



## Social media calendar • September 2019 Calendrier pour médias sociaux • septembre 2019

### FACEBOOK & TWITTER

Hashtags • mots-clics :

#GetImmunized #FluShot #pneumococcal  
#FaitesVousVacciner #vaccinantigrippal #pneumocoque

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>01 September • le 1<sup>er</sup> septembre</b>		
7:00	Check your province or territory's routine immunization schedule, to be sure your children's immunizations are up to date: <a href="https://www.canada.ca/en/public-health/services/provincial-territorial-immunization-information.html">https://www.canada.ca/en/public-health/services/provincial-territorial-immunization-information.html</a> <b>#GetImmunized</b>	Consulter le calendrier de vaccination pour votre province ou territoire, pour vous assurer que les vaccinations de vos enfants sont à jour : <a href="https://www.canada.ca/fr/sante-publique/services/renseignements-immunisation-provinces-et-territoires.html">https://www.canada.ca/fr/sante-publique/services/renseignements-immunisation-provinces-et-territoires.html</a> <b>#FaitesVousVacciner</b>
12:00	Back to school! Are your children's immunizations up to date? <a href="https://immunize.ca/recommended-immunizations-children">https://immunize.ca/recommended-immunizations-children</a> <b>#GetImmunized</b>	Retour à l'école! Est-ce que les vaccinations de vos enfants sont à jour? <a href="https://immunize.ca/fr/vaccins-recommandes-enfants">https://immunize.ca/fr/vaccins-recommandes-enfants</a> <b>#FaitesVousVacciner</b>
<b>02 September • le 2 septembre</b>		
7:00	Immunization: Get the Facts!   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/Brochure/Immunization%20Get%20the%20Facts/2017/immunization_get_the_facts_2017_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/Brochure/Immunization%20Get%20the%20Facts/2017/immunization_get_the_facts_2017_e.pdf</a> <b>#GetImmunized</b>	La vaccination : informez-vous!   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/Brochure/Immunization%20Get%20the%20Facts/2017/immunization_get_the_facts_2017_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/Brochure/Immunization%20Get%20the%20Facts/2017/immunization_get_the_facts_2017_f.pdf</a> <b>#FaitesVousVacciner</b>
12:00	Consult our glossary of immunization-related terms   @ImmunizedotCa   <a href="https://immunize.ca/glossary-terms">https://immunize.ca/glossary-terms</a> <b>#GetImmunized</b>	Consultez notre glossaire au sujet de l'immunisation   @ImmunizedotCa   <a href="https://immunize.ca/fr/glossaire">https://immunize.ca/fr/glossaire</a> <b>#FaitesVousVacciner</b>
<b>03 September • le 3 septembre</b>		
7:00	Starting college, university, or a new job? Make sure your immunizations are up to date!   @ImmunizedotCa   <a href="https://immunize.ca/adults">https://immunize.ca/adults</a>   <b>#GetImmunized</b>	Vous commencez vos études au collège ou à l'université – ou vous avez accepté un nouvel emploi? Assurez-vous que vos vaccinations sont à jour.   @ImmunizedotCa   <a href="https://immunize.ca/fr/les-adultes">https://immunize.ca/fr/les-adultes</a> <b>#FaitesVousVacciner</b>
12:00	Immunization protects individuals & communities by preventing the spread of disease. As more people are immunized, the disease risk for everyone is reduced.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/Brochure/Immunization%20Get%20the%20Facts/2017/immunization_get_the_facts_2017_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/Brochure/Immunization%20Get%20the%20Facts/2017/immunization_get_the_facts_2017_e.pdf</a>	La vaccination protège les personnes et les communautés en prévenant la propagation des maladies. Quand plus de gens se font vacciner, le risque de contracter une maladie diminue pour tout le monde.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/Brochure/Immunization%20Get%20the%20Facts/2017/immunization_get_the_facts_2017_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/Brochure/Immunization%20Get%20the%20Facts/2017/immunization_get_the_facts_2017_f.pdf</a>



