



## February 2019 • Social Media Calendar février 2019 • Calendrier pour médias sociaux

### FACEBOOK & TWITTER

Hashtags • mot-clics :

**#GetImmunized #FluShot #FaitesVousVacciner #vaccinantigrippal**

time	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>01 February • le 1er février</b>		
7am	Infographic: Stop the spread of meningococcal disease.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/2014/Meningococcal%20infographic_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/2014/Meningococcal%20infographic_e.pdf</a> <b>#GetImmunized</b>	Infographie : Arrêtez la propagation de la méningococcie.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/2014/Stop%20the%20Spread%20of%20Meningococcal%20Disease%20-Infographic_WEB_FRE.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/2014/Stop%20the%20Spread%20of%20Meningococcal%20Disease%20-Infographic_WEB_FRE.pdf</a> <b>#FaitesVousVacciner</b>
12pm	February 1 <sup>st</sup> : it's still flu season. This winter, lower your flu risk. If you haven't had your <b>#FluShot</b> yet, <b>#GetImmunized</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_e.pdf</a>	Le 1 <sup>er</sup> février : la saison grippale est toujours avec nous. Diminuez votre risque d'attraper la grippe cet hiver. Si vous n'avez pas encore reçu votre <b>#vaccinantigrippal</b> , <b>#FaitesVousVacciner</b> . <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_poster1_2018_web_f.pdf</a>
<b>02 February • le 2 février</b>		
7am	The flu: Don't pass it on!   short video by @GovCanHealth   <a href="https://youtu.be/EKaXhK2MWrE">https://youtu.be/EKaXhK2MWrE</a> <b>#GetImmunized #FluShot</b>	La grippe : n'en passez pas les maux!   courte vidéo créée par @GouvCanSante   <a href="https://youtu.be/tsnEaEZ425I">https://youtu.be/tsnEaEZ425I</a> <b>#FaitesVousVacciner #vaccinantigrippal</b>
12pm	Adults: Here are some tips you can use to help reduce the stress, anxiety and pain when it comes to immunizations.   @ImmunizedotCa   <a href="https://immunize.ca/pain-management-adults">https://immunize.ca/pain-management-adults</a> <b>#GetImmunized</b>	Les adultes : Voici quelques conseils pour vous aider à réduire le stress, l'anxiété et la douleur des vaccins.   @ImmunizedotCa   <a href="https://immunize.ca/fr/gestion-douleur-adultes">https://immunize.ca/fr/gestion-douleur-adultes</a> <b>#FaitesVousVacciner</b>
<b>03 February • le 3 février</b>		
7am	Influenza is a contagious respiratory illness caused by influenza viruses. It can be serious. You can still lower your flu risk. <b>#GetImmunized. #FluShot</b>	La grippe est une maladie respiratoire contagieuse causée par les virus de l'influenza. Vous pouvez toujours diminuer votre risque d'attraper la grippe. <b>#FaitesVousVacciner. #vaccinantigrippal</b>
12pm	Fact! Multiple injections do NOT overwhelm the immune system. Here's more information: <a href="https://immunize.ca/questions-and-">https://immunize.ca/questions-and-</a>	Fait! Les injections multiples ne surchargent PAS le système immunitaire. Pour plus d'information : <a href="https://immunize.ca/fr/questions-et-reponses">https://immunize.ca/fr/questions-et-reponses</a>



