

February 2026 • social media calendar | février 2026 • calendrier pour médias sociaux

Times indicated: Eastern Time • Heure de l'Est indiquée

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
<b>01 February • le 1<sup>er</sup> février</b>		
08:30	Preventing RSV infection in young children: A guide for parents and caregivers   Watch our new video! <a href="https://www.youtube.com/watch?v=fq2ns7cbweA">https://www.youtube.com/watch?v=fq2ns7cbweA</a> #RSV #VaccinesWork #VaccinesSaveLives #GetImmunized	Le virus respiratoire syncytial chez les jeunes enfants : Un guide pour les parents et les proches aidants   Visionner notre nouvelle vidéo! <a href="https://www.youtube.com/watch?v=V15ZVQbhu80">https://www.youtube.com/watch?v=V15ZVQbhu80</a> #VRS #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
10:00	A resurgence in vaccine-preventable diseases is gaining momentum in Canada   Patient Voice, in collaboration with Immunize Canada   <a href="https://www.patientvoice.io/a-resurgence-in-vaccine-preventable-diseases-is-gaining-momentum-in-canada">https://www.patientvoice.io/a-resurgence-in-vaccine-preventable-diseases-is-gaining-momentum-in-canada</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	La résurgence des maladies évitables par la vaccination gagne du terrain au Canada   Patient Voice, en collaboration avec Immunisation Canada   <a href="https://www.patientvoice.io/la-resurgence-des-maladies-evitables-par-la-vaccination-gagne-du-terrain-au-canada">https://www.patientvoice.io/la-resurgence-des-maladies-evitables-par-la-vaccination-gagne-du-terrain-au-canada</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
10:00	Eitan's story: Find out more about RSV   If you're #pregnant, speak to your health care provider about getting immunized against RSV (respiratory syncytial virus) to protect your infant   <a href="https://youtu.be/YHqGhZqowfl?si=C9KvEqrjnRwQGeDy">https://youtu.be/YHqGhZqowfl?si=C9KvEqrjnRwQGeDy</a> #RSV #VaccinesWork #VaccinesSaveLives #GetImmunized	L'histoire d'Eitan : En savoir davantage sur le VRS   Si vous êtes #enceinte, parlez à votre prestataire de soins de santé pour vous faire immuniser contre le VRS (virus respiratoire syncytial) et ainsi protéger votre nourrisson   <a href="https://youtu.be/YFhbUnw3PHA?si=hg9f6lCFrNH099lm">https://youtu.be/YFhbUnw3PHA?si=hg9f6lCFrNH099lm</a> #VRS #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>02 February • le 2 février</b>		
07:00	It's #MythbustingMonday! Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/mbm_men_in_5_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/mbm_men_in_5_e.png</a> #meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation	Aujourd'hui : #LundiAntiMythes! Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/mbm_men_in_5_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/mbm_men_in_5_f.png</a> #méningocoque #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation
12:00	It's #MythbustingMonday! Let's tackle some misinformation. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/mbm_men_in_3_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/mbm_men_in_3_e.png</a> #meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation	Aujourd'hui : #LundiAntiMythes! Abordons certaines informations erronées. <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/mbm_men_in_3_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/mbm_men_in_3_f.png</a> #méningocoque #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation
18:00	Ages and school grades in which meningococcal vaccines are routinely administered, in each province and territory   <a href="https://immunize.ca/sites/default/files/meningococcal_vaccines_chart_web_e.pdf">https://immunize.ca/sites/default/files/meningococcal_vaccines_chart_web_e.pdf</a> #meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized	Âges et niveaux scolaires pour lesquels les vaccins contre le méningocoque sont systématiquement administrés, par province et territoire   <a href="https://immunize.ca/sites/default/files/meningococcal_vaccines_chart_web_f.pdf">https://immunize.ca/sites/default/files/meningococcal_vaccines_chart_web_f.pdf</a> #méningocoque #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>03 February • le 3 février</b>		

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
07:00	Planning a trip?   Hepatitis A: What you need to know   informative factsheet from Immunize Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20A/hepatitis_a_factsheet_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20A/hepatitis_a_factsheet_web_e.pdf</a> #hepatitis #VaccinesWork #VaccinesSaveLives #GetImmunized	Vous planifiez des vacances?   L'hépatite A : ce qu'il faut savoir   un feuillet de renseignements informatif créé par Immunisation Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20A/hepatitis_a_factsheet_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20A/hepatitis_a_factsheet_web_f.pdf</a> #hépatite #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	Planning to travel?   Hepatitis B: What you need to know   informative factsheet from Immunize Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_factsheet_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_factsheet_web_e.pdf</a> #hepatitis #VaccinesWork #VaccinesSaveLives #GetImmunized	Vous planifiez un voyage?   L'hépatite B : ce qu'il faut savoir   un feuillet de renseignements informatif créé par Immunisation Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_factsheet_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Hepatitis%20B/hepatitis_b_factsheet_web_f.pdf</a> #hépatite #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	Check out our factsheet   Preventing RSV in infants: Know your product options   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/RSV/rsv_know_your_options_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/RSV/rsv_know_your_options_web_e.pdf</a> #RSV	Allez voir notre feuillet de renseignements   Prévention du VRS chez le nourrisson : Connaissez-vous vos options?   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/RSV/rsv_know_your_options_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/RSV/rsv_know_your_options_web_f.pdf</a> #VRS
<b>04 February • le 4 février</b>		
07:00	Public Health 2026 – the Canadian Public Health Association’s annual conference – will take place from 11-13 March 2026 in Montréal, Québec!   Register: <a href="https://www.cpha.ca/publichealth2026-registration">https://www.cpha.ca/publichealth2026-registration</a> #PublicHealth #ph26sp	Santé publique 2026 – la conférence annuelle de l'Association canadienne de santé publique – aura lieu du 11 au 13 mars 2026 à Montréal (Québec)!   Inscrivez-vous : <a href="https://www.cpha.ca/fr/santepublique2026-inscription">https://www.cpha.ca/fr/santepublique2026-inscription</a> #SantéPublique #ph26sp
08:00	How to administer the live-attenuated intranasal influenza vaccine (LAIV): A guide for healthcare professionals   <a href="https://www.youtube.com/watch?v=B7Hh-5IBDb4&amp;t=4s">https://www.youtube.com/watch?v=B7Hh-5IBDb4&amp;t=4s</a> #influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason	<i>No French post available</i>  <i>Aucun message disponible en français</i>
09:00	Protecting adults 65 and older against influenza: A guide for health professionals   video by Dr. Paul Roumeliotis in partnership with Immunize Canada   <a href="https://www.youtube.com/watch?v=BT7pP197uul">https://www.youtube.com/watch?v=BT7pP197uul</a> #influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason	Protection des adultes de 65 ans et plus contre la grippe : Guide à l'intention des professionnels de la santé   video par Dr Paul Roumeliotis en partenariat avec Immunisation Canada   <a href="https://www.youtube.com/watch?v=o2Qf2XP0LJO">https://www.youtube.com/watch?v=o2Qf2XP0LJO</a> #grippe #influenza #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale