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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">t%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_web_e.jpg</a> <b>#GetImmunized</b>	<a href="#">ploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_web_f.jpg</a> <b>#FaitesVousVacciner</b>
<b>04 September • le 4 septembre</b>		
7:00	Health care professionals – stay up to date & subscribe to our e-newsletter, Immunize Canada Bulletin, here: <a href="https://immunize.ca/subscribe-our-newsletter">https://immunize.ca/subscribe-our-newsletter</a>   @ImmunizedotCa   <b>#GetImmunized</b>	Les professionnels de la santé : restez au courant et abonnez-vous à notre cyberbulletin, Bulletin Immunisation Canada, ici - <a href="https://immunize.ca/fr/abonnez-vous-notre-bulletin">https://immunize.ca/fr/abonnez-vous-notre-bulletin</a>   @ImmunizedotCa   <b>#FaitesVousVacciner</b>
12:00	2019-2020 Influenza Immunization Pocket Guide for Health Care Providers   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	La vaccination antigrippale : Guide de poche à l'intention des vaccinateurs pour 2019-2020   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
<b>05 September • le 5 septembre</b>		
7:00	Books for children about immunization   @ImmunizedotCa   <a href="https://immunize.ca/childrens-books">https://immunize.ca/childrens-books</a> <b>#GetImmunized</b>	Livres pour enfants, au sujet de la vaccination   @ImmunizedotCa   <a href="https://immunize.ca/fr/livres-pour-enfants">https://immunize.ca/fr/livres-pour-enfants</a> <b>#FaitesVousVacciner</b>
12:00	Guide for parents: Reduce the pain of vaccination in children & teens   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_kidsandteens_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_kidsandteens_web_e.pdf</a> <b>#GetImmunized</b>	Guide parental : Pour réduire la douleur de la vaccination chez les enfants & les ados   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_kidsandteens_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_kidsandteens_web_f.pdf</a> <b>#FaitesVousVacciner</b>
<b>06 September • le 6 septembre</b>		
7:00	Learn about the benefits of immunization!   @ImmunizedotCa   <a href="https://immunize.ca/learn-about-immunization">https://immunize.ca/learn-about-immunization</a> <b>#GetImmunized</b>	Renseignez-vous sur la vaccination et ses bénéfices   @ImmunizedotCa   <a href="https://immunize.ca/fr/renseignez-vous-sur-la-vaccination">https://immunize.ca/fr/renseignez-vous-sur-la-vaccination</a> <b>#FaitesVousVacciner</b>
12:00	Check out @GovCanHealth's infographic: Vaccines Work! <a href="https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/healthy-living/vaccines-work-infographic/pub-eng.pdf">https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/healthy-living/vaccines-work-infographic/pub-eng.pdf</a> <b>#GetImmunized</b>	Allez voir l'infographie créée par @GouvCanSante : Les vaccins fonctionnent! <a href="https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/healthy-living/vaccines-work-infographic/pub-fra.pdf">https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/healthy-living/vaccines-work-infographic/pub-fra.pdf</a> <b>#FaitesVousVacciner</b>



