



**2019-2020 Influenza / Pneumococcal Campaign • Social media calendar**  
**Campagne influenza / pneumocoque 2019-2020 • calendrier pour médias sociaux**

**January 2020 • janvier 2020**

**FACEBOOK & TWITTER**

Hashtags • mots-clics :

#FluShot #GetImmunized #pneumococcal  
 #vaccinantgrippal #FaitesVousVacciner #pneumocoque

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>01 January • le 1<sup>er</sup> janvier</b>		
7:00	Happy and healthy new year from Immunize Canada!	Immunisation Canada vous souhaite un joyeux Nouvel An en bonne santé!
12:00	If you haven't had your <b>#FluShot</b> yet, make it your New Year's resolution. It's not too late to <b>#GetImmunized</b> .	Si vous n'avez pas encore reçu votre <b>#vaccinantgrippal</b> , il n'est pas trop tard! <b>#FaitesVousVacciner</b> : une excellente résolution de nouvelle année.
<b>02 January • le 2 janvier</b>		
7:00	It's not too late in the flu season to lower your flu risk! <b>#GetImmunized</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_1_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_1_e.jpg</a> <b>#FluShot</b>	Il n'est pas trop tard de diminuer votre risque d'attraper la grippe! <b>#FaitesVousVacciner</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_1_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_1_f.jpg</a> <b>#vaccinantgrippal</b>
12:00	Check out Immunize Canada's Vaccine Safety infographic!   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_e.pdf</a> <b>#GetImmunized</b>	Allez voir notre infographie au sujet de la sécurité des vaccins!   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_f.pdf</a> <b>#FaitesVousVacciner</b>
<b>03 January • le 3 janvier</b>		
7:00	Protect your child against <b>#pneumococcal</b> disease. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_child_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_child_e.jpg</a> <b>#GetImmunized</b>	Protégez votre enfant contre la maladie à <b>#pneumocoque</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_child_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_child_f.jpg</a> <b>#FaitesVousVacciner</b>
12:00	Protect your child from <b>#pneumococcal</b> disease. The pneumococcal vaccine is safe & effective. It is part of routine childhood immunizations. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_e.pdf</a>	Protégez votre enfant contre la maladie à <b>#pneumocoque</b> . Le vaccin contre le pneumocoque est sûr et efficace. Il fait partie des immunisations systématiques des enfants. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Safety/vaccine_safety_infographic_web_f.pdf</a>

## 2019-2020 Influenza / Pneumococcal Campaign • Social media calendar Campagne influenza / pneumocoque 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">t%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Poster/2018/pneumo_2018_poster_child_web_e.pdf</a> <b>#GetImmunized</b>	<a href="#">ploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Poster/2018/pneumo_2018_poster_child_web_f.pdf</a> <b>#FaitesVousVacciner</b>
<b>04 January • le 4 janvier</b>		
7:00	It's still flu season... Getting the flu can lead to complications such as pneumonia. Lower your risk with the <b>#FluShot</b> . <b>#GetImmunized</b>	La saison grippale continue... La grippe peut entraîner certaines complications, telles que la pneumonie. Diminuez votre risque avec le <b>#vaccinantigrippal</b> . <b>#FaitesVousVacciner</b>
12:00	Protect yourself from <b>#pneumococcal</b> disease. <b>#GetImmunized</b> .   @ImmunizedotCa's brochure   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_e.pdf</a>	Protégez-vous contre la maladie à <b>#pneumocoque</b> . <b>#FaitesVousVacciner</b> .   dépliant de @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_f.pdf</a>
<b>05 January • le 5 janvier</b>		
7:00	Questions & Answers about Adult Immunization   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunezation/Q%20and%20A/qa_vaccines_adult_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunezation/Q%20and%20A/qa_vaccines_adult_web_e.pdf</a> <b>#GetImmunized</b>	Questions et réponses au sujet de la vaccination des adultes   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunezation/Q%20and%20A/qa_vaccines_adult_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunezation/Q%20and%20A/qa_vaccines_adult_web_f.pdf</a> <b>#FaitesVousVacciner</b>
12:00	Do you know the 'Story of Influenza'?   @ImmunizedotCa infographic   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/story_of_influenza_2019_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/story_of_influenza_2019_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Connaissez-vous l'histoire de la grippe?   infographie par @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/story_of_influenza_2019_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/story_of_influenza_2019_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
<b>06 January • le 6 janvier</b>		
7:00	Immunization protects individuals & communities by preventing the spread of disease. As more people are immunized, the disease risk for everyone is reduced.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_web_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_web_e.jpg</a>	La vaccination protège les personnes et les communautés en prévenant la propagation des maladies. Quand plus de gens se font vacciner, le risque de contracter une maladie diminue pour tout le monde.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_web_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_web_f.jpg</a>