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time	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">answers</a> <b>#GetImmunized</b>	<b>#FaitesVousVacciner</b>
<b>04 February • le 4 février</b>		
7am	Teens, Meet Vaccines!   Public Health Agency of Canada @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/teens-meet-vaccines.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/teens-meet-vaccines.html</a> <b>#GetImmunized</b>	Vaccins. Allô les ados!   Agence de la santé publique du Canada @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/vaccins-allo-ados.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/vaccins-allo-ados.html</a> <b>#FaitesVousVacciner</b>
12pm	Read. Learn. Understand. Lower your flu risk.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu_factsheet_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu_factsheet_2018_web_e.pdf</a> <b>#GetImmunized #FluShot</b>	Lire. Apprendre. Comprendre. Diminuer votre risque d'attraper la grippe.   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu_factsheet_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/flu_factsheet_2018_web_f.pdf</a> <b>#FaitesVousVacciner #vaccinantigrippal</b>
<b>05 February • le 5 février</b>		
7am	Guide for parents: Reduce the pain of vaccination in children under 3 years   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_under3_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_under3_web_e.pdf</a> <b>#GetImmunized</b>	Guide parental : Pour réduire la douleur de la vaccination chez les enfants de moins de 3 ans   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_under3_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/Parents/painreduction_under3_web_f.pdf</a> <b>#FaitesVousVacciner</b>
7am	There are 2 major types of influenza virus that cause infection in humans: A & B. They are always changing. What's the difference between influenza 'drift' and 'shift'? <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_drift_or_shift_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_drift_or_shift_e.jpg</a> <b>#FluShot #GetImmunized</b>	Il existe 2 types majeurs de virus de l'influenza qui causent l'infection chez les humains : A et B. Ces virus changent constamment. C'est quoi la différence entre « dérive » et « mutation » chez les virus de l'influenza? <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_drift_or_shift_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_drift_or_shift_f.jpg</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
<b>06 February • le 6 février</b>		
7am	Health care professionals: Check out Immunize Canada's downloadable resources promoting influenza and <b>#pneumococcal</b> immunization!   <a href="https://immunize.ca/influenza-campaign">https://immunize.ca/influenza-campaign</a> <b>#FluShot #GetImmunized</b>	Les professionnels de la santé : Allez voir nos ressources téléchargeables pour promouvoir la vaccination contre la grippe et le <b>#pneumocoque!</b>   <a href="https://immunize.ca/fr/campagne-influenza">https://immunize.ca/fr/campagne-influenza</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
12pm	Health care professionals: On our website, you'll find resources to	Pour les professionnels de la santé : sur notre site Web, vous trouverez des



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	help you support the proper storage and handling of immunizing agents. <a href="https://immunize.ca/cold-chain">https://immunize.ca/cold-chain</a> #GetImmunized	ressources qui vous aideront à appuyer l'entreposage et la manipulation corrects des agents immunisants. <a href="https://immunize.ca/fr/chaine-du-froid">https://immunize.ca/fr/chaine-du-froid</a> #FaitesVousVacciner
<b>07 February • le 7 février</b>		
7am	It's still flu season – so it's not too late to get your #FluShot. Lower your flu risk. #GetImmunized!	Il n'est pas trop tard de vous faire vacciner contre la grippe! Diminuez votre risque d'attraper la grippe. #FaitesVousVacciner! #vaccinantigrippal
12pm	Influenza immunization: Questions and answers   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/influenza_qa_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/influenza_qa_2018_web_e.pdf</a> #FluShot #GetImmunized	La vaccination contre l'influenza : Foire aux questions   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/influenza_qa_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/influenza_qa_2018_web_f.pdf</a> #FaitesVousVacciner #vaccinantigrippal
<b>08 February • le 8 février</b>		
7am	Immunization for meningococcal serogroup B - What does the practitioner need to know?   @CanPaedSociety   <a href="https://www.cps.ca/en/documents/position/immunization-for-meningococcal-serogroup-B">https://www.cps.ca/en/documents/position/immunization-for-meningococcal-serogroup-B</a> #GetImmunized	La vaccination contre le méningocoque du sérotype B : ce que le praticien doit savoir   @SocCanPediatrie   <a href="https://www.cps.ca/fr/documents/position/vaccination-contre-le-meningocoque-du-serogroupe-B">https://www.cps.ca/fr/documents/position/vaccination-contre-le-meningocoque-du-serogroupe-B</a> #FaitesVousVacciner
12pm	The Story of Influenza   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/story_of_influenza_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/story_of_influenza_2018_web_e.pdf</a> #FluShot #GetImmunized	L'histoire de la grippe   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/story_of_influenza_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/story_of_influenza_2018_web_f.pdf</a> #FaitesVousVacciner #vaccinantigrippal
<b>09 February • le 9 février</b>		
7am	Is it a cold or influenza?   handy chart from @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/is_it_a_cold_or_influenza_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/is_it_a_cold_or_influenza_web_e.pdf</a> #GetImmunized #FluShot	Est-ce un rhume ou la grippe?   référence utile créée par @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/is_it_a_cold_or_influenza_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2017-2018/is_it_a_cold_or_influenza_web_f.pdf</a> #FaitesVousVacciner #vaccinantigrippal
12pm	Guide for parents: Reduce the pain of vaccination in children & teens   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Man">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Man</a>	Guide parental : Pour réduire la douleur de la vaccination chez les enfants & les ados   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/P">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pain%20Management/P</a>