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<b>07 September • le 7 septembre</b>		
7:00	Check out Immunize Canada’s YouTube channel for great immunization-related videos!   @ImmunizedotCa   <a href="https://www.youtube.com/user/ImmunizeCanada">https://www.youtube.com/user/ImmunizeCanada</a> <b>#GetImmunized</b>	Allez voir notre chaîne YouTube pour voir d’excellentes vidéos au sujet de la vaccination!   @ImmunizedotCa   <a href="https://www.youtube.com/user/ImmunizeCanada">https://www.youtube.com/user/ImmunizeCanada</a> <b>#FaitesVousVacciner</b>
12:00	Looking for your immunization record? Here are some helpful tips from @ImmunizedotCa   <a href="https://immunize.ca/tips-locating-old-immunization-records">https://immunize.ca/tips-locating-old-immunization-records</a> <b>#GetImmunized</b>	Vous cherchez votre dossier d’immunisation? Voici des conseils pour vous aider à les localiser.   @ImmunizedotCa   <a href="https://immunize.ca/fr/conseils-pour-localiser-vos-dossiers-dimmunisation">https://immunize.ca/fr/conseils-pour-localiser-vos-dossiers-dimmunisation</a> <b>#FaitesVousVacciner</b>
<b>08 September • le 8 septembre</b>		
7:00	Health care professionals: Download & use @ImmunizedotCa’s ‘Tdap immunization during pregnancy: pocket guide for immunizers’. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_pocket_guide_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_pocket_guide_2018_web_e.pdf</a> <b>#GetImmunized</b>	Les professionnels de la santé : Téléchargez et utilisez notre ressource - L’administration du vaccin dcaT pendant la grossesse : Guide de poche à l’intention des vaccinateurs. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_pocketguide_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_pocketguide_2018_web_f.pdf</a> <b>#FaitesVousVacciner</b>
12:00	Health care professionals : Download & consult @ImmunizedotCa’s ‘Pocket Guide for Immunizers: Pneumococcal Vaccination in Adults’   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Pocket%20Guide/2019/pneumo_pocketguide_2019_adult_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Pocket%20Guide/2019/pneumo_pocketguide_2019_adult_e.pdf</a> <b>#GetImmunized</b>	Les professionnels de la santé : Téléchargez et consultez notre Guide de poche pour les vaccinateurs : Vaccin contre le pneumocoque chez l’adulte   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Pocket%20Guide/2019/pneumo_pocketguide_2019_adult_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Pocket%20Guide/2019/pneumo_pocketguide_2019_adult_f.pdf</a> <b>#FaitesVousVacciner</b>
<b>09 September • le 9 septembre</b>		
7:00	How Vaccines Work   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_e.jpg</a> <b>#GetImmunized</b>	Comment fonctionnent les vaccins?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_f.jpg</a> <b>#FaitesVousVacciner</b>
12:00	What is ‘community immunity’?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/what_is_community_immunity_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/what_is_community_immunity_web_e.pdf</a>	Qu’est-ce que « l’immunité collective »?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/what_is_community_immunity_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/what_is_community_immunity_web_f.pdf</a>

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">t%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_web_e.jpg</a> <b>#GetImmunized</b>	<a href="#">ploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_web_f.jpg</a> <b>#FaitesVousVacciner</b>
<b>10 September • le 10 septembre</b>		
7:00	Meet Immunize Canada! All about us: <a href="https://immunize.ca/about-us">https://immunize.ca/about-us</a> <b>#GetImmunized</b>	Immunisation Canada : qui sommes-nous? <a href="https://immunize.ca/fr/propos-de-nous">https://immunize.ca/fr/propos-de-nous</a> <b>#FaitesVousVacciner</b>
12:00	On our website, you'll find answers to commonly asked questions about immunization.   @ImmunizedotCa   <a href="https://immunize.ca/fr/questions-et-reponses">https://immunize.ca/fr/questions-et-reponses</a> <b>#GetImmunized</b>	Vous trouverez sur notre site Web des réponses à des questions fréquemment posés au sujet de la vaccination.   @ImmunizedotCa   <a href="https://immunize.ca/fr/questions-et-reponses">https://immunize.ca/fr/questions-et-reponses</a> <b>#FaitesVousVacciner</b>
<b>11 September • le 11 septembre</b>		
7:00	Health care providers can positively influence vaccine acceptance. Immunize Canada provides resources for health care providers to assist them in counselling the public. <a href="https://immunize.ca/counselling-public">https://immunize.ca/counselling-public</a> <b>#GetImmunized</b>	Le personnel soignant peut exercer une influence positive sur l'acceptation des vaccins. Immunisation Canada propose aux professionnels de la santé des ressources por leur aider avec leurs conseils au grand public. <a href="https://immunize.ca/fr/conseils-au-grand-public">https://immunize.ca/fr/conseils-au-grand-public</a> <b>#FaitesVousVacciner</b>
12:00	Health care professionals: Download & use @ImmunizedotCa's 'Tdap immunization during pregnancy: pocket guide for immunizers'. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_pocket_guide_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_pocket_guide_2018_web_e.pdf</a> <b>#GetImmunized</b>	Les professionnels de la santé : Téléchargez et utilisez notre ressource - L'administration du vaccin dcaT pendant la grossesse : Guide de poche à l'intention des vaccinateurs. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_pocketguide_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_pocketguide_2018_web_f.pdf</a> <b>#FaitesVousVacciner</b>
<b>12 September • le 12 septembre</b>		
7:00	Guide for parents: Reduce the pain of vaccination in children under 3 years   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_under3_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_under3_web_e.pdf</a> <b>#GetImmunized</b>	Guide parental : Pour réduire la douleur de la vaccination chez les enfants de moins de 3 ans   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_under3_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_under3_web_f.pdf</a> <b>#FaitesVousVacciner</b>
12:00	Parents: Use the personalized vaccination schedule tool to find out when your child needs to be vaccinated, which vaccine your child will receive, and what the vaccine protects them against	Les parents : Utiliser le calendrier de vaccination personnalisé. Il vous indiquera à quel moment faire vacciner votre enfant dans votre province ou territoire, quel vaccin votre enfant recevra et contre quelles maladies il