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	<b>#GetImmunized</b>	<b>#FaitesVousVacciner</b>
12:00	<p>Lower your child's flu risk. Talk to your doctor, nurse, pharmacist or local public health office about immunizing your children and teens against influenza.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_e.pdf</a></p> <p><b>#GetImmunized #FluShot</b></p>	<p>Diminuez le risque de la grippe chez votre enfant. Parlez à votre médecin/infirmière/pharmacien/bureau de santé publique pour faire vacciner vos enfants et vos adolescents contre la grippe.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster5_2018_web_f.pdf</a> <b>#FaitesVousVacciner</b></p> <p><b>#vaccinantigrippal</b></p>
<b>07 January • le 7 janvier</b>		
7:00	<p>Immunization against influenza is recommended for everyone in your community who is 6 months and older. <b>#GetImmunized.</b></p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_6_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_6_e.jpg</a></p> <p><b>#FluShot</b></p>	<p>La vaccination antigrippale est recommandée pour tous les membres âgés de 6 mois et plus de votre communauté. <b>#FaitesVousVacciner.</b></p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_6_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu2018_lower_your_risk_6_f.jpg</a></p> <p><b>#vaccinantigrippal</b></p>
12:00	<p>Lower your child's flu risk. Talk to your doctor, nurse, pharmacist or local public health office about immunizing your child against influenza.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster4_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster4_2018_web_e.pdf</a></p> <p><b>#FluShot #GetImmunized</b></p>	<p>Diminuez le risque de la grippe chez votre enfant. Parlez à votre médecin/infirmière/pharmacien/bureau de santé publique pour faire vacciner votre enfant contre la grippe.</p> <p><a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster4_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster4_2018_web_f.pdf</a></p> <p><b>#vaccinantigrippal #FaitesVousVacciner</b></p>
<b>08 January • le 8 janvier</b>		
7:00	<p>For health care providers: Weekly Influenza Reports   @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/diseases/flu-influenza/influenza-surveillance/weekly-influenza-reports.html">https://www.canada.ca/en/public-health/services/diseases/flu-influenza/influenza-surveillance/weekly-influenza-reports.html</a></p> <p><b>#FluShot #GetImmunized</b></p>	<p>Pour les professionnels de la santé : Rapports hebdomadaires d'influenza   @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/maladies/grippe-influenza/surveillance-influenza/rapports-hebdomadaires-influenza.html">https://www.canada.ca/fr/sante-publique/services/maladies/grippe-influenza/surveillance-influenza/rapports-hebdomadaires-influenza.html</a></p> <p><b>#vaccinantigrippal #FaitesVousVacciner</b></p>
12:00	<p>There's a lot of health misinformation out there that can contribute to vaccine hesitancy. How to counter it? Matthew Johnson of @MediaSmarts shows how: <a href="https://immunize.ca/webinars">https://immunize.ca/webinars</a> (video and slides)</p>	<p>Il existe beaucoup de désinformation en ligne sur la santé qui peut contribuer à a réticence face à la vaccination. Comment agir contre la désinformation? Matthew Johnson (@HabiloMedias) offre de bons conseils : <a href="https://immunize.ca/fr/webinaires">https://immunize.ca/fr/webinaires</a> (vidéo en anglais, diapositives en français)</p>

