

# The Top 10 poor excuses for NOT getting the flu shot:

10. you think aches, pains & fever are underrated
9. you're desperate for a little sympathy
8. you'd like to catch up on the TV soaps
7. you want to keep your colleagues at bay
6. you like your voice a little raspy
5. you get thrills from having the chills
4. you'd like some time away from the office
3. your stock portfolio includes Kleenex®
2. you consider coughing a full body workout

AND THE #1 POOR EXCUSE FOR NOT GETTING THE FLU SHOT IS...

1. you don't really care about your health or the health of those around you!

Get the flu shot. Not the flu.

Canadian Coalition for Immunization Awareness & Promotion  
[www.influenza.cpha.ca](http://www.influenza.cpha.ca)