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	<a href="#">agement/Parents/painreduction kidsandteens web e.pdf</a> <b>#GetImmunized</b>	<a href="#">arents/painreduction kidsandteens web f.pdf</a> <b>#FaitesVousVacciner</b>
<b>10 February • le 10 février</b>		
7am	Provincial & Territorial Routine (& Catch-up) Vaccination Programs for Infants and Children   @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/provincial-territorial-immunization-information/provincial-territorial-routine-vaccination-programs-infants-children.html">https://www.canada.ca/en/public-health/services/provincial-territorial-immunization-information/provincial-territorial-routine-vaccination-programs-infants-children.html</a> <b>#GetImmunized</b>	Programmes de vaccination systématique (et de rattrapage) des provinces/territoires pour les nourrissons et les enfants au Canada   @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/renseignements-immunisation-provinces-et-territoires/programmes-vaccination-systematique-provinces-territoires-nourrissons-enfants.html">https://www.canada.ca/fr/sante-publique/services/renseignements-immunisation-provinces-et-territoires/programmes-vaccination-systematique-provinces-territoires-nourrissons-enfants.html</a> <b>#FaitesVousVacciner</b>
12pm	Influenza prevention in children   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_prev_children_2018_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_prev_children_2018_e.pdf</a> <b>#GetImmunized #FluShot</b>	La grippe : prévention chez les enfants   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_prev_children_2018_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_prev_children_2018_f.pdf</a> <b>#FaitesVousVacciner #vaccinantigrippal</b>
<b>11 February • le 11 février</b>		
7am	Spotlight on a vaccine-preventable disease: Haemophilus influenzae, type b   @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/immunization/vaccine-preventable-diseases/haemophilus-influenzae-disease.html">https://www.canada.ca/en/public-health/services/immunization/vaccine-preventable-diseases/haemophilus-influenzae-disease.html</a> <b>#GetImmunized</b>	Des infos sur une maladie évitable par la vaccination : Haemophilus influenzae de type b   @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/immunisation/maladies-pouvant-etre-prevenues-vaccination/infection-a-haemophilus-influenzae.html">https://www.canada.ca/fr/sante-publique/services/immunisation/maladies-pouvant-etre-prevenues-vaccination/infection-a-haemophilus-influenzae.html</a> <b>#FaitesVousVacciner</b>
12pm	Infographic: Influenza prevention in adults   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_prev_adults_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_prev_adults_2018_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Infographie : La prévention de la grippe chez les adultes   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_prev_adults_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_prev_adults_2018_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>
<b>12 February • le 12 février</b>		
7am	Infographic: Influenza prevention in seniors   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_prev_seniors_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_prev_seniors_2018_web_e.pdf</a> <b>#FluShot #GetImmunized</b>	Infographie : La prévention de la grippe chez les aînés   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_prev_seniors_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_prev_seniors_2018_web_f.pdf</a> <b>#vaccinantigrippal #FaitesVousVacciner</b>