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>09 January • le 9 janvier</b>		
7:00	Planning to travel? Talk to your health care provider about the vaccines you need to stay healthy while abroad. <a href="https://immunize.ca/travellers">https://immunize.ca/travellers</a> <b>#GetImmunized</b>	Vous planifiez un voyage? Parlez à votre professionnel de la santé des vaccins dont vous avez besoin pour rester en santé à l'étranger. <a href="https://immunize.ca/fr/les-voyageurs">https://immunize.ca/fr/les-voyageurs</a> <b>#FaitesVousVacciner</b>
12:00	Read. Learn. Understand. Lower your flu risk.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/public_flu_factsheet_2019-2020_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/public_flu_factsheet_2019-2020_web_e.pdf</a> <b>#GetImmunized #FluShot</b>	Lire. Apprendre. Comprendre. Diminuer votre risque d'attraper la grippe.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/public_flu_factsheet_2019-2020_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/public_flu_factsheet_2019-2020_web_f.pdf</a> <b>#FaitesVousVacciner #vaccinantigrippal</b>
<b>10 January • le 10 janvier</b>		
7:00	Protect your child against rotavirus. Immunize your child.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Rotavirus/Brochure/2016/rotavirus_brochure_2015_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Rotavirus/Brochure/2016/rotavirus_brochure_2015_web_e.pdf</a>	Protégez votre enfant contre le rotavirus. Faites vacciner votre enfant.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Rotavirus/Brochure/2016/rotavirus_brochure_2015_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Rotavirus/Brochure/2016/rotavirus_brochure_2015_web_f.pdf</a>
12:00	Immunization doesn't have to hurt. Use these great tips to reduce the pain! <a href="https://immunize.ca/pain-management-children">https://immunize.ca/pain-management-children</a> <b>#GetImmunized</b>	Se faire vacciner n'a pas besoin de faire mal. Utilisez ces bons trucs pour réduire la douleur! <a href="https://immunize.ca/fr/gestion-douleur-enfants">https://immunize.ca/fr/gestion-douleur-enfants</a> <b>#FaitesVousVacciner</b>
<b>11 January • le 11 janvier</b>		
7:00	The influenza virus is highly contagious, & can spread rapidly from person to person – usually by airborne droplets carried in a cough or a sneeze, but also by touching contaminated surfaces. Lower your flu risk with the <b>#FluShot</b> . <a href="https://www.canada.ca/en/public-health/services/public-health-notices/2014/public-health-reminder-seasonal-flu.html">https://www.canada.ca/en/public-health/services/public-health-notices/2014/public-health-reminder-seasonal-flu.html</a> <b>#GetImmunized</b>	Le virus de la grippe est t. contagieux et se propage rapidement d'une personne à l'autre, d'habitude par les gouttelettes transportées dans l'air par la toux/les éternuements, ou si on touche les surfaces contaminées. Diminuez votre risque. <b>#FaitesVousVacciner</b> . <a href="https://www.canada.ca/fr/sante-publique/services/avis-sante-publique/2014/rappel-matiere-sante-publique-grippe-saisonniere.html">https://www.canada.ca/fr/sante-publique/services/avis-sante-publique/2014/rappel-matiere-sante-publique-grippe-saisonniere.html</a> <b>#vaccinantigrippal</b>
12:00	Influenza immunization: Questions and answers   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/influenza_qa_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/influenza_qa_2018_web_e.pdf</a>	La vaccination contre l'influenza : Foire aux questions   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/influenza_qa_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/influenza_qa_2018_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>