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10:00	For health care professionals   Pocket Guide for Immunizers: Tdap/DTaP/IPV-containing Vaccines   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tdap%20pocket%20guide/tdap_pocketguide_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tdap%20pocket%20guide/tdap_pocketguide_web_e.pdf</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Pour les professionnel·les de la santé   Guide de poche pour les vaccinateurs et vaccinatrices : Vaccins à composants dcaT/DCaT/VPI   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tdap%20pocket%20guide/tdap_pocketguide_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Tdap%20pocket%20guide/tdap_pocketguide_web_f.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	Health care professionals   Download and use our Pocket Guide for Immunizers: Influenza Immunization 2025-2026   <a href="https://www.immunize.ca/sites/default/files/influenza_pocketguide_20252026_web_e.pdf">https://www.immunize.ca/sites/default/files/influenza_pocketguide_20252026_web_e.pdf</a> #influenza #flu #VaccinesWork #VaccinesSaveLives #GetImmunized #FluSeason	Les professionnel·les de la santé   Télécharger et utiliser notre Guide de poche pour les vaccinateurs et vaccinatrices : Vaccination contre la grippe 2025-2026   <a href="https://www.immunize.ca/sites/default/files/influenza_pocketguide_20252026_web_f.pdf">https://www.immunize.ca/sites/default/files/influenza_pocketguide_20252026_web_f.pdf</a> #grippe #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #SaisonGrippale
18:00	Health care professionals   Download and use our Pocket Guide for Immunizers: RSV Vaccines and Immunizing Agents   <a href="https://immunize.ca/sites/default/files/rsv_pocketguide_web_e.pdf">https://immunize.ca/sites/default/files/rsv_pocketguide_web_e.pdf</a> #RSV #VaccinesWork #VaccinesSaveLives #GetImmunized	Les professionnel·les de la santé   Télécharger et utiliser notre Guide de poche pour les vaccinateurs et vaccinatrices : Vaccins et agents immunisants contre le VRS   <a href="https://immunize.ca/sites/default/files/rsv_pocketguide_web_f.pdf">https://immunize.ca/sites/default/files/rsv_pocketguide_web_f.pdf</a> #VRS #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>05 February • le 5 février</b>		
07:00	It's #ThrowbackThursday! <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20social%20media%20images/tbt_gen_in_4_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20social%20media%20images/tbt_gen_in_4_e.png</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd'hui : #JeudiRétro! <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20social%20media%20images/tbt_gen_in_4_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20social%20media%20images/tbt_gen_in_4_f.png</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	It's #ThrowbackThursday! We vaccinated because pneumococcal. Time tested. Life saving. Get immunized   <a href="https://www.immunize.ca/sites/default/files/because-pneumococcal-throwback-e.png">https://www.immunize.ca/sites/default/files/because-pneumococcal-throwback-e.png</a> #pneumococcal #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd'hui : #JeudiRétro! C'était le pneumocoque : nous nous sommes fait vacciner. Éprouvés. Salvateurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-pneumococcal-throwback-f.png">https://www.immunize.ca/sites/default/files/because-pneumococcal-throwback-f.png</a> #pneumocoque #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	It's #ThrowbackThursday!   We vaccinated because pertussis (whooping cough). Time tested. Life saving. Get immunized   <a href="https://www.immunize.ca/sites/default/files/because-pertussis-throwback-e.png">https://www.immunize.ca/sites/default/files/because-pertussis-throwback-e.png</a> #pertussis #whoopingcough #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd'hui : #JeudiRétro!   C'était la coqueluche : nous nous sommes fait vacciner. Éprouvés. Salvateurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-pertussis-throwback-f.png">https://www.immunize.ca/sites/default/files/because-pertussis-throwback-f.png</a> #coqueluche #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>06 February • le 6 février</b>		
07:00	It's #FightMisinformationFriday!   To successfully counter vaccine misinformation, learn more about this Misinformation Tactic: Stirring	Aujourd'hui : #VendrediContreLaDésinformation   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur cette Tactique de