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12pm	Spotlight on a vaccine-preventable disease: Invasive Meningococcal Disease   @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/immunization/vaccine-preventable-diseases/invasive-meningococcal-disease.html">https://www.canada.ca/en/public-health/services/immunization/vaccine-preventable-diseases/invasive-meningococcal-disease.html</a> <b>#GetImmunized</b>	Des infos sur une maladie évitable par la vaccination : la méningococcie invasive   @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/immunisation/maladies-pouvant-etre-prevenues-vaccination/meningococcie-invasive.html">https://www.canada.ca/fr/sante-publique/services/immunisation/maladies-pouvant-etre-prevenues-vaccination/meningococcie-invasive.html</a> <b>#FaitesVousVacciner</b>
<b>13 February • le 13 février</b>		
7am	For health care professionals: Weekly Influenza Reports – Fluwatch Summary   @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/diseases/flu-influenza/influenza-surveillance/weekly-influenza-reports.html">https://www.canada.ca/en/public-health/services/diseases/flu-influenza/influenza-surveillance/weekly-influenza-reports.html</a> <b>#GetImmunized #FluShot</b>	Pour les professionnels de la santé : Rapports hebdomadaires sur l'influenza – Surveillance de l'influenza sommaire   @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/maladies/grippe-influenza/surveillance-influenza/rapports-hebdomadaires-influenza.html">https://www.canada.ca/fr/sante-publique/services/maladies/grippe-influenza/surveillance-influenza/rapports-hebdomadaires-influenza.html</a> <b>#FaitesVousVacciner #vaccinantigrippal</b>
12pm	For health care professionals: Recommended Vaccines for Healthy Preteens, Teens, and Young Adults (Aged 9-25)   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/resources/rec_vaccines_adol_bil_2017.pdf">https://immunize.ca/sites/default/files/resources/rec_vaccines_adol_bil_2017.pdf</a> <b>#GetImmunized</b>	Pour les professionnels de la santé : Vaccins recommandés aux préadolescents/adolescents/jeunes adultes (9 à 25 ans) en bonne santé   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/resources/rec_vaccines_adol_bil_2017.pdf">https://immunize.ca/sites/default/files/resources/rec_vaccines_adol_bil_2017.pdf</a> <b>#FaitesVousVacciner</b>
<b>14 February • le 14 février</b>		
7am	Check out our influenza glossary of terms!   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_glossary_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_glossary_e.pdf</a> <b>#GetImmunized #FluShot</b>	Allez voir notre glossaire de l'influenza!   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_glossary_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_glossary_f.pdf</a> <b>#FaitesVousVacciner #vaccinantigrippal</b>
12pm	Spotlight on a vaccine-preventable disease: Pertussis (whooping cough)   @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/immunization/vaccine-preventable-diseases/pertussis-whooping-cough.html">https://www.canada.ca/en/public-health/services/immunization/vaccine-preventable-diseases/pertussis-whooping-cough.html</a> <b>#GetImmunized</b>	Des infos sur une maladie évitable par la vaccination : la coqueluche   @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/immunisation/maladies-pouvant-etre-prevenues-vaccination/coqueluche-toux-coquelucheuse.html">https://www.canada.ca/fr/sante-publique/services/immunisation/maladies-pouvant-etre-prevenues-vaccination/coqueluche-toux-coquelucheuse.html</a> <b>#FaitesVousVacciner</b>
<b>15 February • le 15 février</b>		
7am	Vaccine Safety in Canada   poster by @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/vaccine-safety-poster.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/vaccine-safety-poster.html</a> <b>#GetImmunized</b>	La sécurité des vaccins au Canada   affiche par @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/affiche-securite-vaccins.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/affiche-securite-vaccins.html</a> <b>#FaitesVousVacciner</b>

