



2019-2020 Influenza / Pneumococcal Campaign • Social media calendar
Campagne influenza / pneumocoque 2019-2020 • calendrier pour médias sociaux

November 2019 • novembre 2019

FACEBOOK & TWITTER

Hashtags • mots-clics :

#FluShot #GetImmunized #pneumococcal
 #vaccinantigrippal #FaitesVousVacciner #pneumocoque

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
01 November • le 1^{er} novembre		
7:00	Lower your flu risk with the #FluShot. #GetImmunized. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_e.pdf	Diminuez votre risque d'attraper la grippe. #FaitesVousVacciner avec le #vaccinantigrippal. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_f.pdf
12:00	Health care providers: You care for your patients. This fall, get your #FluShot. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster2_2018_hcp_web_e.pdf #GetImmunized	Les professionnels de la santé : Vous prenez soin de vos patients. Cet automne, #FaitesVousVacciner avec le #vaccinantigrippal. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster2_2018_hcp_web_f.pdf
02 November • le 2 novembre		
7:00	Flu season is coming... Lower your flu risk with the #FluShot. #GetImmunized https://www.youtube.com/watch?v=2pkuL2aABqo	La saison de la grippe est à nos portes! Diminuez votre risque d'attraper la grippe avec le #vaccinantigrippal. #FaitesVousVacciner https://www.youtube.com/watch?v=4699llgElqQ
12:00	If you are pregnant, lower your flu risk. #GetImmunized this fall. @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster3_2018_web_e.pdf #FluShot	Si vous êtes enceinte, diminuez votre risque d'attraper la grippe. Cet automne, #FaitesVousVacciner. @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster3_2018_web_f.pdf #vaccinantigrippal
03 November • le 3 novembre		
7:00	Read our Vaccine Safety infographic to learn more! @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster3_2018_web_e.pdf	Lire notre infographie au sujet de la sécurité des vaccins pour en savoir plus! @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster3_2018_web_f.pdf

2019-2020 Influenza / Pneumococcal Campaign • Social media calendar

Campagne influenza / pneumocoque 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	t%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_e.pdf #GetImmunized	ploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_f.pdf #FaitesVousVacciner
12:00	If you provide essential services to people at high risk, get the #FluShot . https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf #GetImmunized	Si vous offrez des services essentiels aux personnes à risque élevé, #FaitesVousVacciner avec le #vaccinantigrippal . https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_f.pdf #FaitesVousVacciner
04 November • le 4 novembre		
7:00	Lower your child's flu risk. Talk to your doctor, nurse, pharmacist or local public health office about immunizing your child against influenza. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster4_2018_web_e.pdf #FluShot #GetImmunized	Diminuez le risque de la grippe chez votre enfant. Parlez à votre médecin, votre infirmière, votre pharmacien ou votre bureau de santé publique pour faire vacciner votre enfant contre la grippe. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster4_2018_web_f.pdf #vaccinantigrippal #FaitesVousVacciner
12:00	Lower your flu risk. @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_e.pdf #FluShot #GetImmunized	Diminuez votre risque d'attraper la grippe. @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_f.pdf #vaccinantigrippal #FaitesVousVacciner
05 November • le 5 novembre		
7:00	One week until #WorldPneumoniaDay! Protect yourself from #pneumococcal disease. #GetImmunized @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_e.pdf	Dans une semaine : la Journée mondiale contre le #pneumocoque! Protégez-vous contre la maladie à pneumocoque : #FaitesVousVacciner @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_f.pdf #WorldPneumoniaDay
12:00	Protect your child against #pneumococcal disease. The pneumococcal vaccine is safe & effective. It is part of routine childhood immunizations. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_e.pdf	Protégez votre enfant contre la maladie à #pneumocoque . Le vaccin contre le pneumocoque est sûr et efficace. Il fait partie des immunisations systématiques des enfants. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_f.pdf