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	<a href="https://www.healthycanadians.gc.ca/apps/vaccination-schedule/index-eng.php">https://www.healthycanadians.gc.ca/apps/vaccination-schedule/index-eng.php</a> <b>#GetImmunized</b>	protège   <a href="https://www.canadiensensante.gc.ca/apps/vaccination-schedule/index-fra.php">https://www.canadiensensante.gc.ca/apps/vaccination-schedule/index-fra.php</a> <b>#FaitesVousVacciner</b>
<b>13 September • le 13 septembre</b>		
7:00	Lower your flu risk. Immunization against influenza is recommended for everyone 6 months of age and older, especially people at high risk of influenza-related complications. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Diminuez votre risque d'attraper la grippe. On recommande la vaccination contre l'influenza à toute personne âgée de 6 mois et plus, particulièrement les personnes à risque élevé de complications liées à l'influenza <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
12:00	Look for credible sources of immunization information on the Internet. Here are some tips: <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/Information%20Sheet/Immunization%20Information%20on%20the%20Internet/2017/imm_info_internet_2017_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/Information%20Sheet/Immunization%20Information%20on%20the%20Internet/2017/imm_info_internet_2017_e.pdf</a> <b>#GetImmunized</b>	Cherchez des sources crédibles d'information sur la vaccination sur Internet. Voici des trucs : <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/Information%20Sheet/Immunization%20Information%20on%20the%20Internet/2017/imm_info_internet_2017_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/Information%20Sheet/Immunization%20Information%20on%20the%20Internet/2017/imm_info_internet_2017_f.pdf</a> <b>#FaitesVousVacciner</b>
<b>14 September • le 14 septembre</b>		
7:00	Pertussis. Contagious. Preventable. Immunization against pertussis during pregnancy is safe and helps reduce the risk of disease in infants. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_poster_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_poster_2018_web_e.pdf</a> <b>#GetImmunized</b>	La coqueluche. Contagieuse. Évitable. La vaccination contre la coqueluche pendant la grossesse est sûre, et aide à diminuer le risque de la maladie chez les nourrissons. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_poster_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_poster_2018_web_f.pdf</a> <b>#FaitesVousVacciner</b>
12:00	A Parent's Guide to Vaccination   available in 13 languages from @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/parent-guide-vaccination.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/parent-guide-vaccination.html</a> <b>#GetImmunized</b>	Guide sur la vaccination à l'intention des parents   disponible dans 13 langues   @GovCanHealth   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-vaccination-intention-parents.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-vaccination-intention-parents.html</a> <b>#FaitesVousVacciner</b>
<b>15 September • le 15 septembre</b>		