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	#FluShot #GetImmunized	
<b>12 January • le 12 janvier</b>		
7:00	Guide for parents: Reduce the pain of vaccination in children under 3 years   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_under3_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_under3_web_e.pdf</a> <b>#GetImmunized</b>	Guide parental : Pour réduire la douleur de la vaccination chez les enfants de moins de 3 ans   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_under3_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_under3_web_f.pdf</a> <b>#FaitesVousVacciner</b>
12:00	Influenza prevention in children   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_children_2019_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_children_2019_web_e.pdf</a> <b>#GetImmunized</b> <b>#FluShot</b>	La grippe : Prévention chez les enfants   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_children_2019_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_children_2019_web_f.pdf</a> <b>#FaitesVousVacciner</b> <b>#FluShot</b>
<b>13 January • le 13 janvier</b>		
7:00	Pertussis (whooping cough). Contagious. Preventable.   Immunization against pertussis during pregnancy is safe and helps reduce the risk of disease in infants.   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_poster_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_poster_2018_web_e.pdf</a> <b>#GetImmunized</b>	La coqueluche. Contagieuse. Évitable.   La vaccination contre la coqueluche pendant la grossesse est sûre, et aide à diminuer le risque de la maladie chez les nourrissons.   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_poster_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/pregnancy%20and%20pertussis%20immunization/tdap_preg_poster_2018_web_f.pdf</a> <b>#FaitesVousVacciner</b>
12:00	The C-A-R-D System: Comfort – Ask – Relax – Distract. Proven ways to reduce pain/anxiety during school immunizations. <a href="https://immunize.ca/card-kids-and-adolescents">https://immunize.ca/card-kids-and-adolescents</a> <b>#GetImmunized</b>	Système C-A-R-D : Confort – Aide – Relaxation – Distraction. Ces quatre stratégies t'aideront lorsque tu reçois un vaccin à l'école. <a href="https://immunize.ca/fr/systeme-card-pour-les-enfants-et-les-adolescents">https://immunize.ca/fr/systeme-card-pour-les-enfants-et-les-adolescents</a> <b>#FaitesVousVacciner</b>
<b>14 January • le 14 janvier</b>		
7:00	Parents: Check your province or territory's routine immunization schedule, to be sure your children's immunizations are up to date: <a href="https://www.canada.ca/en/public-health/services/provincial-territorial-immunization-information.html">https://www.canada.ca/en/public-health/services/provincial-territorial-immunization-information.html</a> <b>#GetImmunized</b>	Les parents : Consulter le calendrier de vaccination pour votre province ou territoire, pour vous assurer que les vaccinations de vos enfants sont à jour : <a href="https://www.canada.ca/fr/sante-publique/services/renseignements-immunisation-provinces-et-territoires.html">https://www.canada.ca/fr/sante-publique/services/renseignements-immunisation-provinces-et-territoires.html</a> <b>#FaitesVousVacciner</b>



## 2019-2020 Influenza / Pneumococcal Campaign • Social media calendar Campagne influenza / pneumocoque 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
12:00	Check out Immunize Canada's YouTube channel for great immunization-related videos!   @ImmunizedotCa   <a href="https://www.youtube.com/user/ImmunizeCanada">https://www.youtube.com/user/ImmunizeCanada</a> <b>#GetImmunized</b>	Allez voir notre chaîne YouTube pour voir d'excellentes vidéos au sujet de la vaccination!   @ImmunizedotCa   <a href="https://www.youtube.com/user/ImmunizeCanada">https://www.youtube.com/user/ImmunizeCanada</a> <b>#FaitesVousVacciner</b>
<b>15 January • le 15 janvier</b>		
7:00	For health care providers: Refrigerator and Freezer Vaccine Storage Guidelines   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Storage%20and%20Handling/Immunize%20Canada%20Guide/2016/vaccine_storage_guidelines_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Storage%20and%20Handling/Immunize%20Canada%20Guide/2016/vaccine_storage_guidelines_e.pdf</a>	Pour les professionnels de la santé : Lignes directrices pour l'entreposage des vaccins dans les réfrigérateurs et les congélateurs   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Storage%20and%20Handling/Immunize%20Canada%20Guide/2016/vaccinestorage_guidelines_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Vaccine%20Storage%20and%20Handling/Immunize%20Canada%20Guide/2016/vaccinestorage_guidelines_f.pdf</a>
12:00	Health care providers can positively influence vaccine acceptance. Immunize Canada provides resources for health care providers to assist them in counselling the public. <a href="https://immunize.ca/counselling-public">https://immunize.ca/counselling-public</a> <b>#GetImmunized</b>	Le personnel soignant peut exercer une influence positive sur l'acceptation des vaccins. Immunisation Canada propose aux professionnels de la santé des ressources pour leur aider avec leurs conseils au grand public. <a href="https://immunize.ca/fr/conseils-au-grand-public">https://immunize.ca/fr/conseils-au-grand-public</a> <b>#FaitesVousVacciner</b>
<b>16 January • le 16 janvier</b>		
7:00	Health care professionals – stay up to date & subscribe to our e-newsletter, Immunize Canada Bulletin, here: <a href="https://immunize.ca/subscribe-our-newsletter">https://immunize.ca/subscribe-our-newsletter</a>   @ImmunizedotCa   <b>#GetImmunized</b>	Les professionnels de la santé : restez au courant et abonnez-vous à notre cyberbulletin, Bulletin Immunisation Canada, ici - <a href="https://immunize.ca/fr/abonnez-vous-notre-bulletin">https://immunize.ca/fr/abonnez-vous-notre-bulletin</a>   @ImmunizedotCa   <b>#FaitesVousVacciner</b>
12:00	Do you know what you're bringing home today? Lower your flu risk with the #FluShot. <a href="https://www.canada.ca/en/public-health/services/diseases/flu-influenza/causes-flu-influenza.html">https://www.canada.ca/en/public-health/services/diseases/flu-influenza/causes-flu-influenza.html</a> <b>#GetImmunized</b>	Savez-vous ce que vous ramenez à la maison aujourd'hui? Diminuez votre risque d'attraper la grippe avec le #vaccinantigrippal. <a href="https://www.canada.ca/fr/sante-publique/services/maladies/grippe-influenza/causes-grippe-influenza.html">https://www.canada.ca/fr/sante-publique/services/maladies/grippe-influenza/causes-grippe-influenza.html</a> <b>#FaitesVousVacciner</b>
<b>17 January • le 17 janvier</b>		
7:00	Read. Learn. Understand. A Parent's Decision to Immunize   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_e.pdf</a> <b>#GetImmunized</b>	Lire. Apprendre. Comprendre. La décision parentale de faire vacciner ses enfants   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf</a> <b>#FaitesVousVacciner</b>