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	t%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_child_e.jpg #GetImmunized	ploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_child_f.jpg #FaitesVousVacciner
06 November • le 6 novembre		
7:00	For health care professionals: Download and consult our pocket guide for immunizers on #pneumococcal immunization in children @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Pocket%20guide/pneu_pocketguide_child_2017_web_e.pdf #GetImmunized	Pour les professionnels de la santé : Téléchargez et utilisez notre guide de poche pour les vaccinateurs – Vaccin contre le #pneumocoque chez l'enfant @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Pocket%20guide/pneu_pocketguide_child_2017_web_f.pdf #FaitesVousVacciner
12:00	2019-2020 Influenza Immunization Pocket Guide for Health Care Providers @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_e.pdf #FluShot #GetImmunized	La vaccination antigrippale : Guide de poche à l'intention des vaccinateurs pour 2019-2020 @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_pocketguide_2019-2020_web_f.pdf #vaccinantigrippal #FaitesVousVacciner
07 November • le 7 novembre		
7:00	Lower your child's flu risk. Talk to your doctor, nurse, pharmacist or local public health office about immunizing your child/teen against influenza. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_e.pdf #FluShot #GetImmunized	Diminuez le risque de la grippe chez votre enfant. Parlez à votre médecin, infirmière, pharmacien ou votre bureau de santé publique pour faire vacciner votre enfant/ado contre la grippe. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_f.pdf #vaccinantigrippal #FaitesVousVacciner
12:00	Parents: check out @ImmunizedotCa's infographic, 'Influenza Prevention in Children' @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_children_2019_web_e.pdf #FluShot #GetImmunized	Les parents : consultez notre infographie, « La grippe : Prévention chez les enfants » @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_children_2019_web_f.pdf #vaccinantigrippal #FaitesVousVacciner
08 November • le 8 novembre		



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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
7:00	Health care professionals: read the Canada Communicable Disease Report (CCDR) here: https://www.canada.ca/en/public-health/services/reports-publications/canada-communicable-disease-report-ccdr.html @GovCanHealth #GetImmunized	Professionnels de la santé : lire le Relevé des maladies transmissibles au Canada (RMTc) ici : https://www.canada.ca/fr/sante-publique/services/rapports-publications/releve-maladies-transmissibles-canada-rmtc.html @GouvCanSante #GetImmunized
12:00	Lower your flu risk. #GetImmunized . https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_2_e.jpg #FluShot	Diminuez votre risque d'attraper la grippe. #FaitesVousVacciner . https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_2_f.jpg #vaccinantigrippal
09 November • le 9 novembre		
7:00	October is the best time to get the #FluShot , but you can get immunized anytime during the flu season. #GetImmunized	Octobre est le mois idéal pour recevoir le #vaccinantigrippal , mais il est offert pendant toute la saison grippale. #FaitesVousVacciner
12:00	All Canadians 6 months of age and older are encouraged to get the #FluShot . Protect yourself and those around you. https://www.youtube.com/watch?v=2pkul2aABqo #GetImmunized	Tous les Canadiens de 6 mois et plus sont encouragés à recevoir le #vaccinantigrippal . Protégez-vous et votre entourage. https://youtu.be/4699llgElqQ?list=PLJH3y0duq2ZGocRCx9yCs3DT04v-TBqZv #FaitesVousVacciner
10 November • le 10 novembre		
7:00	Young adults: Lower your flu risk. Talk to your doctor, nurse, pharmacist or local public health office about getting immunized against influenza. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_e.pdf #FluShot #GetImmunized	Les jeunes adultes : Diminuez votre risque d'attraper la grippe. Parlez à votre médecin, infirmière, pharmacien ou votre bureau de santé publique pour vous faire vacciner contre la grippe. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster6_2018_web_f.pdf #vaccinantigrippal #FaitesVousVacciner
12:00	The flu can worsen chronic conditions like asthma & diabetes. Get the facts at https://immunize.ca/influenza-campaign #FluShot #GetImmunized	La grippe peut aggraver les états chroniques comme l'asthme et le diabète. Renseignez-vous sur https://immunize.ca/fr/campagne-influenza #vaccinantigrippal #FaitesVousVacciner
11 November • le 11 novembre		
7:00	Tomorrow is #WorldPneumoniaDay . Protect yourself from #pneumococcal disease. #GetImmunized . @ImmunizedotCa	Demain, c'est la Journée mondiale contre le #pneumocoque . Protégez-vous contre la maladie à pneumocoque : #FaitesVousVacciner!

