Are You Protected Against Pertussis?

Pertussis vaccines are **safe and effective** at helping to prevent pertussis infection.

Talk to your doctor, nurse, pharmacist or public health office about the pertussis vaccine.

What is Pertussis?

Pertussis, or whooping cough, is a highly contagious respiratory infection.

**Infection** can lead to uncontrollable coughing and in some people breathing difficulty.

**Pertussis** is usually spread by coughing or sneezing while in close contact with others or from sharing personal items or things like drinks, or utensils.

**Individuals of any age** can be affected, although pertussis is most common in children and most severe in infants under one year of age.

Who Should be Immunized?

**Infants, children and adolescents** should be immunized according to their childhood immunization program.

**Adults** who have not previously been vaccinated should be immunized, especially if you are going to be near small children.

Publicly-funded immunization schedules for pertussis may vary between provinces and territories.

Do it to protect yourself.
Do it to protect others.