Planning a Pregnancy?

Vaccines to consider:

• Hepatitis A and B
• Influenza
• Pertussis (whooping cough)
• Tetanus
• Meningococcal
• Pneumococcal
• Measles, mumps and rubella (MMR)
• Varicella (chickenpox)

The MMR and varicella vaccines should be received at least one month prior to becoming pregnant. They are not recommended during pregnancy.

For more information visit, immunize.ca