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	https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_self_e.jpg	@ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_f.pdf #WorldPneumoniaDay
12:00	Find straightforward answers to frequently asked questions about influenza immunization. @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/influenza_qa_2018_web_e.pdf #FluShot #GetImmunized	Trouvez des réponses fiables aux questions fréquemment posées au sujet de la vaccination contre l'influenza. @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/influenza_qa_2018_web_f.pdf #vaccinantigrippal #FaitesVousVacciner
12 November • le 12 novembre		
7:00	Today is #WorldPneumoniaDay. Protect yourself from #pneumococcal disease. #GetImmunized! https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_e.pdf	Aujourd'hui, c'est la Journée mondiale contre le #pneumocoque. Protégez-vous contre la maladie à pneumocoque : #FaitesVousVacciner! https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_f.pdf #WorldPneumoniaDay
12:00	Today is #WorldPneumoniaDay. Protect your child from #pneumococcal disease. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Poster/2018/pneumo_2018_poster_child_web_e.pdf #GetImmunized	Aujourd'hui, c'est la Journée mondiale contre le #pneumocoque. Protégez votre enfant contre la maladie à pneumocoque. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_f.pdf #WorldPneumoniaDay #FaitesVousVacciner
13 November • le 13 novembre		
7:00	For health care providers: Immunize Canada has resources to help you address vaccine hesitancy. https://immunize.ca/resources/136 #GetImmunized	Pour les professionnels de la santé : Immunisation Canada vous propose des ressources pour vous aider à diffuser l'hésitation à la vaccination. https://immunize.ca/fr/resources/136 #FaitesVousVacciner
12:00	For health care providers: Weekly Influenza Reports @GovCanHealth https://www.canada.ca/en/public-health/services/diseases/flu-influenza/influenza-surveillance/weekly-influenza-reports.html #FluShot #GetImmunized	Pour les professionnels de la santé : Rapports hebdomadaires d'influenza @GouvCanSante https://www.canada.ca/fr/sante-publique/services/maladies/grippe-influenza/surveillance-influenza/rapports-hebdomadaires-influenza.html #vaccinantigrippal #FaitesVousVacciner
14 November • le 14 novembre		

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
7:00	Influenza prevention in people with asthma @ImmunizedotCa infographic https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_asthma_prev_2019_web_e.pdf #FluShot #GetImmunized	La prévention de la grippe chez les personnes qui ont l'asthme infographie de @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_asthma_prev_2019_web_f.pdf #vaccinantigrippal #FaitesVousVacciner
12:00	Influenza & #pneumococcal : Take a moment to ask your doctor, nurse, pharmacist or local public health office about getting your kids immunized. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu_pneumo_2018_child_e.jpg #FluShot #GetImmunized	L'influenza et le #pneumocoque : Prenez le temps de parler avec votre médecin/infirmière/pharmacien/bureau de santé publique pour faire vacciner vos enfants. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu_pneumo_2018_child_f.jpg #vaccinantigrippal #FaitesVousVacciner
15 November • le 15 novembre		
7:00	You need a #FluShot every year to protect against new flu strains that can make you sick. #GetImmunized	Vous avez besoin du #vaccinantigrippal chaque année pour être protégé contre les nouvelles souches qui peuvent vous rendre malade. #FaitesVousVacciner
12:00	Protect yourself from #pneumococcal disease. #GetImmunized . https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_self_e.jpg	Protégez-vous contre la maladie à #pneumocoque . #FaitesVousVacciner . https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_self_f.jpg
16 November • le 16 novembre		
7:00	Protect yourself from #pneumococcal disease. #GetImmunized . @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_e.pdf	Protégez-vous contre la maladie à #pneumocoque . #FaitesVousVacciner . @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_f.pdf
12:00	Info on influenza from the Public Health Agency of Canada @GovCanHealth https://www.canada.ca/en/public-health/services/diseases/flu-influenza.html #FluShot #GetImmunized	Infos sur la grippe de l'Agence de la santé publique du Canada @GouvCanSante https://www.canada.ca/fr/sante-publique/services/maladies/grippe-influenza.html #vaccinantigrippal #FaitesVousVacciner
17 November • le 17 novembre		

