

PREVENTING PNEUMOCOCCAL DISEASE IN ADULTS AND CHILDREN



PNEUMOCOCCAL DISEASE is a bacterial infection that can cause severe illness and is among the top 10 leading causes of death in Canada.



Children under 2 years of age, individuals with chronic health conditions, individuals with lifestyle risk factors such as smoking, and adults 65 years and older are at highest **RISK** of pneumococcal infection.



COMPLICATIONS related to pneumococcal infection include:

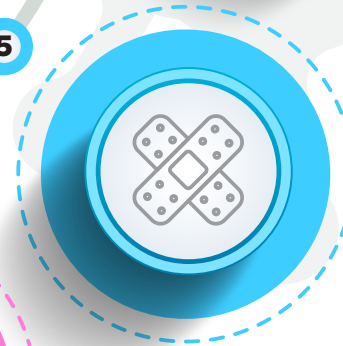
- meningitis (brain infection)
- bacteremia (bloodstream infection)
- pneumonia (lung infection)



Pneumococcal disease **SPREADS** through close contact such as kissing, sneezing, coughing, and sharing items such as toys and cigarettes.



IMMUNIZATION against pneumococcal disease is part of routine immunization schedules. Schedules may vary between provinces and territories.



Immunization is the most effective way to **PREVENT** pneumococcal disease.

Talk to your doctor, nurse, pharmacist, or public health office about getting immunized against pneumococcal disease.