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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
12:00	A Parent's Guide to Vaccination   available in 13 languages from @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/parent-guide-vaccination.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/parent-guide-vaccination.html</a> <b>#GetImmunized</b>	Guide sur la vaccination à l'intention des parents   disponible dans 13 langues   @GovCanHealth   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-vaccination-intention-parents.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-vaccination-intention-parents.html</a> <b>#FaitesVousVacciner</b>
<b>18 January • le 18 janvier</b>		
7:00	Could you be at risk for hepatitis B? Talk to your doctor, nurse, pharmacist, or local public health unit and ask about Hep B immunization.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_2018_adult_web_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_2018_adult_web_e.jpg</a> <b>#GetImmunized</b>	Pourriez-vous être à risque pour l'hépatite B? Parlez avec votre médecin, votre infirmière, votre pharmacien ou votre bureau local de santé publique pour demander la vaccination contre l'hépatite B.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_2018_adult_web_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_2018_adult_web_f.jpg</a> <b>#FaitesVousVacciner</b>
12:00	Books for children about immunization   @ImmunizedotCa   <a href="https://immunize.ca/childrens-books">https://immunize.ca/childrens-books</a> <b>#GetImmunized</b>	Livres pour enfants, au sujet de la vaccination   @ImmunizedotCa   <a href="https://immunize.ca/fr/livres-pour-enfants">https://immunize.ca/fr/livres-pour-enfants</a> <b>#FaitesVousVacciner</b>
<b>19 January • le 19 janvier</b>		
7:00	What is community immunity?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_web_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_web_e.jpg</a> <b>#GetImmunized</b>	Qu'est-ce que l'immunité collective?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_web_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_web_f.jpg</a> <b>#FaitesVousVacciner</b>
12:00	Influenza prevention in seniors   @ImmunizedotCa's infographic   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_seniors_2019_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_seniors_2019_web_e.pdf</a> <b>#GetImmunized</b>	La grippe : Prévention chez les aînés   infographie créée par @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_seniors_2019_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2019-2020/influenza_prev_seniors_2019_web_f.pdf</a> <b>#FaitesVousVacciner</b>
<b>20 January • le 20 janvier</b>		
7:00	Protect your family from the flu   a short video by the @CanPaedSociety   <a href="https://youtu.be/eOJrZVi1B_0">https://youtu.be/eOJrZVi1B_0</a> <b>#GetImmunized #FluShot</b>	Protégez votre famille contre la grippe   courte vidéo créée par la @SocCanPediatrie   <a href="https://youtu.be/sS86m1KrnJQ">https://youtu.be/sS86m1KrnJQ</a> <b>#FaitesVousVacciner #vaccinantigrippal</b>
12:00	Tips for locating immunization records   @ImmunizedotCa   <a href="https://immunize.ca/tips-locating-old-immunization-records">https://immunize.ca/tips-locating-old-immunization-records</a> <b>#GetImmunized</b>	Conseils pour localiser vos dossiers d'immunisation   @ImmunizedotCa   <a href="https://immunize.ca/fr/conseils-pour-localiser-vos-dossiers-dimmunisation">https://immunize.ca/fr/conseils-pour-localiser-vos-dossiers-dimmunisation</a> <b>#FaitesVousVacciner</b>