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
7:00	A son tells of his father's long-term difficulties after being hospitalized with influenza. "Any senior that is questioning, should I, shouldn't I: The vaccine serves a purpose, & that purpose is to protect you." @ImmunizedotCa https://youtu.be/sS86m1KrnJQ #FluShot #GetImmunized	Le #vaccinantigrippal sauve des vies! Apprenez comment sur https://immunize.ca/fr/campagne-influenza @ImmunizedotCa #FaitesVousVacciner
12:00	Lower your flu risk. Talk to your doctor, nurse, pharmacist or local public health office about getting immunized. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_e.pdf #FluShot #GetImmunized	Diminuez votre risque d'attraper la grippe. Parlez du #vaccinantigrippal à votre médecin, votre infirmière, votre pharmacien, ou votre bureau local de santé publique. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_f.pdf #FaitesVousVacciner
18 November • le 18 novembre		
7:00	Flu can spread through coughing and sneezing. You can become infected by coming in close contact with someone sick with the flu, or by touching objects that someone with the flu has touched & then touching your eyes or mouth. #FluShot #GetImmunized	La grippe se propage par la toux & les éternuements. On peut devenir infecté en étant en contact étroit avec une personne grippée ou en touchant un objet touché par une personne grippée & en se touchant ensuite les yeux/la bouche. #vaccinantigrippal #FaitesVousVacciner
12:00	Read. Learn. Understand. False claims about homeopathic nosodes @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Nosodes/homeopathic_nosodes_questions_e.pdf	Lire. Apprendre. Comprendre. Les fausses allégations au sujet des nosodes homéopathiques @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Nosodes/homeopathic_nosodes_questions_f.pdf
19 Novembre • le 19 novembre		
7:00	For health care professionals: Refrigerator and Freezer Vaccine Storage Guidelines @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Storage%20and%20Handling/Immunize%20Canada%20Guide/2016/vaccine_storage_guidelines_e.pdf	Pour les professionnels de la santé : Lignes directrices pour l'entreposage des vaccins dans les réfrigérateurs et les congélateurs @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Storage%20and%20Handling/Immunize%20Canada%20Guide/2016/vaccinestorage_guidelines_f.pdf
12:00	Lower your flu risk! Immunization is recommended for everyone in your community who is 6 months and older. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Storage%20and%20Handling/Immunize%20Canada%20Guide/2016/vaccine_storage_guidelines_e.pdf	Diminuez votre risque d'attraper la grippe! La vaccination antigrippale est recommandée pour tous les membres de votre communauté à partir de l'âge de 6 mois. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Storage%20and%20Handling/Immunize%20Canada%20Guide/2016/vaccinestorage_guidelines_f.pdf