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	Up Emotions   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactic-stirring-up-emotions/">https://scienceupfirst.com/misinformation-101/misinformer-tactic-stirring-up-emotions/</a> #TogetherAgainstMisinformation	désinformation : Provoquer des émotions   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-provoquer-des-emotions/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-provoquer-des-emotions/?lang=fr</a> #EnsembleContreLaDésinformation
12:00	It's #FightMisinformationFriday!   To successfully counter vaccine misinformation, learn more about this Misinformer Tactic: Doubt Mongering   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactic-doubt-mongering/">https://scienceupfirst.com/misinformation-101/misinformer-tactic-doubt-mongering/</a> #TogetherAgainstMisinformation	Aujourd'hui : #VendrediContreLaDésinformation   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur cette Tactique de désinformation : Semer le doute   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-semer-le-doute/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-semer-le-doute/?lang=fr</a> #EnsembleContreLaDésinformation
18:00	It's #FightMisinformationFriday!   To successfully counter vaccine misinformation, learn more about this Misinformer Tactic: Red Herring   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactic-red-herring/">https://scienceupfirst.com/misinformation-101/misinformer-tactic-red-herring/</a> #TogetherAgainstMisinformation	Aujourd'hui : #VendrediContreLaDésinformation   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur cette Tactique de désinformation : La diversion   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-la-diversion/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-la-diversion/?lang=fr</a> #EnsembleContreLaDésinformation
<b>07 February • le 7 février</b>		
10:00	Measles is no party!   Watch our short video   <a href="https://youtu.be/pJERNBLbTAK">https://youtu.be/pJERNBLbTAK</a> #measles #VaccinesWork #VaccinesSaveLives #GetImmunized	La rougeole n'est pas une partie de plaisir!   Visionner notre courte vidéo   <a href="https://youtu.be/gAiq07vX5x0">https://youtu.be/gAiq07vX5x0</a> #rougeole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
16:00	Canada has lost its measles elimination status after 27 years. But Canada can get its #measles elimination status back! Best way? #GetImmunized. The #MMR vaccine is extremely safe and effective   <a href="https://www.youtube.com/watch?v=t6sVomAM--E">https://www.youtube.com/watch?v=t6sVomAM--E</a> #VaccinesWork #VaccinesSaveLives	Le Canada perd son statut d'élimination de la #rougeole. La bonne nouvelle, c'est que la situation est réversible! La meilleure façon? #FaitesVousVacciner. Le vaccin #RRO est très sûr et efficace   <a href="https://www.youtube.com/watch?v=0AMLiXfvLJK">https://www.youtube.com/watch?v=0AMLiXfvLJK</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies
<b>08 February • le 8 février</b>		
10:00	Got a minute? Watch our short video: Vaccines before Pregnancy   <a href="https://youtu.be/4Kb00tYp_bc?si=vW6_XmCQI3bxA5kl">https://youtu.be/4Kb00tYp_bc?si=vW6_XmCQI3bxA5kl</a> #pregnancy #VaccinesWork #VaccinesSaveLives #GetImmunized	Vous avez une minute? Visionnez notre courte vidéo : Les vaccins avant la grossesse   <a href="https://youtu.be/M94Y7VKJ5Jg?si=Eay2N0RVsUkIJJSD">https://youtu.be/M94Y7VKJ5Jg?si=Eay2N0RVsUkIJJSD</a> #grossesse #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
11:00	Watch this new short video by ScienceUpFirst and Immunize Canada!   Protecting against pertussis in pregnancy   <a href="https://www.youtube.com/shorts/WtQmdhlgYIY">https://www.youtube.com/shorts/WtQmdhlgYIY</a> #pertussis #whoopingcough #pregnancy #VaccinesWork #VaccinesSaveLives #GetImmunized	Visionner cette nouvelle courte vidéo créée par La Science d'Abord et Immunisation Canada   Protéger contre la coqueluche pendant la grossesse   <a href="https://www.youtube.com/shorts/9a_zoD6PRYs">https://www.youtube.com/shorts/9a_zoD6PRYs</a> #coqueluche #grossesse #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner

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12:00	Vaccines in Pregnancy: What you need to know   Our factsheet is available in 14 languages! <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/vaccines_pregnancy_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/vaccines_pregnancy_web_e.pdf</a> #pregnancy #VaccinesWork #VaccinesSaveLives #GetImmunized	Les vaccins pendant la grossesse : ce qu'il faut savoir   Notre feuillet de renseignements est disponible dans 14 langues! <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/vaccines_pregnancy_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/vaccines_pregnancy_web_f.pdf</a> #grossesse #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
16:00	Got a minute? Watch our video!   Preventing RSV: What you need to know   If you're #pregnant, speak to your health care provider about getting immunized against RSV (respiratory syncytial virus) to protect your infant   <a href="https://youtu.be/xMgc07aox04?si=arBnmiZ0sAqNYFS0">https://youtu.be/xMgc07aox04?si=arBnmiZ0sAqNYFS0</a> #RSV #VaccinesWork #VaccinesSaveLives #GetImmunized	Vous avez une minute? Visionner notre vidéo!   Prévenir le VRS : ce qu'il faut savoir   Si vous êtes #enceinte, parlez à votre prestataire de soins de santé pour vous faire immuniser contre le VRS (virus respiratoire syncytial) et ainsi protéger votre nourrisson   <a href="https://youtu.be/bgnye3VHLR4?si=RvfZ3v0qvY99RwCm">https://youtu.be/bgnye3VHLR4?si=RvfZ3v0qvY99RwCm</a> #VRS #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
09 February • le 9 février		
07:00	It's #MythbustingMonday! Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/mbm_diphtheria_in_2_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/mbm_diphtheria_in_2_e.png</a> #diphtheria #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation	Aujourd'hui : #LundiAntiMythes! Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/mbm_diph_in_2f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/mbm_diph_in_2f.png</a> #diphthérie #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation
12:00	It's #MythbustingMonday! Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/mbm_diphtheria_in_1_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/mbm_diphtheria_in_1_e.png</a> #diphtheria #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation	Aujourd'hui : #LundiAntiMythes! Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/mbm_diph_in_1f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/mbm_diph_in_1f.png</a> #diphthérie #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation
18:00	Diphtheria: What you need to know   an informative factsheet from Immunize Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/diphtheria_factsheet_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/diphtheria_factsheet_web_e.pdf</a> #diphtheria #VaccinesWork #VaccinesSaveLives #GetImmunized	La diphtérie : ce qu'il faut savoir   un feuillet de renseignements informatif créé par Immunisation Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/diphtheria_factsheet_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/diphtheria_factsheet_web_f.pdf</a> #diphthérie #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
10 February • le 10 février		
07:00	What is pertussis? <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/P">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/P</a>	Qu'est-ce que la coqueluche? <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Poster/2023/pertussi">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Poster/2023/pertussi</a>