## 2019-2020 Influenza / Pneumococcal Campaign • Social media calendar Campagne influenza / pneumocoque 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>21 January • le 21 janvier</b>		
7:00	Immunize Canada is a proud member of the Vaccine Safety Net @VaccineSafetyN -- a global network of credible websites on vaccine safety.   To learn more, visit <a href="https://www.who.int/vaccine_safety/VSN_portal/en/">https://www.who.int/vaccine_safety/VSN_portal/en/</a>	Immunisation Canada est fière d'être membre du Réseau pour la Sécurité des Vaccins @VaccineSafetyN : un réseau mondial de sites Web fiables sur la sécurité des vaccins.   Pour en savoir plus : <a href="https://www.who.int/vaccine_safety/VSN_portal/fr/">https://www.who.int/vaccine_safety/VSN_portal/fr/</a>
12:00	Adult immunization: Are you up to date? Download and print this handy record.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/Adult_Immunization_Pocket_Card_R4_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/Adult_Immunization_Pocket_Card_R4_e.pdf</a> #GetImmunized	La vaccination des adultes : Votre vaccination est-elle à jour? Téléchargez et utilisez cette ressource.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/Adult_Immunization_Pocket_Card_R4_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/Adult_Immunization_Pocket_Card_R4_f.pdf</a> #FaitesVousVacciner
<b>22 January • le 22 janvier</b>		
7:00	Health care professionals – Immunize Canada provides useful resources to help you counsel people of all ages about the importance of immunization.   @ImmunizedotCa   <a href="https://immunize.ca/counselling-public">https://immunize.ca/counselling-public</a> #GetImmunized	Pour les professionnels de la santé – Immunisation Canada vous propose des ressources utiles pour vous aider à conseiller des personnes de tout âge sur l'importance de la vaccination.   @ImmunizedotCa   <a href="https://immunize.ca/fr/conseils-au-grand-public">https://immunize.ca/fr/conseils-au-grand-public</a> #FaitesVousVacciner
12:00	Health care professionals – Immunize Canada provides pocket immunization guides and references guides to help you in your work.   @ImmunizedotCa   <a href="https://immunize.ca/pocket-guides-immunizers">https://immunize.ca/pocket-guides-immunizers</a> #GetImmunized	Pour les professionnels de la santé – Immunisation Canada vous propose des guides de poche et des guides de référence au sujet de la vaccination.   @ImmunizedotCa   <a href="https://immunize.ca/fr/guides-de-poche-vaccinateurs">https://immunize.ca/fr/guides-de-poche-vaccinateurs</a> #FaitesVousVacciner
<b>23 January • le 23 janvier</b>		
7:00	Guide for parents: Reduce the pain of vaccination in children & teens   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_kidsandteens_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_kidsandteens_web_e.pdf</a> #GetImmunized	Guide parental : Pour réduire la douleur de la vaccination chez les enfants & les ados   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_kidsandteens_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_kidsandteens_web_f.pdf</a> #FaitesVousVacciner
12:00	Adults: Immunizations are not just for kids! At any age, vaccination provides the longest-lasting, most effective protection against disease. Find out more: <a href="https://immunize.ca/adults">https://immunize.ca/adults</a> #GetImmunized	Les adultes : La vaccination n'est pas seulement pour les enfants! Peu importe l'âge, la vaccination offre la protection la plus durable et la plus efficace contre les maladies. Pour en savoir plus : <a href="https://immunize.ca/fr/les-adultes">https://immunize.ca/fr/les-adultes</a> #FaitesVousVacciner
<b>24 January • le 24 janvier</b>		