## February 2019 • Social Media Calendar février 2019 • Calendrier pour médias sociaux

time	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
12pm	Infographic: Influenza prevention in people with asthma   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_prev_asthma_2018_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_prev_asthma_2018_web_e.pdf</a> <b>#GetImmunized #FluShot</b>	Infographie : La prévention de la grippe chez les personnes qui ont l'asthme   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_prev_asthma_2018_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/influenza_prev_asthma_2018_web_f.pdf</a> <b>#FaitesVousVacciner #vaccinantigrippal</b>
<b>16 February • le 16 février</b>		
7am	Immunization timeline (1798-2000s)   @CPHA_ACSP   <a href="https://www.cpha.ca/immunization-timeline">https://www.cpha.ca/immunization-timeline</a> <b>#GetImmunized</b>	Chronologie de l'immunisation (de 1798 jusqu'aux années 2000   @CPHA_ACSP   <a href="https://www.cpha.ca/fr/chronologie-de-limmunisation">https://www.cpha.ca/fr/chronologie-de-limmunisation</a> <b>#FaitesVousVacciner</b>
12pm	Spotlight on a vaccine-preventable disease: Herpes zoster ('shingles')   @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/infectious-diseases/fact-sheet-shingles-herpes-zoster.html">https://www.canada.ca/en/public-health/services/infectious-diseases/fact-sheet-shingles-herpes-zoster.html</a> <b>#GetImmunized</b>	Des infos sur une maladie évitable par la vaccination : Herpes zoster ('le zona')   @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/maladies-infectieuses/feuille-renseignements-zona-herpes-zoster.html">https://www.canada.ca/fr/sante-publique/services/maladies-infectieuses/feuille-renseignements-zona-herpes-zoster.html</a> <b>#FaitesVousVacciner</b>
<b>17 February • le 17 février</b>		
7am	Protect yourself from pneumococcal disease   @ImmunizedotCa brochure   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_e.pdf</a> <b>#GetImmunized</b>	Protégez-vous contre la maladie à pneumocoque   dépliant de @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_f.pdf</a> <b>#FaitesVousVacciner</b>
12pm	Find credible online resources about immunization here: <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Poster%20Contest/2018/credible_online_2018_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Poster%20Contest/2018/credible_online_2018_e.pdf</a> <b>#GetImmunized</b>	Trouvez des ressources crédibles au sujet de la vaccination ici : <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Poster%20Contest/2018/credible_online_2018_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Poster%20Contest/2018/credible_online_2018_f.pdf</a> <b>#FaitesVousVacciner</b>
<b>18 February • le 18 février</b>		
7am	Recommended immunizations for children   Immunize Canada @ImmunizedotCa   <a href="https://immunize.ca/recommended-immunizations-children">https://immunize.ca/recommended-immunizations-children</a> <b>#GetImmunized</b>	Vaccins recommandés aux enfants   Immunisation Canada @ImmunizedotCa   <a href="https://immunize.ca/fr/vaccins-recommandes-enfants">https://immunize.ca/fr/vaccins-recommandes-enfants</a> <b>#FaitesVousVacciner</b>
12pm	Get a workout, not the flu.   @GovCanHealth	Partagez la salle de sport, pas la grippe.   @GouvCanSante