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	t%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster7_2018_web_e.pdf #FluShot #GetImmunized	ploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster7_2018_web_f.pdf #vaccinantigrippal #FaitesVousVacciner
20 November • le 20 novembre		
7:00	Calling all health care providers! Don't forget to get your #FluShot . It's a safe and effective way to protect you and your patients from the flu. #GetImmunized	Appel au personnel soignant! N'oubliez pas votre #vaccinantigrippal . C'est un moyen sûr et efficace de protéger vos patients et vous contre la grippe. #FaitesVousVacciner
12:00	Health care providers can positively influence vaccine acceptance. Immunize Canada provides resources for health care providers to assist them in counselling the public. https://immunize.ca/counselling-public #GetImmunized	Le personnel soignant peut exercer une influence positive sur l'acceptation des vaccins. Immunisation Canada propose aux professionnels de la santé des ressources por leur aider avec leurs conseils au grand public. https://immunize.ca/fr/conseils-au-grand-public #FaitesVousVacciner
21 November • le 21 novembre		
7:00	Guide for parents: Reduce the pain of vaccination in children & teens @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_kidsandteens_web_e.pdf #GetImmunized	Guide parental : Pour réduire la douleur de la vaccination chez les enfants & les ados @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_kidsandteens_web_f.pdf #FaitesVousVacciner
12:00	Read. Learn. Understand. A Parent's Decision to Immunize @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_e.pdf #GetImmunized	Lire. Apprendre. Comprendre. La décision parentale de faire vacciner ses enfants @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf #FaitesVousVacciner
22 November • le 22 novembre		
7:00	65 or older? Lower your flu risk. Talk to your doctor, nurse, pharmacist or local public health office about getting immunized against influenza this fall. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/65%20or%20older%20Lower%20your%20flu%20risk_web_e.pdf	Si vous avez 65 ans ou plus, diminuez votre risque d'attraper la grippe! Parlez à votre médecin / infirmière / pharmacien ou bureau de santé publique pour recevoir le #vaccinantigrippal cet automne. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/65%20or%20older%20Lower%20your%20flu%20risk_web_f.pdf

2019-2020 Influenza / Pneumococcal Campaign • Social media calendar

Campagne influenza / pneumocoque 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	t%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_e.pdf #FluShot #GetImmunized	ploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster8_2018_web_f.pdf #FaitesVousVacciner
12:00	Is it a cold or influenza? Check the helpful chart comparing symptoms ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/is_it_a_cold_or_influenza_web_e.pdf #FluShot #GetImmunized	Est-ce un rhume ou la grippe? Cet tableau de comparaison de symptômes vous aidera @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/is_it_a_cold_or_influenza_web_f.pdf #vaccinantigrippal #FaitesVousVacciner
23 November • le 23 novembre		
7:00	Lower your flu risk. #GetImmunized . https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_5_e.jpg #FluShot	Diminuez votre risque d'attraper la grippe. #FaitesVousVacciner . https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_5_f.jpg #vaccinantigrippal
12:00	Pertussis (whooping cough). Contagious. Preventable. Immunization against pertussis during pregnancy is safe and helps reduce the risk of disease in infants. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_poster_2018_web_e.pdf #GetImmunized	La coqueluche. Contagieuse. Évitable. La vaccination contre la coqueluche pendant la grossesse est sûre, et aide à diminuer le risque de la maladie chez les nourrissons. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_poster_2018_web_f.pdf #FaitesVousVacciner
24 November • le 24 novembre		
7:00	Adults: The #FluShot doesn't have to hurt. Use these great tips to help you manage the pain and fear when you #GetImmunized! @ImmunizedotCa https://immunize.ca/pain-management-adults	Les adultes : Le #vaccinantigrippal n'a pas besoin de faire mal. Utilisez ces bons trucs pour réduire la douleur! @ImmunizedotCa https://immunize.ca/fr/gestion-douleur-adultes #FaitesVousVacciner
12:00	DYK you can spread the flu virus before you show symptoms? Stop the spread of flu. #GetImmunized! https://immunize.ca/diseases-vaccines #FluShot	SVQ vous pouvez propager le virus de la grippe avant que vous manifestiez des symptômes? Arrêtez la propagation – #FaitesVousVacciner! https://immunize.ca/fr/maladies-et-vaccins #vaccinantigrippal
25 November • le 25 novembre		