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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
7:00	A Parent's Guide to Vaccination   available in 13 languages from @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/parent-guide-vaccination.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/parent-guide-vaccination.html</a> <b>#GetImmunized</b>	Guide sur la vaccination à l'intention des parents   disponible dans 13 langues   @GovCanHealth   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-vaccination-intention-parents.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-vaccination-intention-parents.html</a> <b>#FaitesVousVacciner</b>
12:00	Protecting adolescents and young adults from meningococcal disease   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/meningococcal_aya_socialmedia_2019_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/meningococcal_aya_socialmedia_2019_e.jpg</a> <b>#GetImmunized</b>	Protéger les adolescents et les jeunes adultes contre la maladie à méningocoque   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/mening_aya_socialmedia_2019_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/mening_aya_socialmedia_2019_f.jpg</a> <b>#FaitesVousVacciner</b>
<b>25 January • le 25 janvier</b>		
7:00	New Canadians: We welcome you to Canada and encourage you to find out what immunizations you and your family need. <a href="https://immunize.ca/new-canadians">https://immunize.ca/new-canadians</a> <b>#GetImmunized</b>	Les néo-Canadiens : nous vous souhaitons la bienvenue au Canada et nous vous encourageons à déterminer quels sont les vaccins dont vous et votre famille avez besoin. <a href="https://immunize.ca/fr/les-neo-canadiens">https://immunize.ca/fr/les-neo-canadiens</a> <b>#FaitesVousVacciner</b>
12:00	Vaccines are safe and effective. Find out more: <a href="https://immunize.ca/vaccine-safety">https://immunize.ca/vaccine-safety</a> <b>#GetImmunized</b>	Les vaccins sont sûrs et efficaces. Renseignez-vous davantage : <a href="https://immunize.ca/fr/innocuite-des-vaccins">https://immunize.ca/fr/innocuite-des-vaccins</a> <b>#FaitesVousVacciner</b>
<b>26 January • le 26 janvier</b>		
7:00	Questions & Answers about Adult Immunization   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Q%20and%20A/qa_vaccines_adult_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Q%20and%20A/qa_vaccines_adult_web_e.pdf</a> <b>#GetImmunized</b>	Questions et réponses au sujet de la vaccination des adultes   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Q%20and%20A/qa_vaccines_adult_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Q%20and%20A/qa_vaccines_adult_web_f.pdf</a> <b>#FaitesVousVacciner</b>
12:00	Immunization is not just for kids! Adults – are you up to date with your immunizations?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/Adult_Immunization_Pocket_Card_R4_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/Adult_Immunization_Pocket_Card_R4_e.pdf</a> <b>#GetImmunized</b>	La vaccination n'est pas seulement pour les enfants! Les adultes –votre vaccination est-elle à jour?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/Adult_Immunization_Pocket_Card_R4_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/Adult_Immunization_Pocket_Card_R4_f.pdf</a> <b>#FaitesVousVacciner</b>
<b>27 January • le 27 janvier</b>		

