



**Influenza | pneumococcal | HPV campaign 2019-2020 • Social media calendar**  
**Campagne influenza | pneumocoque | VPH 2019-2020 • calendrier pour médias sociaux**

**October 2019 • octobre 2019**

**FACEBOOK & TWITTER**

Hashtags • mots-clics :

#FluShot #GetImmunized #pneumococcal #CANADAvsHPV #HPVPW19  
 #vaccinantigrippal #FaitesVousVacciner #pneumocoque #CANADAvsVPH #SDPVPH19

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>01 October • le 1<sup>er</sup> octobre</b>		
7:00	It's HPV Prevention Week! <a href="https://fmwc.ca/events/hpv-prevention-week-2019/">https://fmwc.ca/events/hpv-prevention-week-2019/</a> <b>#CANADAvsHPV #HPVPW19 #GetImmunized</b>	C'est la Semaine de prévention du VPH! <a href="https://fmwc.ca/events/hpv-prevention-week-2019/">https://fmwc.ca/events/hpv-prevention-week-2019/</a> <b>#CANADAvsVPH #SDPVPH19 #FaitesVousVacciner</b>
12:00	Major breakthrough: We can immunize against human papillomavirus (HPV), a cause of multiple cancers. <a href="https://fmwc.ca/events/hpv-prevention-week-2019/">https://fmwc.ca/events/hpv-prevention-week-2019/</a> <b>#CANADAvsHPV #HPVPW19 #GetImmunized</b>	Percée majeure : nous pouvons immuniser contre le virus du papillome humain (VPH), la cause de plusieurs cancers. <a href="https://fmwc.ca/events/hpv-prevention-week-2019/">https://fmwc.ca/events/hpv-prevention-week-2019/</a> <b>#CANADAvsVPH #SDPVPH19 #FaitesVousVacciner</b>
18:00	HPV vaccine: What teens need to know   Canadian Paediatric Society @CanPaedSociety   <a href="https://www.caringforkids.cps.ca/handouts/hpv_vaccine_teens">https://www.caringforkids.cps.ca/handouts/hpv_vaccine_teens</a> <b>#CANADAvsHPV #HPVPW19 #GetImmunized</b>	Le vaccin contre le VPH : Ce que les ados doivent savoir   Société canadienne de pédiatrie @SocCanPediatrie   <a href="https://www.soinsdenosenenfants.cps.ca/handouts/hpv_vaccine_teens">https://www.soinsdenosenenfants.cps.ca/handouts/hpv_vaccine_teens</a> <b>#CANADAvsVPH #SDPVPH19 #FaitesVousVacciner</b>
<b>02 October • le 2 octobre</b>		
7:00	For health care providers: Human Papillomavirus Vaccine   Canadian Immunization Guide   @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/canadian-immunization-guide-part-4-active-vaccines/page-9-human-papillomavirus-vaccine.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/canadian-immunization-guide-part-4-active-vaccines/page-9-human-papillomavirus-vaccine.html</a> <b>#CANADAvsHPV #HPVPW19 #GetImmunized</b>	À l'intention des professionnels de la santé : Vaccin contre le virus du papillome humain   Guide canadien d'immunisation   @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-canadien-immunisation-partie-4-agents-immunisation-active/page-9-vaccin-contre-virus-papillome-humain.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-canadien-immunisation-partie-4-agents-immunisation-active/page-9-vaccin-contre-virus-papillome-humain.html</a> <b>#CANADAvsVPH #SDPVPH19 #FaitesVousVacciner</b>
12:00	For health care professionals: @CanPaedSociety Position Statement: Human papillomavirus vaccine for children and adolescents   <a href="https://www.cps.ca/en/documents/position/HPV">https://www.cps.ca/en/documents/position/HPV</a> <b>#CANADAvsHPV #HPVPW19 #GetImmunized</b>	À l'intention des professionnels de la santé : Le vaccin contre le virus du papillome humain chez les enfants et les adolescents   @SocCanPediatrie   <a href="https://www.cps.ca/fr/documents/position/VPH">https://www.cps.ca/fr/documents/position/VPH</a> <b>#CANADAvsVPH #SDPVPH19 #FaitesVousVacciner</b>
18:00	Health care professionals: the Canadian Immunization Guide contains a full chapter on the HPV vaccine.   @GovCanHealth	À l'intention des professionnels de la santé : le Guide canadien d'immunisation contient un chapitre au sujet du vaccin contre le VPH.