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">oster/2023/pertussis_poster1_web_e.pdf</a> #pertussis #whoopingcough #VaccinesWork #VaccinesSaveLives #GetImmunized	<a href="#">s_poster1_web_f.pdf</a> #coqueluche #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	Why should I get immunized against pertussis? <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Poster/2023/pertussis_poster3_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Poster/2023/pertussis_poster3_web_e.pdf</a> #pertussis #whoopingcough #VaccinesWork #VaccinesSaveLives #GetImmunized	Pourquoi devrais-je me faire vacciner contre la coqueluche? <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Poster/2023/pertussis_poster3_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Poster/2023/pertussis_poster3_web_f.pdf</a> #coqueluche #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	Pertussis vaccines in pregnancy   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Infographic/pertussis_pregnancy_infographic_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Infographic/pertussis_pregnancy_infographic_web_e.pdf</a> #pregnancy #pertussis #whoopingcough #VaccinesWork #VaccinesSaveLives #GetImmunized	Les vaccins contre la coqueluche durant la grossesse   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Infographic/pertussis_pregnancy_infographic_web_f.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/Infographic/pertussis_pregnancy_infographic_web_f.pdf</a> #grossesse #coqueluche #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>11 February • le 11 février</b>		
07:00	A short video for health care professionals   How to recommend vaccines to patients planning a #pregnancy   <a href="https://youtu.be/Ka3OPMz_q_I">https://youtu.be/Ka3OPMz_q_I</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Une courte vidéo à l'intention des professionnel·les de la santé   Comment recommander des vaccins aux patientes qui prévoient une #grossesse   <a href="https://youtu.be/haUUjUiiuw4">https://youtu.be/haUUjUiiuw4</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	Pocket Guide for Immunizers: #Pregnancy and #Breastfeeding   a guide for health care professionals, from Immunize Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide_pregnancy_and_breastfeeding_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide_pregnancy_and_breastfeeding_web_e.pdf</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Guide de poche pour vaccinateurs et vaccinatrices : #Grossesse et #allaitement   un guide à l'intention des professionnel·les de la santé, créé par Immunisation Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide_pregnancy_and_breastfeeding_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/pocket_guide_pregnancy_and_breastfeeding_web_f.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	Improving vaccine confidence and uptake in pregnant Canadians: A toolkit for health professionals   <a href="https://immunize.ca/sites/default/files/HCP%20Toolkit_Pregnant%20Canadians_2024_EN.pdf">https://immunize.ca/sites/default/files/HCP%20Toolkit_Pregnant%20Canadians_2024_EN.pdf</a> #pregnancy #VaccinesWork #VaccinesSaveLives #GetImmunized	Améliorer la confiance dans les vaccins et la couverture vaccinale chez les Canadiennes enceintes : Une trousse d'outils à l'intention des professionnel·les de la santé   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/HCP%20Toolkit_Pregnant%20Canadians_2024_FR.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pregnancy/HCP%20Toolkit_Pregnant%20Canadians_2024_FR.pdf</a> #grossesse #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>12 February • le 12 février</b>		

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
07:00	<b>#ThrowbackThursday</b>   We vaccinated because measles. Time tested. Life saving. <b>#GetImmunized</b>   <a href="https://www.immunize.ca/sites/default/files/because-measles-throwback-e.png">https://www.immunize.ca/sites/default/files/because-measles-throwback-e.png</a> <b>#measles #VaccinesWork #VaccinesSaveLives</b>	<b>#JeudiRétro</b>   C'était la rougeole : nous nous sommes fait vacciner. Éprouvés. Sauveteurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-measles-throwback-f.png">https://www.immunize.ca/sites/default/files/because-measles-throwback-f.png</a> <b>#rougeole #FaitesVousVacciner #LesVaccinsÇaMarche #LesVaccinsSauventDesVies</b>
12:00	<b>#ThrowbackThursday</b>   We vaccinated because mumps. Time tested. Life saving. <b>#GetImmunized</b>   <a href="https://www.immunize.ca/sites/default/files/because-mumps-throwback-e.png">https://www.immunize.ca/sites/default/files/because-mumps-throwback-e.png</a> <b>#mumps #VaccinesWork #VaccinesSaveLives</b>	<b>#JeudiRétro</b>   C'était les oreillons : nous nous sommes fait vacciner. Éprouvés. Sauveteurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-mumps-throwback-f.png">https://www.immunize.ca/sites/default/files/because-mumps-throwback-f.png</a> <b>#oreillons #FaitesVousVacciner #LesVaccinsÇaMarche #LesVaccinsSauventDesVies</b>
18:00	<b>#ThrowbackThursday</b>   I vaccinated because rubella. Time tested. Life saving. <b>#GetImmunized</b>   <a href="https://www.immunize.ca/sites/default/files/because-rubella-throwback-e.png">https://www.immunize.ca/sites/default/files/because-rubella-throwback-e.png</a> <b>#rubella #VaccinesWork #VaccinesSaveLives</b>	<b>#JeudiRétro</b>   C'était la rubéole : je me suis fait vacciner. Éprouvés. Sauveteurs. Les vaccins   <a href="https://www.immunize.ca/sites/default/files/because-rubella-throwback-f.png">https://www.immunize.ca/sites/default/files/because-rubella-throwback-f.png</a> <b>#rubéole #FaitesVousVacciner #LesVaccinsÇaMarche #LesVaccinsSauventDesVies</b>
<b>13 February • le 13 février</b>		
07:00	It's <b>#FightMisinformationFriday!</b>   To successfully counter vaccine misinformation, learn more about this Misinformation Tactic: Causal Fallacy   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformation-tactic-causal-fallacy/">https://scienceupfirst.com/misinformation-101/misinformation-tactic-causal-fallacy/</a> <b>#TogetherAgainstMisinformation</b>	Aujourd'hui : <b>#VendrediContreLaDésinformation</b>   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur cette Tactique de désinformation : Fausse causalité   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-fausse-causalite/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-fausse-causalite/?lang=fr</a> <b>#EnsembleContreLaDésinformation</b>
12:00	Check out our factsheet   RSV vaccines in pregnancy: What you need to know   <a href="https://www.immunize.ca/sites/default/files/rsv_vaccines_in_pregnancy_web_e.pdf">https://www.immunize.ca/sites/default/files/rsv_vaccines_in_pregnancy_web_e.pdf</a> <b>#RSV</b>	Allez voir notre feuillet de renseignements   Les vaccins contre le VRS durant la grossesse : ce qu'il faut savoir   <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/RSV/rsv_vaccines_in_pregnancy_web_e.pdf">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/RSV/rsv_vaccines_in_pregnancy_web_e.pdf</a> <b>#VRS</b>
18:00	Seek reliable information from trusted sources. Immunize Canada is a Vaccine Safety Net member and has been verified by the World Health Organization. <a href="https://www.who.int/teams/regulation-prequalification/regulation-and-safety/pharmacovigilance/networks/vaccine-safety-net">https://www.who.int/teams/regulation-prequalification/regulation-and-safety/pharmacovigilance/networks/vaccine-safety-net</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized #VSNVerified</b>	Recherchez des informations fiables auprès de sources dignes de confiance. Immunisation Canada est membre Réseau de sécurité des vaccins et a été vérifiée par l'Organisation mondiale de la Santé. <a href="https://www.who.int/teams/regulation-prequalification/regulation-and-safety/pharmacovigilance/networks/vaccine-safety-net">https://www.who.int/teams/regulation-prequalification/regulation-and-safety/pharmacovigilance/networks/vaccine-safety-net</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #VSNVerified</b>
<b>14 February • le 14 février</b>		
10:00	Protect against human papillomavirus (HPV): For young adults   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_i">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_i</a>	Protégez-vous contre le virus du papillome humain (VPH) : Pour les jeunes adultes   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_i">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_i</a>