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time	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="https://www.canada.ca/en/public-health/services/video/get-a-workout-not-the-flu.html?_ga=2.61134060.1574296959.1506350208-289665181.1496166057">https://www.canada.ca/en/public-health/services/video/get-a-workout-not-the-flu.html?_ga=2.61134060.1574296959.1506350208-289665181.1496166057</a> #GetImmunized #FluShot	<a href="https://www.canada.ca/fr/sante-publique/services/video/partagez-la-salle-de-sport-pas-la-grippe.html?_ga=2.129343436.1574296959.1506350208-289665181.1496166057">https://www.canada.ca/fr/sante-publique/services/video/partagez-la-salle-de-sport-pas-la-grippe.html?_ga=2.129343436.1574296959.1506350208-289665181.1496166057</a> #FaitesVousVacciner #vaccinantigrippal
<b>19 February • le 19 février</b>		
7am	Teens, Meet Vaccines!   Public Health Agency of Canada @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/teens-meet-vaccines.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/teens-meet-vaccines.html</a> #GetImmunized	Vaccins. Allô les ados!   Agence de la santé publique du Canada @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/vaccins-allo-ados.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/vaccins-allo-ados.html</a> #FaitesVousVacciner
12pm	For health care providers: HPV and Vaccination: Translating knowledge into action – online accredited course offered by @SOGCorg. <a href="https://sogc.org/online-courses/courses.html/event-info/details/id/244">https://sogc.org/online-courses/courses.html/event-info/details/id/244</a> #GetImmunized	Pour les professionnels de la santé : Formation en ligne accréditée, en anglais - HPV and Vaccination: Translating knowledge into action (offerte par @SOGCorg). <a href="https://sogc.org/online-courses/courses.html/event-info/details/id/244">https://sogc.org/online-courses/courses.html/event-info/details/id/244</a> #FaitesVousVacciner
<b>20 February • le 20 février</b>		
7am	Health care professionals: Check out the list of conferences on Immunize Canada's website. <a href="https://immunize.ca/conferences-and-events">https://immunize.ca/conferences-and-events</a> #GetImmunized	Professionnels de la santé : Allez voir la liste de conférences affichée sur notre site Web : <a href="https://immunize.ca/fr/conferences-et-evenements">https://immunize.ca/fr/conferences-et-evenements</a> #FaitesVousVacciner
12pm	Flu (influenza): For health professionals   @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/diseases/flu-influenza/health-professionals.html">https://www.canada.ca/en/public-health/services/diseases/flu-influenza/health-professionals.html</a> #FluShot #GetImmunized	Grippe (influenza) : Pour les professionnels de la santé   @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/maladies/grippe-influenza/professionnels-sante.html">https://www.canada.ca/fr/sante-publique/services/maladies/grippe-influenza/professionnels-sante.html</a> #vaccinantigrippal #FaitesVousVacciner
<b>21 February • le 21 février</b>		
7am	For health care professionals: Update on invasive meningococcal vaccination for Canadian children and youth   @CanPaedSociety   <a href="https://www.cps.ca/en/documents/position/invasive-meningococcal-vaccination">https://www.cps.ca/en/documents/position/invasive-meningococcal-vaccination</a> #GetImmunized	Pour les professionnels de la santé : Mise à jour sur la vaccination contre la méningocoque invasive chez les enfants et les adolescents canadiens   @SocCanPediatrie   <a href="https://www.cps.ca/fr/documents/position/vaccination-contre-la-meningocoque-invasive">https://www.cps.ca/fr/documents/position/vaccination-contre-la-meningocoque-invasive</a> #FaitesVousVacciner
12pm	Protect your child from #pneumococcal disease   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-</a>	Protégez votre enfant contre la maladie à #pneumocoque   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-</a>