## Influenza | pneumococcal | HPV campaign 2019-2020 • Social media calendar Campagne influenza | pneumocoque | VPH 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/canadian-immunization-guide-part-4-active-vaccines/page-9-human-papillomavirus-vaccine.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/canadian-immunization-guide-part-4-active-vaccines/page-9-human-papillomavirus-vaccine.html</a> <b>#CANADAvsHPV #HPVPW19 #GetImmunized</b>	@GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-canadien-immunisation-partie-4-agents-immunisation-active/page-9-vaccin-contre-virus-papillome-humain.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-canadien-immunisation-partie-4-agents-immunisation-active/page-9-vaccin-contre-virus-papillome-humain.html</a> <b>#CANADAvsVPH #SDPVPH19 #FaitesVousVacciner</b>
<b>03 October • le 3 octobre</b>		
7:00	Prevent HPV-related cancers in all genders by getting immunized. <a href="https://www.canadavshpv.ca/">https://www.canadavshpv.ca/</a> <b>#CANADAvsHPV #HPVPW19 #GetImmunized</b>	Soyez immunisé/e contre le VPH pour prévenir les cancers liés au VPH dans tous les sexes. <a href="https://www.canadavshpv.ca/">https://www.canadavshpv.ca/</a> <b>#CANADAvsVPH #SDPVPH19 #FaitesVousVacciner</b>
12:00	Parents! Reduce your child's risk of HPV infection. Immunize your child against HPV. <a href="https://www.canadavshpv.ca/">https://www.canadavshpv.ca/</a> <b>#CANADAvsHPV #HPVPW19 #GetImmunized</b>	Parents : faites immuniser vos enfants contre le VPH pour diminuer le risque d'infection. <a href="https://www.canadavshpv.ca/">https://www.canadavshpv.ca/</a> <b>#CANADAvsVPH #SDPVPH19 #FaitesVousVacciner</b>
18:00	For older Canadians, a single influenza infection can easily spell the end of independence. The <b>#FluShot</b> is the best tool we have to reduce the risk of infection, and life-altering complications and increasing frailty.   @macleans   <a href="https://www.macleans.ca/sponsored/the-flu-shot-the-most-powerful-tool-for-senior-independence/">https://www.macleans.ca/sponsored/the-flu-shot-the-most-powerful-tool-for-senior-independence/</a> <b>#GetImmunized</b>	-
<b>04 October • le 4 octobre</b>		
7:00	Regardless of where HPV presents, there is currently no cure for an HPV infection. Prophylactic vaccines remain the most effective way to prevent HPV infection & HPV-related diseases. <a href="https://www.canadavshpv.ca/">https://www.canadavshpv.ca/</a> <b>#CANADAvsHPV #HPVPW19 #GetImmunized</b>	Peu importe où se manifeste le VPH, il n'y a pas actuellement de traitement pour l'infection par le VPH. Les vaccins prophylactiques demeurent le moyen le plus efficace pour prévenir l'infection par le VPH et les maladies liées au virus. <a href="https://www.canadavshpv.ca/">https://www.canadavshpv.ca/</a> <b>#CANADAvsVPH #SDPVPH19 #FaitesVousVacciner</b>
12:00	Immunization prevents HPV infection. Talk with your doctor about the HPV vaccine. <a href="https://www.canadavshpv.ca/">https://www.canadavshpv.ca/</a> <b>#CANADAvsHPV #HPVPW19 #GetImmunized</b>	L'immunisation vous protège contre le VPH. Parlez avec votre médecin du vaccin contre le VPH. <a href="https://www.canadavshpv.ca/">https://www.canadavshpv.ca/</a> <b>#CANADAvsVPH #SDPVPH19 #FaitesVousVacciner</b>
18:00	Human Papillomavirus (HPV) Prevention and HPV Vaccines: Questions and Answers   @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/infectious-diseases/sexual-health-sexually-transmitted-infections/hpv-prevention-vaccines-questions-answers.html">https://www.canada.ca/en/public-health/services/infectious-diseases/sexual-health-sexually-transmitted-infections/hpv-prevention-vaccines-questions-answers.html</a>	La prévention du virus du papillome humain (VPH) et le vaccin contre le VPH : Questions et réponses   @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/maladies-infectieuses/sante-sexuelle-infections-transmissibles-sexuellement/prevention-vaccin-contre-vph-questions-reponses.html">https://www.canada.ca/fr/sante-publique/services/maladies-infectieuses/sante-sexuelle-infections-transmissibles-sexuellement/prevention-vaccin-contre-vph-questions-reponses.html</a>

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	#CANADAvsHPV #HPVPW19 #GetImmunized	#CANADAvsVPH #SDPVPH19 #FaitesVousVacciner
<b>05 October • le 5 octobre</b>		
7:00	Getting them to put down the phone might be hard. But protecting them from cancer caused by HPV is easy. Ask your doctor/public health office. <a href="https://youtu.be/kMmjgtiYHQ4">https://youtu.be/kMmjgtiYHQ4</a> #CANADAvsHPV #HPVPW19 #GetImmunized	C'est peut-être difficile de leur faire déposer leur téléphone. Mais c'est facile de les protéger du cancer causé par le VPH. Informez-vous auprès de votre médecin/bureau de santé publique. <a href="https://youtu.be/TztDWGTU0w8">https://youtu.be/TztDWGTU0w8</a> #CANADAvsVPH #SDPVPH19 #FaitesVousVacciner
12:00	Parents - reduce your children's risk of HPV infection. Immunize your children against HPV. <a href="https://www.canadavshpv.ca/">https://www.canadavshpv.ca/</a> #CANADAvsHPV #HPVPW19 #GetImmunized	Parents : faites immuniser vos enfants contre le VPH pour diminuer le risque d'infection. <a href="https://www.canadavshpv.ca/">https://www.canadavshpv.ca/</a> #CANADAvsVPH #SDPVPH19 #FaitesVousVacciner
18:00	If you are infected with one type of HPV, you can still benefit from the HPV vaccine. It can protect you against other strains of the virus.   @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/diseases/human-papillomavirus-hpv.html">https://www.canada.ca/en/public-health/services/diseases/human-papillomavirus-hpv.html</a> #CANADAvsHPV #HPVPW19 #GetImmunized	Si vous êtes infecté/e par un type de VPH, vous pouvez quand même bénéficier du vaccin contre le VPH. Il peut vous protéger contre d'autres souches du virus.   @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/maladies/virus-papillome-humain-vph.html">https://www.canada.ca/fr/sante-publique/services/maladies/virus-papillome-humain-vph.html</a> #CANADAvsVPH #SDPVPH19 #FaitesVousVacciner
<b>06 October • le 6 octobre</b>		
7:00	Successful Healthcare Personnel Influenza Immunization Programs   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2016/Successful%20Healthcare%20Personnel%20Inf%20Imm%20Programs_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2016/Successful%20Healthcare%20Personnel%20Inf%20Imm%20Programs_e.pdf</a> #GetImmunized #FluShot	Les programmes de vaccination du personnel de santé contre l'influenza   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2016/Successful%20Healthcare%20Personnel%20Inf%20Imm%20Programs_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2016/Successful%20Healthcare%20Personnel%20Inf%20Imm%20Programs_f.pdf</a> #FaitesVousVacciner #vaccinantigrippal
12:00	You can prevent HPV by getting vaccinated!   <a href="https://www.canada.ca/en/public-health/services/diseases/human-papillomavirus-hpv.html">https://www.canada.ca/en/public-health/services/diseases/human-papillomavirus-hpv.html</a>   @GovCanHealth   #CANADAvsHPV #HPVPW19 #GetImmunized	Vous pouvez prévenir le VPH en vous faisant vacciner!   <a href="https://www.canada.ca/fr/sante-publique/services/maladies/virus-papillome-humain-vph.html">https://www.canada.ca/fr/sante-publique/services/maladies/virus-papillome-humain-vph.html</a>   @GouvCanSante   #CANADAvsVPH #SDPVPH19 #FaitesVousVacciner
18:00	Find out about HPV (human papillomavirus).   @ImmunizedotCa   <a href="https://immunize.ca/diseases-vaccines">https://immunize.ca/diseases-vaccines</a> #CANADAvsHPV #HPVPW19 #GetImmunized	Renseignez-vous au sujet du virus du papillome humain : le VPH.   @ImmunizedotCa   <a href="https://immunize.ca/fr/maladies-et-vaccins">https://immunize.ca/fr/maladies-et-vaccins</a> #CANADAvsVPH #SDPVPH19 #FaitesVousVacciner
<b>07 October • le 7 octobre</b>		
7:00	Children under 5 are at higher risk for flu-related complications. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/Influenza-Children_ENG_WEB.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/Influenza-Children_ENG_WEB.pdf</a> #FluShot #GetImmunized	Les enfants de moins de 5 ans sont plus vulnérables aux complications de la grippe. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/Influenza-Children_FRE_WEB.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/Influenza-Children_FRE_WEB.pdf</a>