## Social media calendar • September 2019

### Calendrier pour médias sociaux • septembre 2019

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
7:00	Read. Learn. Understand. A Parent's Decision to Immunize   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_e.pdf</a> <b>#GetImmunized</b>	Lire. Apprendre. Comprendre. La décision parentale de faire vacciner ses enfants   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf</a> <b>#FaitesVousVacciner</b>
12:00	Check out Immunize Canada's new Vaccine Safety infographic!   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_e.pdf</a> <b>#GetImmunized</b>	Allez voir notre nouvelle infographie au sujet de la sécurité des vaccins!   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_f.pdf</a> <b>#FaitesVousVacciner</b>
<b>16 September • le 16 septembre</b>		
7:00	Protect yourself from pneumococcal disease. <b>#GetImmunized.</b>   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_e.pdf</a> <b>#GetImmunized</b>	Protégez-vous contre la maladie à pneumocoque. <b>#FaitesVousVacciner.</b>   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_f.pdf</a>
12:00	The <b>#FluShot</b> saves lives! Find out how at <a href="https://immunize.ca/influenza-campaign">https://immunize.ca/influenza-campaign</a>   @ImmunizedotCa   <b>#GetImmunized</b>	Le <b>#vaccinantigrippal</b> sauve des vies! Apprenez comment sur <a href="https://immunize.ca/fr/campagne-influenza">https://immunize.ca/fr/campagne-influenza</a>   @ImmunizedotCa   <b>#FaitesVousVacciner</b>
<b>17 September • le 17 septembre</b>		
7:00	Flu season is just around the corner! Lower your flu risk with the <b>#FluShot. #GetImmunized.</b> <a href="https://www.youtube.com/watch?v=2pkuL2aABqo">https://www.youtube.com/watch?v=2pkuL2aABqo</a>	La saison de la grippe est à nos portes! Diminuez votre risque d'attraper la grippe avec le <b>#vaccinantigrippal. #FaitesVousVacciner.</b> <a href="https://www.youtube.com/watch?v=4699llgElqQ">https://www.youtube.com/watch?v=4699llgElqQ</a>
12:00	2019-2020 Influenza Immunization Pocket Guide for Health Care Providers   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	La vaccination antigrippale : Guide de poche à l'intention des vaccinateurs pour 2019-2020   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
<b>18 September • le 18 septembre</b>		

Social media calendar • September 2019  
Calendrier pour médias sociaux • septembre 2019