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time	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">2019/pneumo2018_protect_child_e.jpg</a> <b>#GetImmunized</b>	<a href="#">2019/pneumo2018_protect_child_f.jpg</a> <b>#FaitesVousVacciner</b>
<b>22 February • le 22 février</b>		
7am	Share the elevator, not the flu   short video with a tip on how to avoid getting the flu   <a href="https://www.canada.ca/en/public-health/services/video/share-the-elevator-not-the-flu.html?_ga=2.61134060.1574296959.1506350208-289665181.1496166057">https://www.canada.ca/en/public-health/services/video/share-the-elevator-not-the-flu.html?_ga=2.61134060.1574296959.1506350208-289665181.1496166057</a> <b>#GetImmunized #FluShot</b>	Partagez l'ascenseur, pas la grippe   courte vidéo où l'on donne un conseil sur la façon d'éviter la grippe   <a href="https://www.canada.ca/fr/sante-publique/services/video/partagez-l-ascenseur-pas-la-grippe.html?_ga=2.129343436.1574296959.1506350208-289665181.1496166057">https://www.canada.ca/fr/sante-publique/services/video/partagez-l-ascenseur-pas-la-grippe.html?_ga=2.129343436.1574296959.1506350208-289665181.1496166057</a> <b>#FaitesVousVacciner #vaccinantigrippal</b>
12pm	DYK? HPV often doesn't present any signs or symptoms. You can prevent it by getting immunized. <a href="http://hpvinfo.ca/faq/">http://hpvinfo.ca/faq/</a> <b>#GetImmunized</b>	SVQ souvent, le VPH ne s'accompagne d'aucun signe ni symptôme? Évitez le VPH avec la vaccination. <a href="http://hpvinfo.ca/fr/faq-fr/">http://hpvinfo.ca/fr/faq-fr/</a> <b>#FaitesVousVacciner</b>
<b>23 February • le 23 février</b>		
7am	Is it a cold or influenza? <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/isitacoldortheflu_2018_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/isitacoldortheflu_2018_e.pdf</a> <b>#GetImmunized #FluShot</b>	Est-ce un rhume ou la grippe? <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/isitacoldortheflu_2018_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/isitacoldortheflu_2018_f.pdf</a> <b>#FaitesVousVacciner #vaccinantigrippal</b>
12pm	Questions about immunization? Visit <a href="https://immunize.ca">https://immunize.ca</a> for reliable info. <b>#GetImmunized</b>	Vous avez des questions au sujet de la vaccination? Visitez notre site Web – <a href="https://immunize.ca/fr">https://immunize.ca/fr</a> pour obtenir des infos fiables. <b>#FaitesVousVacciner</b>
<b>24 February • le 24 février</b>		
7am	For health care professionals   recorded webinar: The Storage and Handling of Vaccines (The Cold Chain)   @ImmunizedotCa   <a href="https://youtu.be/YV0Vo6au1IA">https://youtu.be/YV0Vo6au1IA</a> <b>#GetImmunized</b>	Pour les professionnels de la santé   webinaire enregistré : La chaîne du froid – Entreposage et manipulation des vaccins   @ImmunizedotCa   <a href="https://youtu.be/Li0alxFfivs">https://youtu.be/Li0alxFfivs</a> <b>#FaitesVousVacciner</b>
12pm	Download @ImmunizedotCa's poster: Protect your child from <b>#pneumococcal</b> disease   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Poster/2018/pneumo_2018_poster_child_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Poster/2018/pneumo_2018_poster_child_web_e.pdf</a> <b>#GetImmunized</b>	Téléchargez l'affiche d'@ImmunizedotCa : Protégez votre enfant contre la maladie à <b>#pneumocoque</b>   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Poster/2018/pneumo_2018_poster_child_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Children/Poster/2018/pneumo_2018_poster_child_web_f.pdf</a> <b>#FaitesVousVacciner</b>
<b>25 February • le 25 février</b>		
7am	Protect yourself from <b>#pneumococcal</b> disease   @ImmunizedotCa poster	Protégez-vous contre la maladie à <b>#pneumocoque</b>   affiche créée par @ImmunizedotCa