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### Campagne influenza | pneumocoque | VPH 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
		<b>#vaccinantigrippal #FaitesVousVacciner</b>
12:00	Lower your flu risk. Talk to your doctor, nurse, pharmacist or local public health office about getting immunized. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Diminuez votre risque d'attraper la grippe. Parlez du <b>#vaccinantigrippal</b> à votre médecin/ infirmière/pharmacien/bureau local de santé publique. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_f.pdf</a> <b>#FaitesVousVacciner</b>
18:00	HPV can affect all genders. Protect yourself and others by getting immunized against HPV. <a href="https://www.canadavshpv.ca/">https://www.canadavshpv.ca/</a> <b>#CANADAvsHPV #HPVPW19 #GetImmunized</b>	Le VPH peut affecter tous les genres. Protégez-vous, protégez les autres en vous faisant vacciner contre le VPH. <a href="https://www.canadavshpv.ca/">https://www.canadavshpv.ca/</a> <b>#CANADAvsVPH #SDPVPH19 #FaitesVousVacciner</b>
<b>08 October • le 8 octobre</b>		
7:00	Older adults: Lower your flu risk. Talk to your doctor, nurse, pharmacist, or local public health office about getting immunized against influenza. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf</a> <b>#GetImmunized #FluShot</b>	Les adultes plus âgés : Diminuez votre risque d'attraper la grippe. Parlez à votre médecin/infirmière/pharmacien/bureau de santé publique pour recevoir le vaccin contre la grippe. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
12:00	Check out our 'Influenza prevention in seniors' infographic! <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_seniors_2019_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_seniors_2019_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Allez voir notre infographie sur la prévention de la grippe chez les aînés! <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_seniors_2019_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_seniors_2019_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
18:00	Lower your flu risk.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Diminuez votre risque d'attraper la grippe.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
<b>09 October • le 9 octobre</b>		
7:00	Calling all health care providers! Don't forget to get your <b>#FluShot</b> : a safe and effective way to lower your flu risk. <b>#GetImmunized</b>	Appel au personnel soignant! N'oubliez pas votre <b>#vaccinantigrippal</b> . C'est un moyen sûr et efficace de diminuer votre risque d'attraper la grippe. <b>#FaitesVousVacciner</b>

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
12:00	Health care professionals: the Canadian Immunization Guide is a comprehensive resource on immunization (Public Health Agency of Canada). <a href="https://www.canada.ca/en/public-health/services/canadian-immunization-guide.html">https://www.canada.ca/en/public-health/services/canadian-immunization-guide.html</a> <b>#GetImmunized</b>	Professionnels de la santé : le Guide canadien d'immunisation est une ressource exhaustive sur l'immunisation (Agence de la santé publique du Canada). <a href="https://www.canada.ca/fr/sante-publique/services/guide-canadien-immunisation.html">https://www.canada.ca/fr/sante-publique/services/guide-canadien-immunisation.html</a> <b>#FaitesVousVacciner</b>
18:00	Health care providers: You care for your patients. This fall, get your <b>#FluShot</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster2_2018_hcp_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster2_2018_hcp_web_e.pdf</a> <b>#GetImmunized</b>	Les professionnels de la santé : Vous prenez soin de vos patients. Cet automne, faites-vous vacciner contre la grippe. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster2_2018_hcp_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster2_2018_hcp_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
<b>10 October • le 10 octobre</b>		
7:00	Do you know the 'Story of Influenza'?   @ImmunizedotCa infographic   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/story_of_influenza_2019_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/story_of_influenza_2019_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Connaissez-vous l'histoire de la grippe?   infographie par @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/story_of_influenza_2019_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/story_of_influenza_2019_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
12:00	Adult immunization: Are you up to date?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/Adult_Immunization_Pocket_Card_R4_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/Adult_Immunization_Pocket_Card_R4_e.pdf</a> <b>#GetImmunized</b>	La vaccination des adultes : Votre vaccination est-elle à jour?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/Adult_Immunization_Pocket_Card_R4_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/Adult_Immunization_Pocket_Card_R4_f.pdf</a> <b>#FaitesVousVacciner</b>
18:00	The National Advisory Committee on Immunization recommends that everyone 6 months and older get the <b>#FluShot</b> . Talk to your health care provider about getting immunized.	Le Comité consultatif national de l'immunisation recommande le <b>#vaccinantigrippal</b> dès l'âge de 6 mois. Demandez à votre professionnel de la santé de vous vacciner.
<b>11 October • le 11 octobre</b>		
7:00	Adults: The <b>#FluShot</b> doesn't have to hurt. Use these great tips to help you manage the pain and fear when you <b>#GetImmunized!</b>   @ImmunizedotCa   <a href="https://immunize.ca/pain-management-adults">https://immunize.ca/pain-management-adults</a>	Les adultes : Le <b>#vaccinantigrippal</b> n'a pas besoin de faire mal. Utilisez ces bons trucs pour réduire la douleur!   @ImmunizedotCa   <a href="https://immunize.ca/fr/gestion-douleur-adultes">https://immunize.ca/fr/gestion-douleur-adultes</a> <b>#FaitesVousVacciner</b>