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">nfographic 4 web e.pdf</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized	<a href="#">ads%20(PDFs)/Products%20and%20Resources/HPV/hpv_infographic 4 web f .pdf</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	A short video from Science Up First and Immunize Canada!   It's never too late to get the human papillomavirus (HPV) vaccine – even if you're already sexually active   <a href="https://www.youtube.com/watch?v=L8_6vAnx2Yg">https://www.youtube.com/watch?v=L8_6vAnx2Yg</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized	Une courte vidéo créée par La Science d'Abord et Immunisation Canada   Il n'est jamais trop tard pour obtenir le vaccin contre le virus du papillome humain (VPH) – même si vous êtes déjà sexuellement actif/active   <a href="https://www.youtube.com/watch?v=ekGeZclYxQQ">https://www.youtube.com/watch?v=ekGeZclYxQQ</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
16:00	Human papillomavirus (HPV): What you need to know   an informative factsheet from Immunize Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_factsheet_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_factsheet_web_e.pdf</a> #HPV #VaccinesWork #VaccinesSaveLives #GetImmunized	Le virus du papillome humain (VPH) : ce qu'il faut savoir   un feuillet de renseignements informatif créé par Immunisation Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_factsheet_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/HPV/hpv_factsheet_web_f.pdf</a> #VPH #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>15 February • le 15 février</b>		
10:00	Measles. Mumps. Rubella. Chickenpox. All of these diseases are contagious and can be really serious – but they're easily preventable. The best way to protect yourself and your family is to <b>#GetImmunized</b> <a href="https://immunize.ca/sites/default/files/niaw2025_poster4_web_e.pdf">https://immunize.ca/sites/default/files/niaw2025_poster4_web_e.pdf</a> #VaccinesWork #VaccinesSaveLives	La rougeole. Les oreillons. La rubéole. La varicelle. Toutes ces maladies sont contagieuses et peuvent être vraiment graves – mais elles sont facilement évitables. Le meilleur moyen de vous en protéger, vous et votre famille, est de vous faire vacciner   <a href="https://immunize.ca/sites/default/files/niaw2025_poster4_web_f.pdf">https://immunize.ca/sites/default/files/niaw2025_poster4_web_f.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
16:00	Informative factsheet from Immunize Canada   Measles: What you need to know   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/measles_factsheet_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/measles_factsheet_web_e.pdf</a> #measles #VaccinesWork #VaccinesSaveLives #GetImmunized	Feuillet de renseignements informatif créé par Immunisation Canada   Rougeole : ce qu'il faut savoir   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/measles_factsheet_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/measles_factsheet_web_f.pdf</a> #rougeole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>16 February • le 16 février</b>		
07:00	It's <b>#MythbustingMonday!</b> Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/COVID-19/mbm_covid_in_2_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/COVID-19/mbm_covid_in_2_e.png</a> #COVID19 #CovidVaccine #VaccinesWork #VaccinsSaveLives #GetImmunized #TogetherAgainstMisinformation	Aujourd'hui : <b>#LundiAntiMythes!</b> Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/COVID-19/mbm_covid_in_2_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/COVID-19/mbm_covid_in_2_f.png</a> #COVID19 #VaccinCovid #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
12:00	What is <b>#thimerosal</b> ? Watch our new short video! <a href="https://youtu.be/qnf4A5FjrW4?si=vzBKGSDhz9Zcs">https://youtu.be/qnf4A5FjrW4?si=vzBKGSDhz9Zcs</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Qu'est-ce donc que le <b>#thimérosal</b> ? Visionner notre nouvelle courte vidéo!   <a href="https://www.youtube.com/shorts/_V8ka5nh-dk">https://www.youtube.com/shorts/_V8ka5nh-dk</a> <b>#LesVaccinsSauventDesVies #LesVaccinsÇaMarche #FaitesVousVacciner</b>
18:00	When tracking your children's immunizations, don't forget about yourself. Find out which immunizations you need in adulthood. <a href="https://www.immunize.ca/sites/default/files/adults_whatvaccines_web_e.pdf">https://www.immunize.ca/sites/default/files/adults_whatvaccines_web_e.pdf</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Quand vous suivez les vaccinations de vos enfants, n'oubliez pas les vôtres. Découvrez les vaccins dont les adultes ont besoin. <a href="https://www.immunize.ca/sites/default/files/adults_whatvaccines_web_f.pdf">https://www.immunize.ca/sites/default/files/adults_whatvaccines_web_f.pdf</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
<b>17 February • le 17 février</b>		
07:00	Meningococcal disease in teens and young adults   an informative infographic from Immunize Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/meningococcal_infographic_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/meningococcal_infographic_web_e.pdf</a> <b>#meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	La méningococcie chez les ados et les jeunes adultes   une infographie informative créée par Immunisation Canada   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/meningococcal_infographic_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Infographic/meningococcal_infographic_web_f.pdf</a> <b>#méningococcie #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
12:00	Video   A family's journey with meningococcal disease: Why vaccination is so important   <a href="https://youtu.be/vDt0NbnLcxo">https://youtu.be/vDt0NbnLcxo</a> <b>#meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Vidéo   Le parcours d'une famille frappée par la méningococcie : Pourquoi la vaccination est si importante   <a href="https://youtu.be/yLsDdq_NgB4">https://youtu.be/yLsDdq_NgB4</a> <b>#méningococcie #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
18:00	While meningococcal disease and its complications are uncommon, the consequences can be devastating. This is Benjamin's story: <a href="https://youtu.be/mWPZGYAdcnc">https://youtu.be/mWPZGYAdcnc</a> <b>#meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Même si la méningococcie et ses complications sont rares, elles peuvent avoir des conséquences dévastatrices. Voici l'histoire de Benjamin : <a href="https://youtu.be/-HcgnxRafOM">https://youtu.be/-HcgnxRafOM</a> <b>#méningococcie #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
<b>18 February • le 18 février</b>		
07:00	Advance notice! The Canadian Immunization Conference will take place from 17-19 November 2026 in Toronto   <a href="https://www.cpha.ca/cic2026-overview">https://www.cpha.ca/cic2026-overview</a>   Registration opened 12 February.	Avis préalable! La Conférence canadienne sur l'immunisation aura lieu du 17 au 19 novembre 2026 à Toronto   <a href="https://www.cpha.ca/fr/cic2026-survol">https://www.cpha.ca/fr/cic2026-survol</a>   Lancement des sites d'inscriptions : le 12 février.
08:00	Health care professionals   Have you experienced vaccine hesitancy, moral distress, or harassment in your work? Your voice matters. Help us better understand these experiences by completing our survey: ☞ <a href="https://redcap.link/cpha2">https://redcap.link/cpha2</a> <b>\$ Participants have a chance to win \$500.</b> Please share with colleagues across Canada.	Les professionnel·es de la santé   Avez-vous déjà été confronté à la réticence à la vaccination, à la détresse morale ou au harcèlement dans le cadre de votre travail? Votre opinion compte. Aidez-nous à mieux comprendre ces expériences en répondant à notre sondage : ☞ <a href="https://redcap.link/cpha2">https://redcap.link/cpha2</a> <b>\$ Les participant·es courent la chance de gagner 500 \$.</b>

