

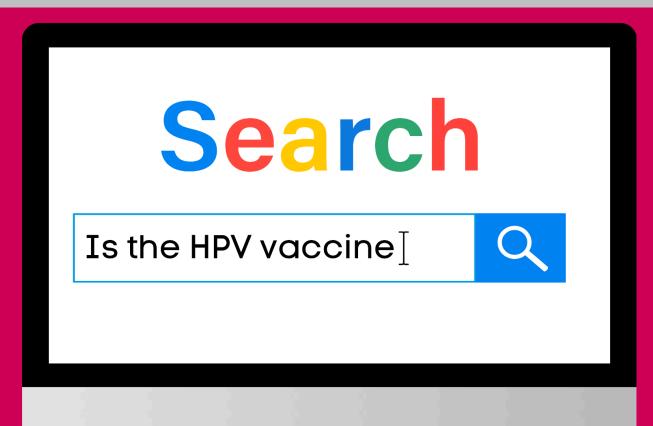


Searching for the answers: Parents Want Clear Facts About HPV Vaccination

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Authors' Statements

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- Mylène Tantchou Dipankui (MTD) is recognized as the primary researcher and writer of the report responsible for conceptualizing the project, determining the methodology, conducting data analysis, and revising the final publication.
- Benjamin Giguère (BG) is recognized for his supervision of the project, as well as for his contributions to the conceptualization, methodology, data analysis, validation, visualization, editing, and revision of the report.
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Introduction

When making decisions about vaccinating their children against human papillomavirus (HPV), parents seek reliable information from trusted sources. Our research reveals that healthcare providers remain the most influential voices, while visual formats like infographics prove most effective for explaining vaccine safety and benefits.



This finding comes at a critical time. The COVID-19 pandemic severely disrupted school-based HPV vaccination programs across Canada. In Ontario, vaccination rates for 12-year-old students dropped to just 3% in 2020-21, though they have since begun recovering — reaching 47.8% by 2022-23. However, these rates remain well below the pre-pandemic national average of 56%.

This matters because HPV affects approximately 550,000 Canadians annually, with nearly 80% of females being infected at some point in their lives. While most infections resolve on their own, HPV can cause several types of cancer. Cervical cancer alone is diagnosed in more than 1,300 Canadians each year and claims over 400 lives.

Our research team at the University of Guelph, working with the Canadian Public Health Association, surveyed 554 parents of children aged 9-15 years across nine provinces and two territories. We wanted to understand how parents make decisions about HPV vaccination and what information they need to make informed choices.





Trust in Healthcare Providers Remains Strong

Despite the growing influence of social media, parents predominantly turn to healthcare providers when making vaccination decisions. Among survey respondents who specified their other information sources, 17.5% identified healthcare provider recommendations as their primary trusted source.



Social media platforms do play a role, with Facebook being the most commonly used (23.3% of parents), followed by Reddit (7.8%) and X (formerly Twitter) (5.8%). However, parents often use these platforms as starting points for gathering information rather than as definitive sources (Refer to <u>Table 1</u> in the Appendix).

Visual Communication Proves Most Effective



When asked about their preferred format for receiving vaccination information, parents showed a clear preference for visual presentations. Infographics emerged as the most effective format, with 20.8% of parents rating them as their top choice. This was followed by narratives or personal stories (12.1%) and video content (9.0%) (Refer to Table 2 in the Appendix).





This preference for infographics suggests that complex medical information becomes more accessible when presented visually, allowing parents to grasp key concepts and statistics more easily. The success of infographics likely stems from their ability to present complex information in a clear, organized manner.

Safety Concerns Drive Information Needs

Our research identified specific information that parents seek when making vaccination decisions. Vaccine safety emerged as the primary concern, with parents particularly interested in understanding potential side effects. Parents also want clear information about:

- the outcomes of HPV infection, particularly cancer risks
- the likelihood of HPV infection
- how vaccines are tested and monitored for safety
- who regulates vaccine safety
- the vaccination schedule and timing

(Refer to <u>Table 3</u> in the Appendix).





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Implications for Public Health Communication

These findings suggest several ways to improve HPV vaccination programs and communication strategies.

1

First, healthcare providers need ongoing support and resources to effectively address parents' concerns. This includes staying current with vaccine safety data and developing skills to communicate this information clearly.

2

Second, public health organizations should prioritize creating high-quality infographics that address parents' key concerns about vaccine safety and effectiveness. These visual materials should present complex information in an accessible format while maintaining scientific accuracy.

3

Third, while social media platforms can help disseminate information, they should direct parents to reliable sources and healthcare providers for definitive guidance. This approach acknowledges social media's role in information sharing while steering parents toward trusted sources.

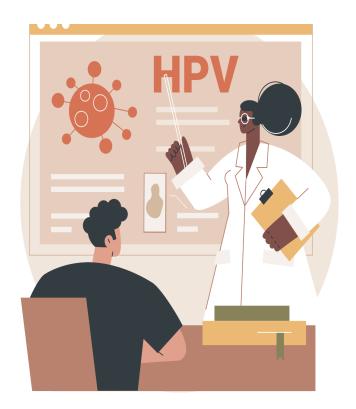




Moving Forward Post-Pandemic

The disruption of vaccination programs during the COVID-19 pandemic created new challenges — but also revealed opportunities to reimagine how we communicate about vaccines. Our research suggests that recovery efforts should focus on:

- supporting healthcare providers in delivering clear, confident vaccine recommendations
- developing visually engaging materials that address parents' safety concerns
- creating accessible pathways for catch-up vaccination
- building trust through transparent communication about vaccine safety and monitoring



By understanding and responding to parents' information needs, we can better support them in making informed decisions about HPV vaccination. This approach promises to help protect more young Canadians from HPV-related cancers while respecting parents' need for clear, reliable information from sources they trust.





Appendix

Table 1: Frequency table of social media and other sources the participants relied on to obtain credible information about HPV vaccines and vaccination

Social media source	N¹	Percent
Other	138	24.9
Facebook	129	23.3
Reddit	43	7.8
Twitter	32	5.8
Pinterest	15	2.7
Instagram	5	0.9
Total	362	65.3
Missing	192	34.7
Total	554	100.0

¹ Number of participants ranking the format first





Table 2: Frequency table of the promotional formats used to provide HPV vaccination information, in order from most likely (1) to least likely (5) to influence decision-making

Promotional Formats	N¹	Percent	Valid Percent*
Infographics	115	20.8	34.1
Others	86	15.5	25.5
Narratives/stories	67	12.1	19.9
Videos	50	9.0	14.8
Images	19	3.4	5.6
Total	337	60.8	100.0
Missing	217	39.2	
Total	554	100.0	

¹ Number of participants ranking the format first

^{*}Percentage after we disregard missing responses.



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Table 3: Information that parents looked for in order to make their decision about HPV vaccination

Information parents looked for in order to make their decision about HPV vaccination	N ²
What are the side effects of HPV vaccines	359
HPV infection outcomes (e.g., cancer)	263
Chances of getting HPV infection	233
How are HPV vaccines tested	203
Who regulates HPV vaccine safety	190
Who monitors HPV vaccine safety	185
Is it safe to get more than one vaccine at the same time	170
What are HPV vaccine ingredients	169
Can someone get sick from an HPV vaccine	139





Who is providing the vaccine (e.g., doctor, nurse, etc.)	136
Are additives in HPV vaccines safe	135
How is the HPV vaccination schedule tested	104
How to minimize HPV vaccine injection pain and fear	82
Alternative HPV vaccination schedules	61
Other	33
Homeopathic remedies	29
Don't know/Not sure	21

² Number of participants who checked the box



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