## Influenza | pneumococcal | HPV campaign 2019-2020 • Social media calendar

### Campagne influenza | pneumocoque | VPH 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
12:00	Together we can all stop the spread of flu! Get the <b>#FluShot</b> . <b>#GetImmunized</b>	Ensemble nous pouvons arrêter la propagation de la grippe. Demandez le <b>#vaccinantigrippal</b> . <b>#FaitesVousVacciner</b>
18:00	Getting the flu can lead to complications such as pneumonia. Lower your risk with the <b>#FluShot</b> . <b>#GetImmunized</b>	La grippe peut entraîner certaines complications, telles que la pneumonie. Diminuez votre risque avec le <b>#vaccinantigrippal</b> . <b>#FaitesVousVacciner</b>
<b>12 October • le 12 octobre</b>		
7:00	Did you know you can spread the flu virus before you show symptoms? Stop the spread of flu. <b>#GetImmunized!</b> <a href="https://immunize.ca/diseases-vaccines">https://immunize.ca/diseases-vaccines</a> <b>#FluShot</b>	Saviez-vous que vous pouvez propager le virus de la <b>grippe</b> avant que vous manifestiez des symptômes? Arrêtez la propagation – <b>#FaitesVousVacciner!</b> <a href="https://immunize.ca/fr/maladies-et-vaccins">https://immunize.ca/fr/maladies-et-vaccins</a> <b>#vaccinantigrippal</b>
12:00	Read. Learn. Understand. False claims about homeopathic nosodes   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Nosodes/homeopathic_nosodes_questions_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Nosodes/homeopathic_nosodes_questions_e.pdf</a> <b>#GetImmunized</b>	Lire. Apprendre. Comprendre. Les fausses allégations au sujet des nosodes homéopathiques   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Nosodes/homeopathic_nosodes_questions_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Nosodes/homeopathic_nosodes_questions_f.pdf</a> <b>#FaitesVousVacciner</b>
18:00	The flu can worsen chronic conditions like asthma & diabetes. Get the facts at <a href="https://immunize.ca/influenza-campaign">https://immunize.ca/influenza-campaign</a> <b>#FluShot #GetImmunized</b>	La grippe peut aggraver les états chroniques comme l'asthme et le diabète. Renseignez-vous sur <a href="https://immunize.ca/fr/campagne-influenza">https://immunize.ca/fr/campagne-influenza</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
<b>13 October • le 13 octobre</b>		
7:00	65 or older? Lower your flu risk. Talk to your doctor, nurse, pharmacist or local public health office about getting immunized against influenza. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Si vous avez 65 ans ou plus, diminuez votre risque d'attraper la grippe! Parlez à votre médecin/infirmière/pharmacien/bureau de santé publique pour recevoir le <b>#vaccinantigrippal</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_f.pdf</a> <b>#FaitesVousVacciner</b>
12:00	If you provide essential services to people at high risk, get the <b>#FluShot</b> . <b>#GetImmunized</b> <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf</a>	Si vous offrez des services essentiels aux personnes à risque élevé, <b>#FaitesVousVacciner</b> avec le <b>#vaccinantigrippal</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_f.pdf</a>

## Influenza | pneumococcal | HPV campaign 2019-2020 • Social media calendar

### Campagne influenza | pneumocoque | VPH 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
18:00	<p>Lower your flu risk! Immunization is recommended for everyone in your community who is 6 months and older.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster7_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster7_2018_web_e.pdf</a></p> <p><b>#FluShot #GetImmunized</b></p>	<p>Diminuez votre risque d'attraper la grippe! La vaccination antigrippale est recommandée pour tous les membres de votre communauté à partir de l'âge de 6 mois.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster7_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster7_2018_web_f.pdf</a></p> <p><b>#vaccinantigrippal #FaitesVousVacciner</b></p>
<b>14 October • le 14 octobre</b>		
7:00	<p>Influenza immunization: Questions and answers   @ImmunizedotCa  </p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/influenza_qa_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/influenza_qa_2018_web_e.pdf</a></p> <p><b>#FluShot #GetImmunized</b></p>	<p>La vaccination contre l'influenza : Foire aux questions   @ImmunizedotCa  </p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/influenza_qa_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/influenza_qa_2018_web_f.pdf</a></p> <p><b>#vaccinantigrippal #FaitesVousVacciner</b></p>
12:00	<p>Children under 5 are at higher risk for flu-related complications.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster4_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster4_2018_web_e.pdf</a></p> <p><b>#FluShot #GetImmunized</b></p>	<p>Les enfants de moins de 5 ans sont plus vulnérables aux complications de la grippe.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster4_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster4_2018_web_f.pdf</a></p> <p><b>#vaccinantigrippal #FaitesVousVacciner</b></p>
18:00	<p>Protect yourself from <b>#pneumococcal</b> disease. <b>#GetImmunized.</b></p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_e.pdf</a></p>	<p>Protégez-vous contre la maladie à <b>#pneumocoque.</b> <b>#FaitesVousVacciner.</b>   @ImmunizedotCa  </p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_f.pdf</a></p>
<b>15 October • le 15 octobre</b>		
7:00	<p>Older adults: Lower your flu risk. Talk to your doctor, nurse, pharmacist or local public health office about getting immunized against influenza.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf</a></p> <p><b>#FluShot #GetImmunized</b></p>	<p>Les adultes plus âgés : diminuez votre risque d'attraper la grippe! Parlez à votre médecin/infirmière/pharmacien/bureau de santé publique pour recevoir le <b>#vaccinantigrippal.</b></p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_f.pdf</a></p> <p><b>#FaitesVousVacciner</b></p>