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
		N'hésitez pas à partager cette invitation avec vos collègues à travers le Canada.
12:00	Pocket Guide for Immunizers: Meningococcal Vaccination   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Pocket%20guide%20for%20immunizers/meningococcal_pocket_guide_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Pocket%20guide%20for%20immunizers/meningococcal_pocket_guide_web_e.pdf</a> #meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized	Guide de poche pour les vacinateurs et vaccinatrices : Vaccination contre le méningocoque   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Pocket%20guide%20for%20immunizers/meningococcal_pocketguide_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Pocket%20guide%20for%20immunizers/meningococcal_pocketguide_web_f.pdf</a> #méningocoque #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	I vaccinate because diphtheria   <a href="https://www.immunize.ca/sites/default/files/because-diphtheria-e.png">https://www.immunize.ca/sites/default/files/because-diphtheria-e.png</a> #diphtheria #VaccinesWork #VaccinesSaveLives #GetImmunized	Je me fais vacciner parce que c'est la diphtérie   <a href="https://www.immunize.ca/sites/default/files/because-diphtheria-f.png">https://www.immunize.ca/sites/default/files/because-diphtheria-f.png</a> #diphtérie #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>19 February • le 19 février</b>		
07:00	It's #ThrowbackThursday! <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/tbt_mening_ig_1_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/tbt_mening_ig_1_e.png</a> #meningococcal #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd'hui : #JeudiRétro! <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/tbt_mening_ig_1_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Meningococcal/Social%20media%20images/tbt_mening_ig_1_f.png</a> #méningococcie #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	Got a minute? Watch our short video   Dr. Vivien Brown: Protect against polio   <a href="https://youtu.be/XRDwGttg9R4">https://youtu.be/XRDwGttg9R4</a> #polio #VaccinesWork #VaccinesSaveLives #GetImmunized	Vous avez une minute? Visionner notre courte vidéo   Dre Vivien Brown : Protéger contre la polio   <a href="https://youtu.be/inmUKDeoUis">https://youtu.be/inmUKDeoUis</a> #polio #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	In this short video, Dr. Vivien Brown talks about the importance of staying up to date with routine and recommended immunizations   <a href="https://youtu.be/5lbaFSEcYp0">https://youtu.be/5lbaFSEcYp0</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Dans cette courte vidéo, la Dre Vivien Brown discute de l'importance de rester à jour avec les vaccinations de routine et recommandées   <a href="https://youtu.be/7xEt-tEN-F4">https://youtu.be/7xEt-tEN-F4</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>20 February • le 20 février</b>		
07:00	It's #FightMisinformationFriday!   To successfully counter vaccine misinformation, learn more about this Misinformation Tactic: Moving the Goalposts   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformation-tactic-moving-the-goalposts/">https://scienceupfirst.com/misinformation-101/misinformation-tactic-moving-the-goalposts/</a> #TogetherAgainstMisinformation	Aujourd'hui : #VendrediContreLaDésinformation   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur cette Tactique de désinformation : Changer le but du sujet   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/lab-c-de-la-desinformation/tactique-de-desinformation-changer-le-but-du-sujet/?lang=fr">https://scienceupfirst.com/lab-c-de-la-desinformation/tactique-de-desinformation-changer-le-but-du-sujet/?lang=fr</a> #EnsembleContreLaDésinformation

