

The Top 10 reasons for getting the flu shot:

10. you have a chronic medical condition
9. you have a weakened immune system
8. you're a senior citizen
7. you're 6 - 23 months of age
6. you're a health care provider
5. you provide essential community services
4. you can't afford the time off work
3. you're travelling to another country
2. you live with someone who has a chronic medical condition

AND THE #1 REASON YOU SHOULD GET THE FLU SHOT IS...

1. you care about your own health and the health of those around you!

Get the flu shot. Not the flu.

Canadian Coalition for Immunization Awareness & Promotion
www.influenza.cpha.ca