## Influenza | pneumococcal | HPV campaign 2019-2020 • Social media calendar

### Campagne influenza | pneumocoque | VPH 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
12:00	Read. Learn. Understand. A Parent's Decision to Immunize   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents%20decision%20to%20immunize%20web%20e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents decision to immunize web e.pdf</a> <b>#GetImmunized</b>	Lire. Apprendre. Comprendre. La decision parentale de faire vacciner ses enfants.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents%20decision%20to%20immunize%20web%20e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents decision to immunize web f.pdf</a> <b>#FaitesVousVacciner</b>
18:00	The flu spreads easily. Stop the spread. <b>#GetImmunized. #FluShot</b>	La grippe se propage facilement. Arrêtez sa propagation. <b>#FaitesVousVacciner. #vaccinantigrippal</b>
<b>16 October • le 16 octobre</b>		
7:00	2019-2020 Influenza Immunization Pocket Guide for Health Care Providers   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	La vaccination antigrippale : Guide de poche à l'intention des vaccinateurs pour 2019-2020   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_e.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
12:00	Calling all health care providers! Don't forget to get your <b>#FluShot</b> . It's a safe and effective way to protect you and your patients from the flu. <b>#GetImmunized</b>	Appel au personnel soignant! N'oubliez pas votre <b>#vaccinantigrippal</b> . C'est un moyen sûr et efficace de protéger vos patients et vous contre la grippe. <b>#FaitesVousVacciner</b>
18:00	Lower your flu risk with the <b>#FluShot. #GetImmunized.</b> <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_e.pdf</a>	Diminuez votre risque d'attraper la grippe. <b>#FaitesVousVacciner</b> avec le <b>#vaccinantigrippal.</b> <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_f.pdf</a>
<b>17 October • le 17 octobre</b>		
7:00	Do you know what you're bringing home today? Lower your flu risk with the <b>#FluShot.</b> <a href="https://www.canada.ca/en/public-health/services/diseases/flu-influenza/causes-flu-influenza.html">https://www.canada.ca/en/public-health/services/diseases/flu-influenza/causes-flu-influenza.html</a> <b>#GetImmunized</b>	Savez-vous ce que vous ramenez à la maison aujourd'hui? Diminuez votre risque d'attraper la grippe avec le <b>#vaccinantigrippal.</b> <a href="https://www.canada.ca/fr/sante-publique/services/maladies/grippe-influenza/causes-grippe-influenza.html">https://www.canada.ca/fr/sante-publique/services/maladies/grippe-influenza/causes-grippe-influenza.html</a> <b>#FaitesVousVacciner</b>
12:00	Influenza is a common infectious respiratory disease that begins in the nose and throat. It is highly contagious and can spread rapidly	La grippe est une maladie respiratoire infectieuse commune, hautement contagieuse, qui peut se transmettre rapidement de personne à personne.



## Influenza | pneumococcal | HPV campaign 2019-2020 • Social media calendar

### Campagne influenza | pneumocoque | VPH 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	from person to person. Lower your flu risk with the <b>#FluShot</b> . <a href="https://www.canada.ca/en/public-health/services/public-health-notices/2014/public-health-reminder-seasonal-flu.html">https://www.canada.ca/en/public-health/services/public-health-notices/2014/public-health-reminder-seasonal-flu.html</a> <b>#GetImmunized</b>	Diminuez votre risque. <b>#FaitesVousVacciner</b> . <a href="https://www.canada.ca/fr/sante-publique/services/avis-sante-publique/2014/rappel-matiere-sante-publique-grippe-saisonniere.html">https://www.canada.ca/fr/sante-publique/services/avis-sante-publique/2014/rappel-matiere-sante-publique-grippe-saisonniere.html</a> <b>#vaccinantigrippal</b>
18:00	Immunization against influenza is recommended for everyone in your community who is 6 months and older. <b>#GetImmunized</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_6_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_6_e.jpg</a> <b>#FluShot</b>	La vaccination antigrippale est recommandée pour tous les membres âgés de 6 mois et plus de votre communauté. <b>#FaitesVousVacciner</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_6_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_6_f.jpg</a> <b>#vaccinantigrippal</b>
<b>18 October • le 18 octobre</b>		
7:00	Lower your child's flu risk. Talk to your doctor, nurse, pharmacist or local public health office about immunizing your child/teen against influenza. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Diminuez le risque de la grippe chez votre enfant. Parlez à votre médecin/infirmière/pharmacien/bureau de santé publique pour faire vacciner votre enfant/ado contre la grippe. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
12:00	Visit <a href="https://immunize.ca/influenza-campaign">https://immunize.ca/influenza-campaign</a> to check out our <b>#pneumococcal</b> resources! <b>#GetImmunized</b>	Visitez notre site Web – <a href="https://immunize.ca/fr/campagne-influenza">https://immunize.ca/fr/campagne-influenza</a> pour voir nos ressources pour promouvoir la vaccination contre le <b>#pneumocoque!</b> <b>#FaitesVousVacciner</b>
18:00	Protect yourself from <b>#pneumococcal</b> disease. <b>#GetImmunized</b> .   @ImmunizedotCa's new brochure   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_e.pdf</a>	Protégez-vous contre la maladie à <b>#pneumocoque</b> . <b>#FaitesVousVacciner</b> .   nouveau dépliant de @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_f.pdf</a>
<b>19 October • le 19 octobre</b>		
7:00	The <b>#FluShot</b> doesn't have to hurt. Use these great tips to reduce the pain! <a href="https://immunize.ca/pain-management-children">https://immunize.ca/pain-management-children</a> <b>#GetImmunized</b>	Le <b>#vaccinantigrippal</b> n'a pas besoin de faire mal. Utilisez ces bons trucs pour réduire la douleur! <a href="https://immunize.ca/fr/gestion-douleur-enfants">https://immunize.ca/fr/gestion-douleur-enfants</a> <b>#FaitesVousVacciner</b>