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time	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_e.pdf</a> <b>#GetImmunized</b>	<a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/Adult/Poster/2018/pneumo_2018_poster_adult_web_f.pdf</a> <b>#FaitesVousVacciner</b>
12pm	Provincial & territorial immunization information: immunization schedules by province & territory   @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/provincial-territorial-immunization-information.html">https://www.canada.ca/en/public-health/services/provincial-territorial-immunization-information.html</a> <b>#GetImmunized</b>	Renseignements sur l'immunisation - provinces et territoires : calendriers de vaccination par province et territoire   @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique/services/renseignements-immunisation-provinces-et-territoires.html">https://www.canada.ca/fr/sante-publique/services/renseignements-immunisation-provinces-et-territoires.html</a> <b>#FaitesVousVacciner</b>
<b>26 February • le 26 février</b>		
7am	Protect yourself from #pneumococcal disease. <b>#GetImmunized</b>   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_self_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_self_e.jpg</a>	Protégez-vous contre la maladie à #pneumocoque. <b>#FaitesVousVacciner</b>   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_self_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Campaigns/Influenza/2018-2019/pneumo2018_protect_self_f.jpg</a>
12pm	Community Immunity: When most of the people in a community have been immunized against a contagious disease, it greatly reduces the spread of disease and the chance of an outbreak of that disease. <a href="https://immunize.ca/questions-and-answers">https://immunize.ca/questions-and-answers</a> <b>#GetImmunized</b>	L'immunité collective : Quand la plupart des membres d'une communauté sont immunisés contre une maladie contagieuse, cela réduit beaucoup la propagation de la maladie et la probabilité d'une éclipse. <a href="https://immunize.ca/fr/questions-et-reponses">https://immunize.ca/fr/questions-et-reponses</a> <b>#FaitesVousVacciner</b>
<b>27 February • le 27 février</b>		
7am	For health care professionals: Strategies to improve vaccine uptake in adults   @GovCanHealth   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/canadian-immunization-guide-part-3-vaccination-specific-populations/page-2-immunization-of-adults.html#p3c1a3">https://www.canada.ca/en/public-health/services/publications/healthy-living/canadian-immunization-guide-part-3-vaccination-specific-populations/page-2-immunization-of-adults.html#p3c1a3</a> <b>#GetImmunized</b>	Pour les professionnels de la santé : Stratégies en vue d'améliorer le taux de vaccination chez les adultes   @GouvCanSante   <a href="https://www.canada.ca/fr/sante-publique-services/publications/vie-saine/guide-canadien-immunisation-partie-3-vaccination-populations-particulieres/page-2-immunisation-adultes.html#p3c1a3">https://www.canada.ca/fr/sante-publique-services/publications/vie-saine/guide-canadien-immunisation-partie-3-vaccination-populations-particulieres/page-2-immunisation-adultes.html#p3c1a3</a> <b>#FaitesVousVacciner</b>
12pm	Improving Adult Immunization: Information for health care providers   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Presentations/2015/Adult%20Immunization_Communicating%20with%20HCP.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Presentations/2015/Adult%20Immunization_Communicating%20with%20HCP.pdf</a> <b>#GetImmunized</b>	Pour améliorer l'immunisation des adultes : Information à l'intention du personnel soignant   @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Presentations/2015/peer_to_peer_2015_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Adult%20Immunization/Presentations/2015/peer_to_peer_2015_f.pdf</a> <b>#FaitesVousVacciner</b>



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time	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>28 February • le 28 février</b>		
7am	HPV: The facts on the human papillomavirus from Canadian experts. <a href="http://hpvinfo.ca/">http://hpvinfo.ca/</a> <b>#GetImmunized</b>	Le VPH: Les faits sur le virus du papillome humain, présentés par des spécialistes canadiens. <a href="http://hpvinfo.ca/fr/">http://hpvinfo.ca/fr/</a> <b>#FaitesVousVacciner</b>
12pm	Protect yourself from <b>#pneumococcal</b> disease. <b>#GetImmunized</b> .   @ImmunizedotCa brochure   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_e.pdf</a>	Protégez-vous contre la maladie à <b>#pneumocoque</b> . <b>#FaitesVousVacciner</b>   dépliant créé par @ImmunizedotCa   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pneumococcal/General%20Public/Brochure/2018/pneumo_2018_brochure_web_f.pdf</a>