

How is HPV spread?



Human papillomavirus (HPV) is mainly spread through **sex involving skin-to-skin contact**, and HPV can spread from one partner to another, even if the person with HPV has no visible symptoms such as genital warts.

Although rare, HPV can also be passed from birthing parent to baby during childbirth, if the birthing parent has genital HPV infection.

Getting immunized against HPV is the best way to protect against it.

Talk to your doctor, nurse, pharmacist, or local public health office about getting immunized against HPV.