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
7:00	For health care professionals   Immunization of the immunocompromised child: Key principles   @CanPaedSociety Practice Point   <a href="https://www.cps.ca/en/documents/position/immunization-of-the-immunocompromised-child-key-principles">https://www.cps.ca/en/documents/position/immunization-of-the-immunocompromised-child-key-principles</a> <b>#GetImmunized</b>	Pour les professionnels de la santé   L'immunisation de l'enfant immunodéprimé : les principes fondamentaux   Point de pratique de la @SocCanPediatrie   <a href="https://www.cps.ca/fr/documents/position/limmunisation-de-lenfant-immunodeprime">https://www.cps.ca/fr/documents/position/limmunisation-de-lenfant-immunodeprime</a> <b>#FaitesVousVacciner</b>
12:00	For health care professionals: Download and consult our pocket guide for immunizers on pneumococcal immunization in children   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Pocket%20guide/pneu_pocketguide_child_2017_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Pocket%20guide/pneu_pocketguide_child_2017_web_e.pdf</a> <b>#GetImmunized</b>	Pour les professionnels de la santé : Téléchargez et utilisez notre guide de poche pour les vaccinateurs – Vaccin contre le pneumocoque chez l'enfant   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Pocket%20guide/pneu_pocketguide_child_2017_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Pocket%20guide/pneu_pocketguide_child_2017_web_f.pdf</a> <b>#FaitesVousVacciner</b>
<b>19 September • le 19 septembre</b>		
7:00	Influenza prevention in people with asthma   @ImmunizedotCa infographic   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_asthma_prev_2019_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_asthma_prev_2019_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	La prévention de la grippe chez les personnes qui ont l'asthme   infographie de @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_asthma_prev_2019_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_asthma_prev_2019_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
12:00	Health care professionals: The Canadian Immunization Guide Chapter on Influenza & Statement on Seasonal Influenza Vaccine for 2019-2020: <a href="https://www.canada.ca/en/public-health/services/publications/vaccines-immunization/canadian-immunization-guide-statement-seasonal-influenza-vaccine-2019-2020.html">https://www.canada.ca/en/public-health/services/publications/vaccines-immunization/canadian-immunization-guide-statement-seasonal-influenza-vaccine-2019-2020.html</a> <b>#FluShot #GetImmunized</b>	Professionnels de la santé : Chapitre sur la grippe du Guide canadien d'immunisation et Déclaration sur la vaccination antigrippale pour la saison 2019-2020 : <a href="https://www.canada.ca/fr/sante-publique/services/publications/vaccins-immunisation/guide-canadien-immunisation-declaration-vaccination-antigrippale-2019-2020.html">https://www.canada.ca/fr/sante-publique/services/publications/vaccins-immunisation/guide-canadien-immunisation-declaration-vaccination-antigrippale-2019-2020.html</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
<b>20 September • le 20 septembre</b>		
7:00	Info on influenza from the Public Health Agency of Canada   @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/diseases/flu-influenza.html">https://www.canada.ca/en/public-health/services/diseases/flu-influenza.html</a> <b>#FluShot #GetImmunized</b>	Infos sur la grippe de l'Agence de la santé publique du Canada   @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/maladies/grippe-influenza.html">https://www.canada.ca/fr/sante-publique/services/maladies/grippe-influenza.html</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>

**Social media calendar • September 2019**  
**Calendrier pour médias sociaux • septembre 2019**

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
12:00	HPV Prevention Week takes place from 01-07 October! It's international! <b>#CANADAvsHPV #HPVPW19 #GetImmunized</b>	La Semaine de prévention du VPH aura lieu du 1 <sup>er</sup> au 7 octobre – c'est internationale! <b>#CANADAvsVPH #SDPVPH19 #FaitesVousVacciner</b>
<b>21 September • le 21 septembre</b>		
7:00	Video for Canadian pharmacists   Intramuscular & subcutaneous injections: A guide for pharmacists   <a href="https://youtu.be/5axQQpTzxAE">https://youtu.be/5axQQpTzxAE</a> <b>#GetImmunized</b>	Vidéo pour les pharmaciens canadiens   Injections intramusculaires et sous-cutanées : Guide à l'intention des pharmaciens   <a href="https://youtu.be/ijcEANlgrUw">https://youtu.be/ijcEANlgrUw</a> <b>#FaitesVousVacciner</b>
12:00	Lower your child's flu risk. Immunization against influenza is recommended for all children 6 to 59 months of age.   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster4_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster4_2018_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Diminuez le risque de la grippe chez votre enfant. On recommande la vaccination contre l'influenza à tout enfant âgé d'entre 6 mois et 59 mois.   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster4_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster4_2018_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
<b>22 September • le 22 septembre</b>		
7:00	For health care professionals: Refrigerator and Freezer Vaccine Storage Guidelines   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Storage%20and%20Handling/Immunize%20Canada%20Guide/2016/vaccine_storage_guidelines_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Storage%20and%20Handling/Immunize%20Canada%20Guide/2016/vaccine_storage_guidelines_e.pdf</a>	Pour les professionnels de la santé : Lignes directrices pour l'entreposage des vaccins dans les réfrigérateurs et les congélateurs   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Storage%20and%20Handling/Immunize%20Canada%20Guide/2016/vaccinestorage_guidelines_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Storage%20and%20Handling/Immunize%20Canada%20Guide/2016/vaccinestorage_guidelines_f.pdf</a>
12:00	Lower your child's flu risk. Talk to your doctor, nurse, pharmacist or local public health office about immunizing your child/teen against influenza. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Diminuez le risque de la grippe chez votre enfant. Parlez à votre médecin, infirmière, pharmacien ou votre bureau de santé publique pour faire vacciner votre enfant/ado contre la grippe. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
<b>23 September • le 23 septembre</b>		
7:00	Could you be at risk for hepatitis B? Talk to your doctor, nurse, pharmacist, or local public health unit and ask about Hep B immunization.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HepB/HepB_Immune%20Checklist%20e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HepB/HepB_Immune%20Checklist%20e.pdf</a>	Pourriez-vous être à risque pour l'hépatite B? Parlez avec votre médecin, votre infirmière, votre pharmacien ou votre bureau local de santé publique pour demander la vaccination contre l'hépatite B.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HepB/HepB_Immune%20Checklist%20f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HepB/HepB_Immune%20Checklist%20f.pdf</a>