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
12:00	It's <b>#FightMisinformationFriday!</b>   To successfully counter vaccine misinformation, learn more about this Misinformer Tactic: False Dichotomy   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinformer-tactic-false-dichotomy/">https://scienceupfirst.com/misinformation-101/misinformer-tactic-false-dichotomy/</a> <b>#TogetherAgainstMisinformation</b>	Aujourd'hui : <b>#VendrediContreLaDésinformation</b>   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur cette Tactique de désinformation : La fausse dichotomie   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-la-fausse-dichotomie/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-la-fausse-dichotomie/?lang=fr</a> <b>#EnsembleContreLaDésinformation</b>
18:00	Immunize Canada has a great collection of <b>#YouTube</b> Shorts videos in English and French, on a variety of immunization topics! <a href="https://www.youtube.com/@ImmunizeCanada/shorts">https://www.youtube.com/@ImmunizeCanada/shorts</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Immunisation Canada vous propose une excellente collection de courtes vidéos (« <b>#YouTube</b> Shorts ») en français et en anglais, sur une variété de sujets liés à la vaccination! <a href="https://www.youtube.com/@ImmunizeCanada/shorts">https://www.youtube.com/@ImmunizeCanada/shorts</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
<b>21 February • le 21 février</b>		
10:00	Don't Wait, Vaccinate! A Guide to Immunization for First Nations, Inuit and Métis Peoples and Communities   NCCIH   <a href="https://www.nccih.ca/Publications/lists/Publications/Guide-to-Immunization_EN_Web_2022-09-07.pdf">https://www.nccih.ca/Publications/lists/Publications/Guide-to-Immunization_EN_Web_2022-09-07.pdf</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	N'attendez pas, vaccinez! Un guide sur la vaccination chez les peuples et les communautés chez les Premières Nations, Inuits et Métis   CCNSA   <a href="https://www.ccnsa.ca/Publications/lists/Publications/NCCIH%20193%20-%20Guide-to-Immunization_FR-web.pdf">https://www.ccnsa.ca/Publications/lists/Publications/NCCIH%20193%20-%20Guide-to-Immunization_FR-web.pdf</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
16:00	COVID-19 communication resources for community health and safety   Indigenous Services Canada   <a href="https://www.sac-isc.gc.ca/eng/1647957846434/1647957881461">https://www.sac-isc.gc.ca/eng/1647957846434/1647957881461</a> <b>#COVID19 #CovidVaccine #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	COVID-19 : Ressources en matière de communication sur la santé et la sécurité communautaires   Services aux Autochtones Canada   <a href="https://www.sac-isc.gc.ca/fra/1647957846434/1647957881461">https://www.sac-isc.gc.ca/fra/1647957846434/1647957881461</a> <b>#COVID19 #VaccinCovid #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
<b>22 February • le 22 février</b>		
10:00	There are no specific antiviral treatments for a <b>#measles</b> infection. But there is a safe and effective way to prevent measles. The measles vaccine. <a href="https://immunize.ca/sites/default/files/measles_sm_3_e.png">https://immunize.ca/sites/default/files/measles_sm_3_e.png</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation</b>	Il n'existe aucun traitement antiviral spécifique pour l'infection par la <b>#rougeole</b> . Mais il existe un moyen sûr et efficace de prévenir la rougeole. Le vaccin contre la rougeole. <a href="https://immunize.ca/sites/default/files/measles_sm_3_f.png">https://immunize.ca/sites/default/files/measles_sm_3_f.png</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation</b>
12:00	A measles infection can wipe out the immune system's memory of previous infections. But there is a safe and effective way to prevent this! The measles vaccine   <a href="https://www.immunize.ca/sites/default/files/measles_sm_4_e.png">https://www.immunize.ca/sites/default/files/measles_sm_4_e.png</a> <b>#measles #VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Une infection par la rougeole peut effacer la mémoire du système immunitaire concernant les maladies antérieures. Mais il existe un moyen sûr et efficace de prévenir cette situation! Le vaccin contre la rougeole   <a href="https://www.immunize.ca/sites/default/files/measles_sm_4_f.png">https://www.immunize.ca/sites/default/files/measles_sm_4_f.png</a> <b>#rougeole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
16:00	Cod liver oil is great if you need more vitamin D. But it definitely won't prevent measles. The measles vaccine will.	L'huile de foie de morue est excellente si vous avez besoin de plus de vitamine D. Mais elle ne prévient absolument pas la rougeole. Le vaccin contre la

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="https://immunize.ca/sites/default/files/measles_sm_1_e.png">https://immunize.ca/sites/default/files/measles_sm_1_e.png</a> <b>#measles #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation</b>	rougeole le fera.   <a href="https://immunize.ca/sites/default/files/measles_sm_1_f.png">https://immunize.ca/sites/default/files/measles_sm_1_f.png</a> <b>#rougeole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation</b>
<b>23 February • le 23 février</b>		
07:00	It's <b>#MythbustingMonday!</b> Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/mbm_measles_in_3_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/mbm_measles_in_3_e.png</a> <b>#measles VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation</b>	Aujourd'hui : <b>#LundiAntiMythes!</b> Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/mbm_measles_in_3_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/mbm_measles_in_3_f.png</a> <b>#rougeole #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation</b>
12:00	It's <b>#MythbustingMonday!</b> Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/social%20media/mbm_pertussis_in_2_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/social%20media/mbm_pertussis_in_2_e.png</a> <b>#pertussis #whoopingcough #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation</b>	Aujourd'hui : <b>#LundiAntiMythes!</b> Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/social%20media/mbm_pertussis_in_2_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Pertussis/social%20media/mbm_pertussis_in_2_f.png</a> <b>#coqueluche #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation</b>
18:00	It's <b>#MythbustingMonday!</b> Let's tackle some misinformation. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/COVID-19/mbm_covid_in_6_e.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/COVID-19/mbm_covid_in_6_e.png</a> <b>#COVID19 #CovidVaccine #VaccinesWork #VaccinesSaveLives #GetImmunized #TogetherAgainstMisinformation</b>	Aujourd'hui : <b>#LundiAntiMythes!</b> Abordons certaines informations erronées. <a href="https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/COVID-19/mbm_covid_in_6_f.png">https://www.immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/COVID-19/mbm_covid_in_6_f.png</a> <b>#COVID19 #VaccinCovid #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #EnsembleContreLaDésinformation</b>
<b>24 February • le 24 février</b>		
07:00	A Parent's Guide to Vaccination   Public Health Agency of Canada   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/parent-guide-vaccination.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/parent-guide-vaccination.html</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Un guide de vaccination à l'intention des parents   Agence de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-vaccination-intention-parents.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/guide-vaccination-intention-parents.html</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
12:00	A Teen's Guide to Vaccination   Public Health Agency of Canada   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/teens-meet-vaccines.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/teens-meet-vaccines.html</a> <b>#VaccinesWork #VaccinesSaveLives #GetImmunized</b>	Un guide de vaccination pour les ados   Agence de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/vaccins-allo-ados.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/vaccins-allo-ados.html</a> <b>#LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner</b>
18:00	An Adult's Guide to Vaccination   Public Health Agency of Canada   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/just-kids-adult-guide-">https://www.canada.ca/en/public-health/services/publications/healthy-living/just-kids-adult-guide-</a>	Un guide de vaccination pour les adultes   Agence de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/vaccins-allo-ados.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/vaccins-allo-ados.html</a>