2019-2020 Influenza / Pneumococcal Campaign • Social media calendar Campagne influenza / pneumocoque 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
7:00	Check out our 'Influenza prevention in adults' infographic! https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_adults_prev_2019_web_e.pdf #FluShot #GetImmunized	Allez voir notre infographie sur la prévention de la grippe chez les adultes! https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_adults_prev_2019_web_f.pdf #vaccinantigrippal #FaitesVousVacciner
12:00	Check out our 'Influenza prevention in seniors' infographic! https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_seniors_2019_web_e.pdf #FluShot #GetImmunized	Allez voir notre infographie sur la prévention de la grippe chez les aînés! https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_seniors_2019_web_f.pdf #vaccinantigrippal #FaitesVousVacciner
26 November • le 26 novembre		
7:00	The #FluShot : the most powerful tool for senior independence @macleans @ImmunizedotCa https://www.macleans.ca/sponsored/the-flu-shot-the-most-powerful-tool-for-senior-independence/ #GetImmunized	Protégez votre santé et celle de votre famille cet automne. Diminuez votre risque d'attraper la grippe avec le #vaccinantigrippal . #FaitesVousVacciner
12:00	Lower your flu risk. #GetImmunized . https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_3_e.jpg #FluShot	Diminuez votre risque d'attraper la grippe. #FaitesVousVacciner . https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_3_f.jpg #vaccinantigrippal
27 November • le 27 novembre		
7:00	Video for Canadian pharmacists Intramuscular & subcutaneous injections: A guide for pharmacists https://youtu.be/5axQQpTzxAE	Vidéo pour les pharmaciens canadiens Injections intramusculaires et sous-cutanées : Guide à l'intention des pharmaciens https://youtu.be/ijcEANlqrUw
12:00	Health care professionals: The Canadian Immunization Guide Chapter on Influenza & Statement on Seasonal Influenza Vaccine for 2019-2020 @GovCanHealth https://www.canada.ca/en/public-health/services/publications/vaccines-immunization/canadian-immunization-guide-statement-seasonal-influenza-vaccine-2019-2020.html #FluShot #GetImmunized	Professionnels de la santé : Chapitre sur la grippe du Guide canadien d'immunisation et Déclaration sur la vaccination antigrippale pour la saison 2019-2020 @GouvCanSante https://www.canada.ca/fr/sante-publique/services/publications/vaccins-immunisation/guide-canadien-immunisation-declaration-vaccination-antigrippale-2019-2020.html #vaccinantigrippal #FaitesVousVacciner
28 November • le 28 novembre		

2019-2020 Influenza / Pneumococcal Campaign • Social media calendar

Campagne influenza / pneumocoque 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
7:00	How vaccines work @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_e.jpg #GetImmunized	Comment fonctionnent les vaccins? @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_f.jpg #FaitesVousVacciner
12:00	Children under 5 are at higher risk for flu-related complications. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/Influenza-Children_ENG_WEB.pdf #FluShot #GetImmunized	Les enfants de moins de 5 ans sont plus vulnérables aux complications de la grippe. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/Influenza-Children_FRE_WEB.pdf #vaccinantigrippal #FaitesVousVacciner
29 November • le 29 novembre		
7:00	The National Advisory Committee on Immunization recommends that everyone 6 months and older get the #FluShot . Talk to your health care provider about getting immunized.	Le Comité consultatif national de l'immunisation recommande le #vaccinantigrippal dès l'âge de 6 mois. Demandez à votre professionnel de la santé de vous vacciner.
12:00	Influenza, commonly known as the flu, is a highly contagious infection of the airways caused by the influenza virus. #FluShot #GetImmunized	L'influenza, communément appelée la grippe, est une infection très contagieuse des voies respiratoires causée par un virus. #vaccinantigrippal #FaitesVousVacciner
30 November • le 30 novembre		
7:00	Read. Learn. Understand. Influenza 'drift' or 'shift' @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_drift_or_shift_e.jpg #FluShot #GetImmunized	Lire. Apprendre. Comprendre. Influenza : « dérive » ou « mutation » @ImmunizedotCa https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_drift_or_shift_f.jpg #vaccinantigrippal #FaitesVousVacciner
12:00	Vaccines help your body create an immune response against disease, and protect you from getting sick. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_e.jpg #GetImmunized #FluShot	Les vaccins stimulent une réponse immunitaire qui vous aide à combattre des maladies et vous protège. https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_f.jpg #FaitesVousVacciner #vaccinantigrippal