## Influenza | pneumococcal | HPV campaign 2019-2020 • Social media calendar

### Campagne influenza | pneumocoque | VPH 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
12:00	<p>Young adults: Lower your flu risk. Talk to your doctor, nurse, pharmacist or local public health office about getting immunized against influenza.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_e.pdf</a></p> <p><b>#FluShot #GetImmunized</b></p>	<p>Les jeunes adultes : Diminuez votre risque d'attraper la grippe. Parlez à votre médecin/infirmière/pharmacien/bureau de santé publique pour vous faire vacciner contre la grippe.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_f.pdf</a></p> <p><b>#vaccinantigrippal #FaitesVousVacciner</b></p>
18:00	<p>Protect your child against <b>#pneumococcal</b> disease. The pneumococcal vaccine is safe &amp; effective. It is part of routine childhood immunizations.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_child_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_child_e.jpg</a></p> <p><b>#GetImmunized</b></p>	<p>Protégez votre enfant contre la maladie à <b>#pneumocoque</b>. Le vaccin contre le pneumocoque est sûr et efficace. Il fait partie des immunisations systématiques des enfants.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_child_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_child_f.jpg</a></p> <p><b>#FaitesVousVacciner</b></p>
<b>20 October • le 20 octobre</b>		
7:00	<p>October is the best time to get the <b>#FluShot</b>, but you can get it anytime during the flu season.</p> <p><b>#GetImmunized</b></p>	<p>Octobre est le mois idéal pour recevoir le <b>#vaccinantigrippal</b>, mais il est offert pendant toute la saison grippale.</p> <p><b>#FaitesVousVacciner</b></p>
12:00	<p>All Canadians 6 months of age and older are encouraged to get the <b>#FluShot</b>. Protect yourself and those around you.</p> <p><a href="https://www.youtube.com/watch?v=2pkuL2aABqo">https://www.youtube.com/watch?v=2pkuL2aABqo</a></p> <p><b>#GetImmunized</b></p>	<p>Tous les Canadiens de 6 mois et plus sont encouragés à recevoir le <b>#vaccinantigrippal</b>. Protégez-vous et votre entourage.</p> <p><a href="https://youtu.be/4699llgElqQ?list=PLJH3y0duq2ZGocRCx9yCs3DT04v-TBqZv">https://youtu.be/4699llgElqQ?list=PLJH3y0duq2ZGocRCx9yCs3DT04v-TBqZv</a></p> <p><b>#FaitesVousVacciner</b></p>
18:00	<p>You need a <b>#FluShot</b> every year to protect against new flu strains that can make you sick.</p> <p><b>#GetImmunized</b></p>	<p>Vous avez besoin du <b>#vaccinantigrippal</b> chaque année pour être protégé contre les nouvelles souches qui peuvent vous rendre malade.</p> <p><b>#FaitesVousVacciner</b></p>
<b>21 October • le 21 octobre</b>		
7:00	<p>Looking for credible information about the <b>#FluShot</b>? Visit <a href="https://immunize.ca/influenza-campaign">https://immunize.ca/influenza-campaign</a>   @ImmunizedotCa</p> <p><b>#GetImmunized</b></p>	<p>Vous cherchez de l'information digne de foi sur les vaccins antigrippaux? Visitez <a href="https://immunize.ca/fr/campagne-influenza">https://immunize.ca/fr/campagne-influenza</a>   @ImmunizedotCa</p> <p><b>#vaccinantigrippal #FaitesVousVacciner</b></p>
12:00	<p>Check out our 'Influenza prevention in people living with asthma' infographic!</p>	<p>Allez voir notre infographie sur la prévention de la grippe chez les personnes qui ont l'asthme!</p>

## Influenza | pneumococcal | HPV campaign 2019-2020 • Social media calendar

### Campagne influenza | pneumocoque | VPH 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_asthma_prev_2019_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_asthma_prev_2019_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	<a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_asthma_prev_2019_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_asthma_prev_2019_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
18:00	Lower your flu risk. <b>#GetImmunized</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_5_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_5_e.jpg</a> <b>#FluShot</b>	Diminuez votre risque d'attraper la grippe. <b>#FaitesVousVacciner</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_5_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_5_f.jpg</a> <b>#vaccinantigrippal</b>
<b>22 October • le 22 octobre</b>		
7:00	Check out our 'Influenza prevention in adults' infographic! <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_adults_prev_2019_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_adults_prev_2019_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Allez voir notre infographie sur la prévention de la grippe chez les adultes! <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_adults_prev_2019_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_adults_prev_2019_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
12:00	Lower your flu risk. <b>#GetImmunized</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_1_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_1_e.jpg</a> <b>#FluShot</b>	Diminuez votre risque d'attraper la grippe. <b>#FaitesVousVacciner</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_1_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_1_f.jpg</a> <b>#vaccinantigrippal</b>
18:00	Lower your flu risk. <b>#GetImmunized</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_2_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_2_e.jpg</a> <b>#FluShot</b>	Diminuez votre risque d'attraper la grippe. <b>#FaitesVousVacciner</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_2_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_2_f.jpg</a> <b>#vaccinantigrippal</b>
<b>23 October • le 23 octobre</b>		
7:00	If you provide essential services to people at high risk, get the <b>#FluShot</b> . <b>#GetImmunized</b> <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf</a>	Si vous offrez des services essentiels aux personnes à risque élevé, <b>#FaitesVousVacciner</b> avec le <b>#vaccinantigrippal</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_f.pdf</a>

