tactics-impersonation/</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation</b>	Aujourd'hui : <b>#VendrediContreLaDésinformation!</b>   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur cette Tactique de désinformation : L'imposture   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-lusurpation-didentite/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-lusurpation-didentite/?lang=fr</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation</b>
12:00	It's <b>#FightMisinformationFriday!</b>   To successfully counter vaccine misinformation, learn more about the Misinformer Tactic: Doubt Mongering   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactic-doubt-mongering/">https://scienceupfirst.com/misinformation-101/misinformer-tactic-doubt-mongering/</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation</b>	Aujourd'hui : <b>#VendrediContreLaDésinformation!</b>   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur cette Tactique de désinformation : Semer le doute   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-semer-le-doute/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-semer-le-doute/?lang=fr</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation</b>
18:00	Tomorrow, National Immunization Awareness Month begins! Check out our resources promoting the benefits of immunization   <a href="https://www.immunize.ca/niam">https://www.immunize.ca/niam</a> <b>#NIAM2026 #TheTimeIsNow #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Le Mois national de sensibilisation à la vaccination commence demain! Allez voir nos ressources sur les avantages de la vaccination   <a href="https://www.immunize.ca/fr/naim">https://www.immunize.ca/fr/naim</a> <b>#NIAM2026 #MNSV2026 #LHeureEstVenue #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>