PROTECT YOURSELF FROM PNEUMOCOCCAL DISEASE

WHAT IS IT?
Pneumococcal disease is a bacterial disease that can cause three serious infections:
• meningitis (brain infection)
• bacteremia (bloodstream infection)
• pneumonia (lung infection)

WHO IS AT RISK?
Adults:
• with a chronic illness such as:
  • heart disease  • diabetes  • HIV  • asthma
• who have smoking-related diseases such as COPD
• without a working spleen
• with weakened immune systems
• who are on immunosuppressive therapies
• 65 years of age and older
• who are homeless
• who use illicit drugs
• with alcoholism
• who are smokers
• living in long-term care facilities

PNEUMOCOCCAL VACCINES ARE SAFE AND EFFECTIVE.
Talk to your family physician, nurse, pharmacist or public health office about being immunized.

For more information, visit immunize.ca