Social media calendar • September 2019  
Calendrier pour médias sociaux • septembre 2019

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">t%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_2018_adult_web_e.jpg</a> <b>#GetImmunized</b>	<a href="#">ploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_2018_adult_web_f.jpg</a> <b>#FaitesVousVacciner</b>
12:00	Read. Learn. Understand. False claims about homeopathic nosodes   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Nosodes/homeopathic_nosodes_questions_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Nosodes/homeopathic_nosodes_questions_e.pdf</a> <b>#GetImmunized</b>	Lire. Apprendre. Comprendre. Les fausses allégations au sujet des nosodes homéopathiques   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Nosodes/homeopathic_nosodes_questions_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Nosodes/homeopathic_nosodes_questions_f.pdf</a> <b>#FaitesVousVacciner</b>
<b>24 September • le 24 septembre</b>		
7:00	If you are pregnant, lower your flu risk. <b>#GetImmunized</b> this fall.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster3_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster3_2018_web_e.pdf</a> <b>#FluShot</b>	Si vous êtes enceinte, diminuez votre risque d'attraper la grippe. Cet automne, <b>#FaitesVousVacciner</b> .   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster3_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster3_2018_web_f.pdf</a> <b>#vaccinantigrippal</b>
12:00	2019-2020 Influenza Immunization Pocket Guide for Health Care Providers   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	La vaccination antigrippale : Guide de poche à l'intention des vaccinateurs pour 2019-2020   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
<b>25 September • le 25 septembre</b>		
7:00	Age 16 to 25? Lower your flu risk. <b>#GetImmunized</b> .   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_e.pdf</a> <b>#FluShot</b>	Âgé/e d'entre 16 et 25 ans? Diminuez votre risque d'attraper la grippe. <b>#FaitesVousVacciner</b> .   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_f.pdf</a> <b>#vaccinantigrippal</b>
12:00	Potential strategies to improve childhood immunization rates in Canada   @CanPaedSociety   <a href="https://www.cps.ca/en/documents/position/strategies-to-improve-childhood-immunization">https://www.cps.ca/en/documents/position/strategies-to-improve-childhood-immunization</a> <b>#GetImmunized</b>	Des stratégies potentielles pour améliorer les taux de vaccination infantile au Canada   @SocCanPediatrie   <a href="https://www.cps.ca/fr/documents/position/des-strategies-potentielles-pour-ameliorer-les-taux-de-vaccination-infantile">https://www.cps.ca/fr/documents/position/des-strategies-potentielles-pour-ameliorer-les-taux-de-vaccination-infantile</a> <b>#FaitesVousVacciner</b>

