



Immunization saves lives.

CHILDREN/STUDENTS/YOUNG ADULTS: STAY ON TRACK

As you grow, you don't outgrow your need for immunization! As stages of life change, so do risk factors. Keeping up to date with your immunizations during the school years and into young adulthood will help your health stay on track.

You received your immunizations during childhood. However, some vaccines require a booster to ensure lifelong immunity. Without a booster, you may be under-immunized. And if you are under-immunized, you risk getting sick and passing it on to others.

Recent outbreaks of mumps and measles (particularly amongst post-secondary students) in Canada have resulted in public health officials in some parts of the country recommending catch-up programs to ensure that people are fully protected.

As you start going places in life, your plans may include travel and post-secondary education. Both of these may require additional immunization.

While children are school age, parents are urged to talk to their health care provider and ensure their children are fully immunized and up to date. As children grow up, they can learn about their own immunization needs and check their immunization records at the beginning of each school year.

You can be part of the success of immunization in Canada!



Canadian Coalition
for Immunization Awareness
& Promotion (CCIAP)
immunize.ca