## 2019-2020 Influenza / Pneumococcal Campaign • Social media calendar

### Campagne influenza / pneumocoque 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
7:00	Immunization Information on the Internet: Can you trust what you read?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/Information%20Sheet/Immunization%20Information%20on%20the%20Internet/2017/imm_info_internet_2017_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/Information%20Sheet/Immunization%20Information%20on%20the%20Internet/2017/imm_info_internet_2017_e.pdf</a> <b>#GetImmunized</b>	Information sur la vaccination qu'on trouve sur Internet : Est-ce qu'on peut se fier à ce qu'on lit?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/Information%20Sheet/Immunization%20Information%20on%20the%20Internet/2017/imm_info_internet_2017_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/Information%20Sheet/Immunization%20Information%20on%20the%20Internet/2017/imm_info_internet_2017_f.pdf</a> <b>#FaitesVousVacciner</b>
12:00	Adult Immunization Record: Are you up to date? <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/adult_imm_record_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/adult_imm_record_web_e.pdf</a> <b>#GetImmunized</b>	Fiche de vaccination de l'adulte : Votre vaccination est-elle à jour?   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/adult_imm_record_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Adult%20Immunization%20Record/adult_imm_record_web_f.pdf</a> <b>#FaitesVousVacciner</b>
<b>28 January • le 28 janvier</b>		
7:00	Look for credible sources of immunization information on the Internet. Here are some tips: <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/Information%20Sheet/Immunization%20Information%20on%20the%20Internet/2017/imm_info_internet_2017_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/Information%20Sheet/Immunization%20Information%20on%20the%20Internet/2017/imm_info_internet_2017_e.pdf</a> <b>#GetImmunized</b>	Cherchez des sources crédibles d'information sur la vaccination sur Internet. Voici des trucs : <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/Information%20Sheet/Immunization%20Information%20on%20the%20Internet/2017/imm_info_internet_2017_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/Information%20Sheet/Immunization%20Information%20on%20the%20Internet/2017/imm_info_internet_2017_f.pdf</a> <b>#FaitesVousVacciner</b>
12:00	Read. Learn. Understand. False claims about homeopathic nosodes   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Nosodes/homeopathic_nosodes_questions_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Nosodes/homeopathic_nosodes_questions_e.pdf</a>	Lire. Apprendre. Comprendre. Les fausses allégations au sujet des nosodes homéopathiques   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Nosodes/homeopathic_nosodes_questions_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Nosodes/homeopathic_nosodes_questions_f.pdf</a>
<b>29 January • le 29 janvier</b>		
7:00	For health care providers   Caring for Kids New to Canada – Immunizations: Bringing Newcomer Children Up to Date   @CanPaedSociety   <a href="https://www.kidsnewtocanada.ca/screening/immunizations">https://www.kidsnewtocanada.ca/screening/immunizations</a> <b>#GetImmunized</b>	Pour les professionnels de la santé : Les soins aux enfants néo-Canadiens – La vaccination : Mise à jour de l'immunisation des enfants néo-canadiens   @SocCanPediatrie   <a href="https://www.enfantsneocanadiens.ca/screening/immunizations">https://www.enfantsneocanadiens.ca/screening/immunizations</a> <b>#FaitesVousVacciner</b>
12:00	Health care professionals: Learn how to counteract health misinformation online and contribute to vaccine confidence! @MediaSmarts video and slide deck: <a href="https://immunize.ca/webinars">https://immunize.ca/webinars</a>	Les professionnels de la santé : Apprenez comment on peut contrer la désinformation en ligne sur la santé et contribuer à la confiance du public

## 2019-2020 Influenza / Pneumococcal Campaign • Social media calendar Campagne influenza / pneumocoque 2019-2020 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
		envers les vaccins! Vidéo créée par @HabiloMedias (en anglais), diapositives en français : <a href="https://immunize.ca/fr/webinaires">https://immunize.ca/fr/webinaires</a>
<b>30 January • le 30 janvier</b>		
7:00	50+? Protect yourself against shingles!   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/Brochure/2014/hz_2014_brochure_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/Brochure/2014/hz_2014_brochure_e.pdf</a> #GetImmunized	Vous avez 50 ans ou plus? Protégez-vous contre le zona!   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/Brochure/2014/hz_2014_brochure_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Shingles/Brochure/2014/hz_2014_brochure_f.pdf</a> #FaitesVousVacciner
12:00	How vaccines work   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_e.jpg</a> #GetImmunized	Comment fonctionnent les vaccins?   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/how_vaccines_work_web_f.jpg</a> #FaitesVousVacciner
<b>31 January • le 31 janvier</b>		
7:00	Protecting adolescents & young adults from meningococcal disease   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/meningococcal_aya_socialmedia_2019_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/meningococcal_aya_socialmedia_2019_e.jpg</a> #GetImmunized	Protéger les adolescents et les jeunes adultes contre la maladie à méningocoque   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/meningococcal_aya_socialmedia_2019_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/meningococcal_aya_socialmedia_2019_f.jpg</a> #FaitesVousVacciner
12:00	Read. Learn. Understand. A Parent's Decision to Immunize   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_e.pdf</a> #GetImmunized	Lire. Apprendre. Comprendre. La décision parentale de faire vacciner ses enfants   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Children/A%20Parent's%20Decision%20to%20Immunize/parents_decision_to_immunize_web_f.pdf</a> #FaitesVousVacciner