## Social media calendar • September 2019

### Calendrier pour médias sociaux • septembre 2019

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>26 September • le 26 septembre</b>		
7:00	65 or older? Lower your flu risk. Talk to your doctor, nurse, pharmacist or local public health office about getting immunized against influenza this fall. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Si vous avez 65 ans ou plus, diminuez votre risque d'attraper la grippe! Parlez à votre médecin / infirmière / pharmacien ou bureau de santé publique pour recevoir le <b>#vaccinantigrippal</b> cet automne. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_f.pdf</a> <b>#FaitesVousVacciner</b>
12:00	Is it a cold or influenza?   Check the helpful chart comparing symptoms   ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/is_it_a_cold_or_influenza_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/is_it_a_cold_or_influenza_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Est-ce un rhume ou la grippe?   Cet tableau de comparaison de symptômes vous aidera   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/is_it_a_cold_or_influenza_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/is_it_a_cold_or_influenza_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
<b>27 September • le 27 septembre</b>		
7:00	Immunization against influenza is recommended for everyone in your community who is 6 months and older. Talk to your doctor, nurse, pharmacist, or health centre about getting immunized against influenza.   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster7_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster7_2018_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	La vaccination antigrippale est recommandée pour tous les membres de votre communauté à partir de l'âge de 6 mois. Parlez à votre médecin/infirmière/pharmacien/centre de santé pour recevoir le <b>#vaccinantigrippal</b> .   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster7_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster7_2018_web_f.pdf</a> <b>#FaitesVousVacciner</b>
12:00	Read. Learn. Understand. Influenza 'drift' or 'shift'   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_drift_or_shift_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_drift_or_shift_e.jpg</a> <b>#FluShot #GetImmunized</b>	Lire. Apprendre. Comprendre. Influenza : « dérive » ou « mutation »   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_drift_or_shift_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_drift_or_shift_f.jpg</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
<b>28 September • le 28 septembre</b>		
7:00	Read up on the Story of Influenza!   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/story_of_influenza_2019_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/story_of_influenza_2019_web_e.pdf</a>	Renseignez-vous! L'histoire de la grippe   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/story_of_influenza_2019_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/story_of_influenza_2019_web_f.pdf</a>

**Social media calendar • September 2019**  
**Calendrier pour médias sociaux • septembre 2019**

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<b>#FluShot #GetImmunized</b>	<b>#vaccinantigrippal #FaitesVousVacciner</b>
12:00	Health care providers: You care for your patients. This fall, get your <b>#FluShot</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster2_2018_hcp_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster2_2018_hcp_web_e.pdf</a> <b>#GetImmunized</b>	Les professionnels de la santé : Vous prenez soin de vos patients. Cet automne, <b>#FaitesVousVacciner</b> avec le <b>#vaccinantigrippal</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster2_2018_hcp_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster2_2018_hcp_web_f.pdf</a>
<b>29 September • le 29 septembre</b>		
7:00	Influenza prevention in children   @ImmunizedotCa infographic   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_children_2019_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_children_2019_web_e.pdf</a> <b>#GetImmunized #FluShot</b>	La grippe : prévention chez les enfants   infographie créée par @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_children_2019_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_children_2019_web_f.pdf</a> <b>#FaitesVousVacciner #vaccinantigrippal</b>
12:00	Influenza, commonly known as the flu, is a highly contagious infection of the airways caused by the influenza virus. <b>#FluShot #GetImmunized</b>	L'influenza, communément appelée la grippe, est une infection très contagieuse des voies respiratoires causée par un virus. <b>#vaccinantigrippal #FaitesVousVacciner</b>
<b>30 September • le 30 septembre</b>		
7:00	Influenza prevention in seniors   @ImmunizedotCa infographic   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_seniors_2019_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_seniors_2019_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	La grippe : prévention chez les aînés   infographie créée par @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_seniors_2019_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_seniors_2019_web_f.pdf</a> <b>#FaitesVousVacciner #vaccinantigrippal</b>
12:00	Find out more about influenza prevention in adults   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_adults_prev_2019_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_adults_prev_2019_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Apprenez davantage au sujet de la prévention de la grippe chez les adultes   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_adults_prev_2019_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_adults_prev_2019_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>