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time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	<a href="#">vaccination.html</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	<a href="#">saine/juste-enfants-guide-vaccination-adultes.html</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>25 February • le 25 février</b>		
07:00	Vaccine Administration Procedures for Healthcare Professionals   video with Dr. Paul Roumeliotis, in partnership with Immunize Canada   <a href="https://youtu.be/xU1znwSK7eM">https://youtu.be/xU1znwSK7eM</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Procédures relatives à l'administration des vaccins : pour les professionnels de la santé   vidéo avec Dr Paul Roumeliotis, en partenariat avec Immunisation Canada   <a href="https://youtu.be/LfXiKvJwZiw">https://youtu.be/LfXiKvJwZiw</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	Pocket Guide for Immunizers: Pooled Polyclonal Immunization Products   Immunize Canada   <a href="https://immunize.ca/sites/default/files/passive_immunization_guide_web_e.pdf">https://immunize.ca/sites/default/files/passive_immunization_guide_web_e.pdf</a> #immunoglobulins	Guide de poche pour les vaccinateurs et vaccinatrices : Les produits à base d'immunoglobulines polyclonales   Immunisation Canada   <a href="https://immunize.ca/sites/default/files/passive_immunization_guide_web_f.pdf">https://immunize.ca/sites/default/files/passive_immunization_guide_web_f.pdf</a> #immunoglobulines
18:00	For health care professionals   Pocket Guide for Immunizers: #Measles, #Mumps, and #Rubella Vaccination   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_e.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_e.pdf</a> #MMR #VaccinesWork #VaccinesSaveLives #GetImmunized	Pour les professionnel·les de la santé   Guide de poche pour vaccinateurs et vaccinatrices : Vaccination contre la #rougeole, la #rubéole et les #oreillons   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_f.pdf">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Measles/Pocket%20Guide/mmr_pocketguide_web_f.pdf</a> #RRO #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>26 February • le 26 février</b>		
07:00	It's #ThrowbackThursday! <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/tbt_diphtheria_ig_1_e.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/tbt_diphtheria_ig_1_e.png</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Aujourd'hui : #JeudiRétro! <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/tbt_diphtheria_ig_1_f.png">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/Diphtheria/social%20media/tbt_diphtheria_ig_1_f.png</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
12:00	Vaccines used in Canada are safe and effective. They are developed to meet the highest standards and are continually monitored for safety and effectiveness. Watch our video to learn more: <a href="https://youtu.be/Y4N4_1Pntfk">https://youtu.be/Y4N4_1Pntfk</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Les vaccins utilisés au Canada sont sûrs et efficaces. Ils sont créés selon les normes les plus strictes, et leur innocuité et leur efficacité sont continuellement surveillées. Pour en savoir plus, regardez notre vidéo : <a href="https://youtu.be/oTECcvMGO8k">https://youtu.be/oTECcvMGO8k</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
14:00	Check out our new factsheet!   What's in vaccines? A look at vaccine ingredients   <a href="https://www.immunize.ca/sites/default/files/vaccine_ingredients_factsheet_web_e.pdf">https://www.immunize.ca/sites/default/files/vaccine_ingredients_factsheet_web_e.pdf</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Allez voir notre nouvelle fiche d'information!   Qu'y-a-t-il dans les vaccins? Coup d'œil sur les ingrédients vaccinaux   <a href="https://www.immunize.ca/sites/default/files/vaccine_ingredients_factsheet_web_f.pdf">https://www.immunize.ca/sites/default/files/vaccine_ingredients_factsheet_web_f.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
18:00	It's proven. #VaccinesWork.   Case counts of 6 vaccine-preventable diseases before and after routine vaccination   Public Health Agency	C'est prouvé. Les vaccins fonctionnent.   Nombre de cas de 6 maladies évitables par la vaccination avant et après la vaccination de routine   Agence

## February 2026 • social media calendar | février 2026 • calendrier pour médias sociaux

time/ heure	ENGLISH • ANGLAIS	FRANÇAIS • FRENCH
	of Canada   <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/vaccines-work-infographic.html">https://www.canada.ca/en/public-health/services/publications/healthy-living/vaccines-work-infographic.html</a> #VaccinesSaveLives #GetImmunized	de la santé publique du Canada   <a href="https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/infographie-vaccins-fonctionnent.html">https://www.canada.ca/fr/sante-publique/services/publications/vie-saine/infographie-vaccins-fonctionnent.html</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>27 February • le 27 février</b>		
07:00	It's <b>#FightMisinformationFriday!</b>   To successfully counter vaccine misinformation, learn more about this Misinforming Tactic: Ad Hominem Attack   resource created by Science Up First   <a href="https://scienceupfirst.com/misinformation-101/misinforming-tactic-ad-hominem-attack/">https://scienceupfirst.com/misinformation-101/misinforming-tactic-ad-hominem-attack/</a> #TogetherAgainstMisinformation	Aujourd'hui : <b>#VendrediContreLaDésinformation</b>   Pour contrer la désinformation au sujet des vaccins, apprenez davantage sur cette Tactique de désinformation : Attaque ad hominem   ressource créée par La Science d'Abord   <a href="https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-attaque-ad-hominem/?lang=fr">https://scienceupfirst.com/labc-de-la-desinformation/tactique-de-desinformation-attaque-ad-hominem/?lang=fr</a> #EnsembleContreLaDésinformation
12:00	Community Immunity   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_in_e.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_in_e.jpg</a> #VaccinesWork #VaccinesSaveLives #GetImmunized #CommunityImmunity	L'immunité collective   <a href="https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_in_f.jpg">https://immunize.ca/sites/default/files/Resource%20and%20Product%20Uploads%20(PDFs)/Products%20and%20Resources/General%20Public/community_immunity_in_f.jpg</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner #ImmunitéCollective
18:00	Check out Immunize Canada's short videos on <b>#TikTok!</b>   <a href="https://www.tiktok.com/@immunizedotca?lang=en">https://www.tiktok.com/@immunizedotca?lang=en</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Allez voir notre collection de courtes vidéos sur <b>#TikTok!</b>   <a href="https://www.tiktok.com/@immunizedotca?lang=fr">https://www.tiktok.com/@immunizedotca?lang=fr</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
<b>28 February • le 28 février</b>		
10:00	Vaccines are not just for kids!   Use our Adult Immunization Record to keep track of your immunizations   <a href="https://immunize.ca/sites/default/files/adult_immrecord_web_e.pdf">https://immunize.ca/sites/default/files/adult_immrecord_web_e.pdf</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Les vaccins, ce n'est pas seulement pour les enfants!   Utilisez notre Fiche de vaccination de l'adulte pour garder trace de vos vaccinations   <a href="https://immunize.ca/sites/default/files/adult_immrecord_web_f.pdf">https://immunize.ca/sites/default/files/adult_immrecord_web_f.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner
16:00	Adult immunization: What vaccines do you need?   <a href="https://immunize.ca/sites/default/files/adults_whatvaccines_web_e.pdf">https://immunize.ca/sites/default/files/adults_whatvaccines_web_e.pdf</a> #VaccinesWork #VaccinesSaveLives #GetImmunized	Vaccination des adultes : De quels vaccins avez-vous besoin?   <a href="https://immunize.ca/sites/default/files/adults_whatvaccines_web_f.pdf">https://immunize.ca/sites/default/files/adults_whatvaccines_web_f.pdf</a> #LesVaccinsÇaMarche #LesVaccinsSauventDesVies #FaitesVousVacciner