## Influenza | pneumococcal | HPV campaign 2019-2020 • Social media calendar

### Campagne influenza | pneumocoque | VPH 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
12:00	<p>Successful Influenza Immunization Campaigns for Healthcare Personnel: A Guide for Program Planners.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2016/Successful%20Healthcare%20Personnel%20Inf%20Imm%20Programs_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2016/Successful%20Healthcare%20Personnel%20Inf%20Imm%20Programs_e.pdf</a></p> <p><b>#FluShot #GetImmunized</b></p>	<p>Les programmes de vaccination du personnel de santé contre l'influenza : Guide de réussite à l'intention des planificateurs.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2016/Successful%20Healthcare%20Personnel%20Inf%20Imm%20Programs_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2016/Successful%20Healthcare%20Personnel%20Inf%20Imm%20Programs_f.pdf</a></p> <p><b>#vaccinantigrippal #FaitesVousVacciner</b></p>
18:00	<p>Tomorrow, 24 October, is <b>#WorldPolioDay</b>.</p> <p><a href="https://www.endpolio.org/world-polio-day">https://www.endpolio.org/world-polio-day</a></p> <p><b>#GetImmunized</b></p>	<p>Demain (le 24 octobre), c'est la Journée mondiale contre la poliomyélite.</p> <p><a href="https://www.endpolio.org/world-polio-day">https://www.endpolio.org/world-polio-day</a> (en anglais)</p> <p><b>#FaitesVousVacciner #WorldPolioDay</b></p>
<b>24 October • le 24 octobre</b>		
7:00	<p>Today is <b>#WorldPolioDay</b>. Polio – a contagious disease that attacks your immune system – can be prevented by immunization.</p> <p><a href="https://www.marchofdimes.ca/EN/programs/PolioCanada/Pages/PolioInfo.aspx">https://www.marchofdimes.ca/EN/programs/PolioCanada/Pages/PolioInfo.aspx</a></p> <p><b>#GetImmunized</b></p>	<p>Aujourd'hui, c'est la Journée mondiale contre la poliomyélite. On peut prévenir cette maladie contagieuse qui attaque le système immunitaire en se faisant vacciner.</p> <p><a href="https://www.marchofdimes.ca/EN/programs/PolioCanada/Pages/PolioInfo.aspx">https://www.marchofdimes.ca/EN/programs/PolioCanada/Pages/PolioInfo.aspx</a> (en anglais)</p> <p><b>#FaitesVousVacciner #WorldPolioDay</b></p>
12:00	<p>Parents: Check out @ImmunizedotCa's infographic, 'Influenza Prevention in Children'   @ImmunizedotCa  </p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_children_2019_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_children_2019_web_e.pdf</a></p> <p><b>#FluShot #GetImmunized</b></p>	<p>Les parents : consultez notre infographie, « La grippe : Prévention chez les enfants »   @ImmunizedotCa  </p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_children_2019_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_children_2019_web_f.pdf</a></p> <p><b>#vaccinantigrippal #FaitesVousVacciner</b></p>
18:00	<p>Children under 5 are at higher risk for flu-related complications.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/Influenza-Children_ENG_WEB.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/Influenza-Children_ENG_WEB.pdf</a></p> <p><b>#FluShot #GetImmunized</b></p>	<p>Les enfants de moins de 5 ans sont plus vulnérables aux complications de la grippe.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/Influenza-Children_FRE_WEB.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/Influenza-Children_FRE_WEB.pdf</a></p> <p><b>#vaccinantigrippal #FaitesVousVacciner</b></p>
<b>25 October • le 25 octobre</b>		
7:00	<p>Read. Learn. Understand. A Parent's Decision to Immunize   @ImmunizedotCa  </p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf</a></p>	<p>Lire. Apprendre. Comprendre. La décision parentale de faire vacciner ses enfants.   @ImmunizedotCa  </p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf</a></p>

## Influenza | pneumococcal | HPV campaign 2019-2020 • Social media calendar

### Campagne influenza | pneumocoque | VPH 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">%20Parent's%20Decision%20to%20Immunize/parents_decision_to_i mmunize_web_e.pdf</a> <b>#GetImmunized</b>	<b>#FaitesVousVacciner</b>
12:00	If you provide essential services to people at high risk, get the <b>#FluShot</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf</a> <b>#GetImmunized</b>	Si vous offrez des services essentiels aux personnes à risque élevé, <b>#FaitesVousVacciner</b> avec le <b>#vaccinantigrippal</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf</a>
18:00	Vaccines help your body create an immune response against disease, and protect you from getting sick. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_e.jpg</a> <b>#GetImmunized #FluShot</b>	Les vaccins stimulent une réponse immunitaire qui vous aide à combattre des maladies et vous protège. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_f.jpg</a> <b>#FaitesVousVacciner #vaccinantigrippal</b>
<b>26 October • le 26 octobre</b>		
7:00	Lower your flu risk. <b>#GetImmunized</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_4_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_4_e.jpg</a> <b>#FluShot</b>	Diminuez votre risque d'attraper la grippe. <b>#FaitesVousVacciner</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_4_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_4_f.jpg</a> <b>#vaccinantigrippal</b>
12:00	Planning to travel? Talk to your health care provider about the vaccines you need to stay healthy while abroad. <a href="https://immunize.ca/travellers">https://immunize.ca/travellers</a> <b>#GetImmunized</b>	Vous planifiez un voyage? Parlez à votre professionnel de la santé des vaccins dont vous avez besoin pour rester en santé à l'étranger. <a href="https://immunize.ca/fr/les-voyageurs">https://immunize.ca/fr/les-voyageurs</a> <b>#FaitesVousVacciner</b>
18:00	Are you pregnant? Lower your flu risk with the <b>#FluShot</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster_3_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster_3_2018_web_e.pdf</a> <b>#GetImmunized</b>	Êtes-vous enceinte? Diminuez votre risque d'attraper la grippe avec le <b>#vaccinantigrippal</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster3_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster3_2018_web_f.pdf</a> <b>#FaitesVousVacciner</b>
<b>27 October • le 27 octobre</b>		
7:00	Lower your flu risk. <b>#GetImmunized</b> .	Diminuez votre risque d'attraper la grippe. <b>#FaitesVousVacciner</b> .

## Influenza | pneumococcal | HPV campaign 2019-2020 • Social media calendar

### Campagne influenza | pneumocoque | VPH 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_3_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_3_e.jpg</a> <b>#FluShot</b>	<a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_3_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_3_f.jpg</a> <b>#vaccinantigrippal</b>
12:00	65 or older? Lower your flu risk. Talk to your doctor, nurse, pharmacist or local public health office about getting immunized against influenza. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Si vous avez 65 ans ou plus, diminuez votre risque d'attraper la grippe! Parlez à votre médecin/infirmière/pharmacien/bureau de santé publique pour recevoir le <b>#vaccinantigrippal</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_f.pdf</a> <b>#FaitesVousVacciner</b>
18:00	Protect yourself from <b>#pneumococcal</b> disease. <b>#GetImmunized</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_self_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_self_e.jpg</a>	Protégez-vous contre la maladie à <b>#pneumocoque</b> . <b>#FaitesVousVacciner</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_self_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_self_f.jpg</a>
<b>28 October • le 28 octobre</b>		
7:00	Lower your flu risk. <b>#GetImmunized</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_6_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_6_e.jpg</a> <b>#FluShot</b>	Diminuez votre risque d'attraper la grippe. <b>#FaitesVousVacciner</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_6_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_6_f.jpg</a> <b>#vaccinantigrippal</b>
12:00	Take a moment to take care of yourself. Ask your doctor, nurse, pharmacist or public health office about getting immunized against flu and <b>#pneumococcal</b> disease. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu_pneumo_2018_adult_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu_pneumo_2018_adult_e.jpg</a> <b>#GetImmunized</b>	Prenez le temps de prendre soin de vous-même. Parlez des vaccins antigrippal et antipneumococcique avec votre médecin/infirmière/pharmacien/bureau de santé publique. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu_pneumo_2018_adult_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu_pneumo_2018_adult_f.jpg</a> <b>#FaitesVousVacciner</b>
18:00	Influenza & <b>#pneumococcal</b> : Take a moment to ask your doctor, nurse, pharmacist or local public health office about getting your kids immunized. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu_pneumo_2018_child_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu_pneumo_2018_child_e.jpg</a>	L'influenza et le <b>#pneumocoque</b> : Prenez le temps de parler avec votre médecin/infirmière/pharmacien/bureau de santé publique pour faire vacciner vos enfants. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu_pneumo_2018_child_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu_pneumo_2018_child_f.jpg</a>

## Influenza | pneumococcal | HPV campaign 2019-2020 • Social media calendar

### Campagne influenza | pneumocoque | VPH 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<b>#FluShot #GetImmunized</b>	<b>#vaccinantigrippal #FaitesVousVacciner</b>
<b>29 October • le 29 octobre</b>		
7:00	Lower your flu risk. <b>#GetImmunized</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster7_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster7_2018_web_e.pdf</a> <b>#FluShot</b>	Diminuez votre risque d'attraper la grippe. <b>#FaitesVousVacciner</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster7_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster7_2018_web_f.pdf</a> <b>#vaccinantigrippal</b>
12:00	Lower your flu risk. <b>#GetImmunized</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_e.pdf</a> <b>#FluShot</b>	Diminuez votre risque d'attraper la grippe. <b>#FaitesVousVacciner</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_f.pdf</a> <b>#vaccinantigrippal</b>
18:00	This fall, keep you and your family healthy. Lower your risk with the <b>#FluShot</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_2_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_2_e.jpg</a> <b>#GetImmunized</b>	Protégez votre santé et celle de votre famille cet automne. Diminuez votre risque d'attraper la grippe avec le <b>#vaccinantigrippal</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_2_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_2_f.jpg</a> <b>#FaitesVousVacciner</b>
<b>30 October • le 30 octobre</b>		
7:00	Hepatitis B (HB) Immunization Reference Guide for Health Care Providers   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_referenceguide_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_referenceguide_web_e.pdf</a> <b>#GetImmunized</b>	Guide de référence sur la vaccination contre l'hépatite B (HB) à l'intention du personnel soignant   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_referenceguide_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_referenceguide_web_f.pdf</a> <b>#FaitesVousVacciner</b>
12:00	Health care professionals: Download & use @ImmunizedotCa's Tdap immunization during pregnancy: pocket guide for immunizers. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_pocket_guide_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_pocket_guide_2018_web_e.pdf</a> <b>#GetImmunized</b>	Les professionnels de la santé : Téléchargez et utilisez notre ressource - L'administration du vaccin dcaT pendant la grossesse : Guide de poche à l'intention des vaccinateurs. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_pocketguide_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_pocketguide_2018_web_f.pdf</a> <b>#FaitesVousVacciner</b>



## Influenza | pneumococcal | HPV campaign 2019-2020 • Social media calendar

### Campagne influenza | pneumocoque | VPH 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
18:00	Health care professionals: read the Canada Communicable Disease Report (CCDR) here: <a href="https://www.canada.ca/en/public-health/services/reports-publications/canada-communicable-disease-report-ccdr.html">https://www.canada.ca/en/public-health/services/reports-publications/canada-communicable-disease-report-ccdr.html</a>   @GovCanHealth <b>#GetImmunized</b>	Professionnels de la santé : lire le Relevé des maladies transmissibles au Canada (RMTC) ici : <a href="https://www.canada.ca/fr/sante-publique/services/rapports-publications/releve-maladies-transmissibles-canada-rmtc.html">https://www.canada.ca/fr/sante-publique/services/rapports-publications/releve-maladies-transmissibles-canada-rmtc.html</a>   @GouvCanSante <b>#GetImmunized</b>
<b>31 October • le 31 octobre</b>		
7:00	Protect your child from <b>#pneumococcal</b> disease. The pneumococcal vaccine is safe & effective. It is part of routine childhood immunizations. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Poster/2018/pneumo_2018_poster_child_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Poster/2018/pneumo_2018_poster_child_web_e.pdf</a> <b>#GetImmunized</b>	Protégez votre enfant contre la maladie à <b>#pneumocoque</b> . Le vaccin contre le pneumocoque est sûr et efficace. Il fait partie des immunisations systématiques des enfants. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Poster/2018/pneumo_2018_poster_child_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Poster/2018/pneumo_2018_poster_child_web_f.pdf</a> <b>#FaitesVousVacciner</b>
12:00	Lower your child's flu risk. Talk to your doctor, nurse, pharmacist or local public health office about immunizing your child against influenza. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Diminuez le risque de la grippe chez votre enfant. Parlez à votre médecin/infirmière/pharmacien/bureau de santé publique pour faire vacciner votre enfant contre la grippe. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
18:00	Is it a cold or influenza?   Consult @ImmunizedotCa's handy reference infographic   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/is_it_a_cold_or_influenza_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/is_it_a_cold_or_influenza_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Est-ce un rhume ou la grippe?   Consultez notre infographie   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/is_it_a_cold_or_influenza_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/is_it_a_cold_or_influenza_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>